



Middle Tennessee State University
Drug-Free Schools and Campuses Regulations Biennial Report
2016 – 2018

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Introduction and Executive Summary

The Drug-Free Schools and Campuses Regulations (“DFSCR”), provided in the Department of Education’s General Administration Regulations (“EDGAR”), Part 86, (34 CFR Part 86, Vol. 55, No. 159 (Aug. 16, 1990)), requires all institutions of higher education (“IHE”) that receive any form of federal funding to adopt and implement programs that prevent “the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.” As part of DFSCR, institutions are required to:

- ❖ Provide annual notification to all employees and students, in writing, of standards of conduct; appropriate sanctions for violation of federal, state, and local law and campus policy; a description of health risks associated with alcohol and other drug (“AOD”) use; and a description of available treatment programs;
- ❖ Develop methodology to distribute annual notification information to all students and staff; and
- ❖ Prepare a biennial report on the effectiveness of its AOD prevention and education programs and the consistency of sanction enforcement.

To comply with the DFSCR, as well as to promote an alcohol- and drug-free campus community for the safety and security of all students, faculty, and staff, Middle Tennessee State University (“MTSU” or “University”) has developed policies and processes to:

- ❖ Ensure engagement and review of AOD programs and policies by a cross-section of University departments and divisions;
- ❖ Develop annual notifications and communications to employees and students regarding MTSU’s standards of conduct, drug and alcohol policies, and a description of appropriate sanctions related to University, local, state, and federal violations of drug or alcohol possession, use, or distribution;
- ❖ Provide annual information on AOD prevention and treatment programming;
- ❖ Regularly provide information on the health risks associated with AOD use;
- ❖ Examine and review trends in AOD use on campus to enhance program delivery and treatment and/or support services; and
- ❖ Annually review campus AOD programming, and reports on programming effectiveness.

Since the last Biennial Report of 2014 – 2016, MTSU continues to obtain feedback on the effectiveness of its AOD prevention programming from both students and staff.

This MTSU 2016 – 2018 DFSCR Biennial update seeks to: (1) document the institution’s current prevention efforts; (2) increase awareness of the University’s AOD programs and policy; (3) increase participation by internal departments and divisions not previously represented in the Biennial reporting process; (4) assess and identify areas of opportunity and improvement in MTSU’s prevention efforts; and (5) provide an update on the progress of prior recommendations, as well as identify recommendations for the next Biennial review.

The following information provides updates and documentation of MTSU’s AOD prevention, awareness, and programming efforts.

1. Alcohol and Other Drug-Prevention Program Elements

The Core Drug and Alcohol Survey (“Core Survey”) and the National College Health Assessment (“NCHA”) continues to be utilized to assess current trends in usage, risk, and protective behaviors. The Executive Summaries of these tools (Core Survey 2018; Core Survey 2015; and the NCHA 2016) are included in Appendices A and B. Programming strategies include online assessments, educational programming, social norming campaigns, late night and other alternative programming, and counseling and motivational interviewing sessions.

University Policy

Campus AOD policies are designed to limit the availability of alcohol and drugs through environmental management. The University’s mandate regarding maintaining an alcohol-, drug-, and tobacco-free campus are included in institutional Policies 540 – Student Disciplinary Rules; 541 – Residential Life and Housing Rules; 750 – Tobacco-Free Campus; 755 – Alcoholic Beverages; and 760 – Drug-Free Workplace. University Police Officers and other MTSU representatives also coordinate with local law enforcement, as well as the county’s AOD prevention coalition, to advocate and enforce AOD policies in the surrounding community. In addition, efforts have been made to include parents of students and faculty/staff in AOD prevention programming.

Counseling and Testing Services

MTSU offers counseling services that provide brief, personal counseling for currently enrolled students. Counseling and Testing Services seeks to work with faculty, staff, and students to plan and achieve both the educational goals of MTSU, and the personal and vocational goals of individual students. Counseling and Testing Services also refers faculty, staff, and students to external local, county, and state agencies and medical facilities in cases where additional treatment and intervention strategies are needed. Since 2013, a handout entitled “*Keeping your Son or Daughter Safe in a Time of Transition*” is provided to parents attending CUSTOMS to empower parents to talk with their children about substance use. In 2017, academic advisors and administrators in the Office of Student Success were briefed on substance use at MTSU, and discussions were held regarding how it impacts academics, and the ways they parents

become involved in prevention on campus. Alcohol and other drug-related counseling services also are available through Counseling and Psychological Services (“CAPS”), a training center for graduate level counseling students. All student therapists are trained to offer brief, motivational interviewing as part of a related session.

Health Services

MTSU also offers Health Services to enrolled students, upon request, and extends such services for up to thirty (30) days after a student’s graduation. Students do not pay a fee to be seen by the medical staff at Health Services; however, expenses may be incurred if additional medical testing is required. Health insurance is also available for students, if requested, through an independent health insurance company. In previous years, students could obtain health insurance through a web-based insurance exchange managed by the Tennessee Board of Regents (TBR). After January 2017, and through the implementation of the FOCUS Act, MTSU is now governed by an independent Board of Trustees.

Staff Professional Development and Training

MTSU staff members participate in a state-wide prevention coalition - The Coalition for Healthy and Safe Campus Communities (“CHASCo”), which provides ongoing professional development opportunities regarding AOD prevention, as well as information on AOD and suicide prevention initiatives. In the winter of 2015, MTSU was one of three schools selected by CHASCo to attend the NASPA Alcohol and Other Drug meeting in National Harbor, Maryland. Additionally, CHASCo sponsors its own prevention conference each summer. Three MTSU employees attended the 2015 conference, and in 2016, MTSU hosted the conference and had four (4) employees in attendance.

In 2017, members of MTSU’s University Counsel, Health Services, and Compliance and Enterprise Risk Management departments attended CHASCo’s Fall compliance meeting to discuss DFSCR biennial reporting and AOD prevention strategies. Additionally, and in early 2018, MTSU members attended a Spring meeting of CHASCo regarding sexual violence prevention, alcohol prevention, and the culture of bars. MTSU’s Director of Health Promotions additionally serves as CHASCo’s Committee Chair. Most recently, MTSU’s Director of Health Promotions, Lisa Schrader, was honored on May 24, 2018, for her work in AOD prevention and violence prevention by CHASCo and was given the *Baxter Award*. The *Baxter Award* is provided biennially to individuals who have volunteered their time and energy to achieve positive results in AOD and violence prevention.

Copies of the program agendas from the Fall 2017 and Spring 2018 meetings are included in Appendix C, as well as the press release regarding the *Baxter Award* presented to Director Schrader.

A summary chart of MTSU's AOD programs also appears in Appendix D.

2. Program and Policy Awareness

AOD Programs and Campaigns

As part of MTSU's efforts to increase awareness of its AOD programs, initiatives, policies, and resources, the following are the University's strategies:

- Annual distribution of the Higher Education Opportunity Act ("HEOA") notifications regarding: Title IX; sexual misconduct prohibitions; sex discrimination prohibitions; sexual assault resources; and the contact information for MTSU's Title IX Coordinator, Counseling Services, Health Services, The June Anderson Center for Women, the Sexual Assault Liaison, and University Police.
- Annual distribution of the HEOA notifications regarding the legal sanctions, health risks, and disciplinary sanctions related to drug and alcohol use on campus.
- Annual distributions of the HEOA notifications regarding MTSU's policy on student drug convictions and federal student financial aid.
- Marketing of the University's Health Promotion programs. For 2017, programs included:
 - a. An Information session about the misuse of prescription medications, including opioids and other stimulants, such as Adderall (held on 11/7/17).
 - b. De-stress Stations at the Student Union to promote mental health awareness (held on 11/14-15/17 and on 4/12/17).
 - c. Drug Take Back events, sponsored by MTSU's Campus Pharmacy and University Police (held on 10/25/17 and 4/20/17).
 - d. Free HIV Testing provided by the Tennessee Department of Health (held on 9/13/17).

In addition to the above initiatives, MTSU began requiring students and staff to acknowledge their awareness of the University's AOD policy and programs whenever a student or staff member changes his or her password in the University's system as of 2018. Additionally, the 2016 – 2018 Biennial report was added to more University webpages to increase student, staff, and public access and awareness of the report.

A copy of the online acknowledgement of MTSU's AOD policy and programs is provided in Figure 1 below.

Figure 1

The screenshot shows the MTSU website header with the university logo and navigation links: EXPLORE, LEARN, BELONG, APPLY, and QUICK LINKS. The main content area is titled "Manage Your Username and Password (12)". Below the title, there is a warning: "You must agree to the MTSU Drug and Alcohol-free Campus Acknowledgment as stated below before your account information can be displayed and/or changed." This is followed by a text box containing the acknowledgment text: "I acknowledge and understand that Middle Tennessee State University ('MTSU' or 'University') is an alcohol, drug, and tobacco-free campus. I further acknowledge that I have read, and understand, the University's policies and prohibitions regarding the use of alcohol and drugs on campus. I understand that MTSU complies with the Drug-Free Schools and Communities Act of 1989, and that alcohol and drug prevention programs are available to all students and employees annually." Below this is the word "AND" and another warning: "You must agree to abide by the MTSU Information Technology Resources Policy as stated below before your account information can be displayed and/or changed." This is followed by a scrollable text box containing the policy text: "910 Information Technology Resources", "I. Purpose", "This policy identifies appropriate use of the information technology resources to support Middle Tennessee State University's (MTSU or University) goals and objectives and informs all users of the policies set forth by MTSU, the laws of the State of Tennessee, and the federal government.", "II. Objective", "The objective of this policy is to ensure that the use of information technology resources is related to, or for the benefit of, MTSU and the State of Tennessee. The use of information technology resources is a privilege that imposes certain responsibilities and obligations on users and is subject to policy and applicable law. Acceptable use must be legal, ethical, reflect honesty, and show respect in the consumption of shared resources. It demonstrates respect for intellectual property." At the bottom of the scrollable box are "Accept" and "Decline" buttons.

AOD University Policies

Employee Policies and Information

The MTSU Human Resources (HR) Department provides all employees with information about the University's policy as a drug-free workplace. As part of the HR's department employee benefits orientation, staff members are informed of MTSU's prohibition regarding the possession, use, or distribution of illegal drugs and alcohol on the campus, or on institutionally-owned, leased, or University controlled property. The HR webpage additionally provides information on the serious health risks associated with alcohol consumption and heavy drinking, as well as the health risks associated with the use of illegal/illicit drugs. The University's prohibition on the use, possession, and/or distribution of illegal drugs and alcohol on campus also applies to student workers. Additionally, HR provides a brochure to employees regarding MTSU's alcohol and drug prohibitions, sanctions, health risks, and treatment resources (see Appendix G).

Figure 2, below, provides information from the HR webpage entitled, *Drugs and Alcohol Don't Work at MTSU*, which mirrors the brochure in appendix I.

Figure 2

Drugs and Alcohol Don't Work at MTSU

Middle Tennessee State University prohibits the possession, use, or distribution of illegal drugs and alcohol on the campus proper or on institutionally-owned, leased, or otherwise controlled property.

Various federal and state statutes make it unlawful to manufacture, distribute, dispense, deliver or sell, or possess with intent to manufacture, distribute, dispense, deliver, or sell controlled substances. The penalty imposed depends upon many factors which include the type and amount of controlled substance involved, the number of prior offenses, if any, and whether any other crimes were committed in connection with the use of the controlled substance. Possible sanctions include incarceration up to and including life imprisonment and imposition of substantial monetary fines.

Tennessee statues provide that it is unlawful for any person under the age of twenty-one (21) to buy, possess, transport (unless in the course of his or her employment), or consume alcoholic beverages, wine, or beer. Any violation of this law results in an offense classified a Class A misdemeanor punishable by imprisonment for not more than 11 months, 29 days, or by a fine of not more than \$2,500, or both. The receipt,

possession, or transportation of alcoholic beverages without the required revenue stamp is also a misdemeanor punishable by imprisonment of not more than thirty (30) days or a fine of not more than \$50, or both.

The use of alcohol can lead to serious health risk:

- loss of muscle control, poor coordination, slurred speech
- fatigue, nausea, headache
- increased likelihood of accidents
- impaired judgment
- possible respiratory paralysis and death
- birth defects/fetal impairment

Heavy drinking can lead to:

- alcoholism
- damage to brain cells
- increased risk of cirrhosis, ulcers, heart disease, heart attack, and cancers of liver, mouth, throat, and stomach
- hallucinations
- personality disorders

Health risks associated with the use of illegal drugs include:

- increased susceptibility to disease due to a less efficient immune system
- increased likelihood of accidents
- personality disorders
- addiction
- death by overdose
- anemia
- poor concentration
- fetal impairment/addiction

Additional information about how the use of drugs and/or alcohol affects your health is available through the Health Promotion office of Student Health Services located in the Health, Wellness, and Recreation Center.

MTSU regular employees with full benefits have available to them the statewide Employee Assistance Program which provides confidential assistance for assessment and short-term counseling. Up to six visits are provided free of charge. Additionally, treatment for chemical dependencies on both an in-patient and out-patient basis are generally covered expenses under the state group health insurance plan.

Please refer to your health insurance brochures for specific coverages and limitations. Referral to community treatment facilities may be made by the MTSU Human Resource Services Office if assistance is desired.

Middle Tennessee State University will impose sanctions against individuals who have violated rules prohibiting the use, possession, or distribution of illegal drugs or alcohol.

Sanctions for students using or possessing illegal drugs or alcohol include disciplinary probation, and in appropriate cases, suspension from the University. In addition, residence hall students will be removed from the housing system. Referral for criminal prosecution may be made in all appropriate cases.

Individuals involved in the sale or distribution of illegal drugs or alcohol will be suspended from the University and referred to the appropriate authorities for criminal prosecution.

All employees, including student employees, agree as a condition of employment to abide by this policy. Sanctions against employees for use or possession of illegal drugs or alcohol in the workplace include termination of employment by means of the termination procedures available by contract and/or in policy. Additionally, employees are required to notify the institution of any drug convictions no later than five days after the conviction

In compliance with the Drug-Free Schools and Communities Act and the Drug-Free Workplace Act of 1988, MTSU provides this information as a service to the campus community.

Distribution of Annual AOD Notifications

Annually, the Dean of Students sends an electronic notification to all enrolled students each semester regarding the impact of a drug conviction on a student's financial aid eligibility. In addition, an annual notification is sent to students concerning drug and alcohol use and abuse, and includes information on legal sanctions, health risks, and AOD treatment resources. A copy of these annual notifications is included in Appendix F.

Smoking Policy

I. PURPOSE

Middle Tennessee State University ("MTSU") promotes a healthy, safe, and aesthetically pleasing work, educational, and living environment. The MTSU community acknowledges that long-term health hazards may accrue to people who use tobacco products or who are subjected to second-hand smoke. As a result, effective July 1, 2011, MTSU became a Tobacco-Free Campus, and the use of tobacco will not be permitted except as specifically permitted under this policy.

II. SCOPE

This policy applies to all faculty, staff, students, contractors, and visitors of MTSU and is in effect 24 hours a day, year-round. This policy applies to all forms of tobacco products including, but not limited to, cigarettes, pipes, cigars, chewing tobacco, and snuff, as well as smokeless electronic cigarettes and other similar devices.

III. GENERAL RULES

A. Prohibited Areas for Smoking

Tobacco use is not permitted in any MTSU-owned or leased property. This includes all grounds, vehicles, and buildings owned or leased by MTSU, including off-campus property.

B. Areas and Circumstances in which Smoking is Permitted

Notwithstanding the above,

(1) Individuals may use tobacco while inside private vehicles situated on MTSU property.

(2) Additional exceptions may be approved for academic, artistic, educational, or research activities.

Any individual or group seeking an exception under this paragraph for an academic purpose should submit the Request for Exception form to the Provost's Office; otherwise, the Request for Exception form [Appendix E] should be submitted to the Senior Vice President's Office. The activity may be approved provided that Campus Planning and Environmental Health and Safety Services concur with the proposed use of the facility, including confirming that the proposed space may be safely used for the requested activity and, to the extent applicable, has adequate ventilation and separation from non-smokers.

Parental Notification Policy

In addition to the information provided in the Drug Free Communities (DFC) Statement listed above, MTSU also supports a Parental Notification Policy: Middle Tennessee State University recognizes that students, parents, and the University are in a partnership in which each has the responsibility of promoting a healthy and productive educational experience. The University disciplinary process exists to provide corrective action that is educational and developmental, to protect the campus community, and to maintain an environment conducive to learning. Violations of the MTSU alcohol and drug policy can detract from that learning environment. MTSU believes parents can assist students in fulfilling their educational goals through the use of open dialogue.

Due to recent amendments to *Tennessee Code Annotated*, Title 49, Chapter 7, Part 1 by the General Assembly (House Bill 4088, Senate Bill 4108), Middle Tennessee State University is required to notify the parents or guardians of students under the age of 21 when those students are found responsible for alcohol- and drug-related offenses. If a student under the age of 21 is found to be responsible for the use and/or possession of drugs or drug paraphernalia, the resultant sanction will include notification of the

parent/guardian by the dean of Student Life. In the event of a first or second violation of the alcohol policy by a student, the resultant sanction may include, but is not limited to, probation, an alcohol education course, and community service. In addition to the aforementioned sanctions, a third violation of the alcohol policy by a student under the age of 21 will result in the notification of the parent/guardian by the dean of Student Life. In addition, the parent/guardian may be contacted in any instance in which the health or safety of the student has been threatened either through the student's own acts or the acts of others.

3. Institutional Participation in the Biennial Reporting Process

For the 2016 – 2018 Biennial Report, MTSU reviewed the AOD data collection process for effectiveness, as well as expanded the members of the University's Drug-Free Schools Biennial report team to include representatives from the departments of Athletics, University Counsel, and Human Resources. Including representation from the aforementioned three departments was an important step in ensuring students and staff received information about MTSU's AOD policies, programming, and prevention campaigns.

The following is a list of the Fall 2017/Spring 2018 Biennial report team members:

1. Sondra Wade, Assistant General Counsel – Office of University Counsel
2. Jason Morton, Major – MTSU Police
3. Lisa Schrader, Director of Health Promotion – Division of Student Affairs and Office of MTSU Health Services
4. Stephen White, Director of Financial Aid – Division of Student Affairs
5. Kathy Musselman, Assistant Vice President for Human Resources – Division of Business and Finance
6. Kortne Gosha, Associate Athletics Director – Division of University Athletics
7. Richard Chapman, Director, MTSU Health Services – Division of Student Affairs
8. Michelle Safewright, Director of Housing Administration – Division of Student Affairs
9. Gené Stephens, Assistant Vice President for Compliance and Enterprise Risk Management – Division of Business and Finance

Prior to the aforementioned team, members from the 2014 – 2016 Biennial report team were asked to provide, and to document, any changes to their AOD data. For the 2016 – 2018 reporting years, MTSU continued to document its current AOD prevention efforts; however, the University additionally focused on increasing awareness campaigns around AOD programs, initiatives, the University's alcohol- and drug-free campus policy, and the sanctions associated with violations of the policy.

4. Program Strengths and Opportunities

Documentation of program elements and interviews with MTSU staff identified the following strengths:

- Ongoing collection of local data on substance use and related attitudes allows for identification of trends over the past six years;
- Use of environmental management strategies, including social norms campaigns, late night alternative programming, and AOD coalitions;
- Ownership and responsibility of prevention programs shared among several departments;
- University participation in state-wide coalition with training opportunities and program seed funding available;
- Active county AOD prevention coalition with expressed interest in partnering more with the university; and
- Staff willingness to work cooperatively and comprehensively to improve substance and alcohol abuse prevention efforts.

Identified weaknesses include:

- Increased rates of marijuana use and decreased rates of risk perception;
- Prescription drug misuse;
- Lack of resources to address the continued high incidence of dual diagnoses linking substance use and mental health;
- Limitations on distributing paper copies of information to students and employees;
- Funding limitations prevent use of award dollars from CHASCo on prevention efforts focused on marijuana;
- Inconsistencies in AOD policy enforcement related to special events on campus; and
- Less reliable assessment data due to lowered response rates/survey fatigue.

5. Program Statistics for 2016 - 2017

The following are MTSU's program statistics for 2016 – 2017 from the Offices of Judicial Affairs; University Police; and Housing and Residence Life.

Alcohol and Drug Statistics for 2016 – 2018 from the MTSU Office of Judicial Affairs

**Middle Tennessee State University
Judicial Affairs & Mediation Services 2017-2018 Alcohol & Drug Statistics**

* Statistics reflect total number of referrals for each violation to the Office of Judicial Affairs and not the outcome (responsible/ not responsible).

**The statistics contained in this report represent disciplinary cases adjudicated by the Office of Student Conduct for the time period indicated. Formal charges may have also been filed with the MTSU Police Department and/ or the Department of Housing & Residential Life. It is possible that a single violation may appear in reports from all three departments. Disciplinary matters adjudicated solely by the Department of Housing & residential Life are not reflected in these statistics.

Violations:

Alcoholic Beverages- 25
Public Intoxication- 14
Drugs- 126
Drug Paraphernalia- 52
Smoking Violations (tobacco policy)- 0

Alcohol Sanctions: Smoking Violation Sanctions:

Restitution- 0 Educational Sanction/Counseling- 0
Written Reprimand-15 Housing Probation- 0
Educational Sanction/Counseling- 5 Disciplinary Probation- 0
Parental Notification- 20 ****Typically smoking violations
Housing Probation- 5 occurred in conjunction with alcohol
Disciplinary Probation- 8 and/ or drug violations and the
Restriction/ Removal- 5 sanctions reflect the collective behavior.
Suspension- 0
Expulsion- 0

Drug Sanctions:

Restitution- 0
Written Reprimand- 2
Educational Sanction/Counseling- 6
Parental Notification- 56

Housing Probation- 1
Disciplinary Probation- 58
Restriction/ Removal- 26
Suspension- 3
Expulsion- 0

*** Public Intoxication encompasses both alcohol AND drug violations. Per MTSU's Student Disciplinary Rules, Public Intoxication is defined as appearing on institution-owned or controlled property or at an institutional sponsored event while under the influence of a controlled substance or of any other intoxicating substance.

**Middle Tennessee State University
Judicial Affairs & Mediation Services
2016-2017 Alcohol & Drug Statistics**

* Statistics reflect total number of referrals for each violation to the Office of Judicial Affairs and not the outcome (responsible/ not responsible).

**The statistics contained in this report represent disciplinary cases adjudicated by the Office of Judicial Affairs & Mediation Services for the time period indicated. Formal charges may have also been filed with the MTSU Police Department and/ or the Department of Housing & Residential Life. It is possible that a single violation may appear in reports from all three departments. Disciplinary matters adjudicated solely by the Department of Housing & Residential Life are not reflected in these statistics.

Violations:

Alcoholic Beverages- 33
Public Intoxication- 21
Drugs- 101
Drug Paraphernalia- 41
Smoking Violations (tobacco policy)- 1

Alcohol Sanctions:

Restitution-1
Written Reprimand-21
Educational Sanction/Counseling- 10
Parental Notification- 20
Housing Probation- 2
Disciplinary Probation- 26
Restriction/ Removal- 10
Suspension- 0
Expulsion- 0

Drug Sanctions:

Restitution- 0
Written Reprimand- 4
Educational Sanction/Counseling- 15
Parental Notification- 41
Housing Probation- 5
Disciplinary Probation- 57
Restriction/ Removal- 36
Suspension- 2
Expulsion- 0

Smoking Violation Sanctions:

Educational Sanction/Counseling- 0
Housing Probation- 0
Disciplinary Probation- 1
****Typically smoking violations occurred in conjunction with alcohol and/ or drug violations and the sanctions reflect the collective behavior.

*** Public Intoxication encompasses both alcohol AND drug violations. Per MTSU's Student Disciplinary Rules, Public Intoxication is defined as appearing on institution-owned or controlled property or at an institutional sponsored event while under the influence of a controlled substance or of any other intoxicating substance.

Alcohol, Drug, & Weapons Related Arrests for 2015 – 2017 by MTSU University Police

Arrest Type	2017	2016	2015
Liquor Law Violations			
• On Campus	8	5	12
• Non-Campus	0	0	0
• Public Property	2	8	4
• Student Residence	1		
Drug Violations			
• On Campus	35	28	22
• Non-Campus	0	0	1
• Public Property	6	30	19
• Student Residence	8		
Weapons Violations			
• On Campus	1	2	3
• Non-Campus	0	0	0
• Public Property	2	1	4
• Student Residence*	0		
Hate Crimes		1 (Aggravated Assault/Public Property-motivated by race)	3

Housing and Residence Life Alcohol and Smoking Violations for 2016 – 2017

The following information was reported Housing and Residence Life regarding the number of alcohol and smoking violations on campus:

- Alcohol Violations: 27 for 2016 – 2017 academic year; 35 for the 2015 – 2016 academic year.[∞]
- Smoking Violations: 9 for the 2016 – 2017 academic year; 5 for the 2015 – 2016 academic year.*

Notes:

[∞] The total number of alcohol violations decreased from 35 to 27 in the 2016 – 2017 academic year; a decrease of 23 percent.

*The total number of smoking violations increased to nine (9) from five (5) in the 2016 – 2017 academic year; an increase of 80 percent. MTSU does not believe the increase is due to weaknesses in policy or program awareness. The University plans to continue its awareness campaigns and prevention programming around marijuana prevention and smoking cessation.

6. Progress on Prior Recommendations and Identification of Current/Future Recommendations

Progress on Prior Recommendations

Since 2014, MTSU's AOD Biennial review team continues to make progress on the recommendations listed below:

- Implementation of the “True Blue Health” social norms campaign highlighting the true norms around alcohol, tobacco, and marijuana use by MTSU students. Assessment results indicate that close to half of students remembered seeing at least one of the messages.
- Table tents with marijuana use prevention and education messages were distributed in MT Dining facilities. The tents were placed for three weeks at a time in October 2014, January 2015, and April 2015.
- The Core Drug and Alcohol Survey was administered in the Spring 2015 semester to 5,000 undergraduate students. Responses were received from 920 students for an 18.4% response rate.
- The National College Health Assessment was administered in the Spring 2016 semester to 6,000 students. Responses were received from 685 students for an 11.4% response rate.
- Partnerships with the Coalition for Healthy and Safe Campus Communities (CHASCo) and with the Community Anti-Drug Coalition of Rutherford County (CADCOR) have continued.

- Additional programming, like the *It's On Us* campaign from Fraternity and Sorority Life addressed sexual violence, harassment, bystander intervention, and related issues in compliance with the Violence Against Women Act (VAWA).

Since the 2014-2016 Biennial review, MTSU has enhanced its AOD programming through:

- Online acknowledgements by students and employees of the University's policy prohibiting the use of alcohol and drugs on campus.
- Administered the Core Drug and Alcohol Survey in the Spring 2018 semester to 6000 students. Responses were received from 1059 students, for an 18 percent response rate.
- Expanded AOD prevention programming facilitated by the Office of Health Promotions, which has reached over 14,000 students; an all-time high for that Office.
- Recent, additional funding from CHASCo for a student-developed impaired driving prevention campaign, which will take place during the Fall 2018 semester.

Current Recommendations

Based on a review of current AOD prevention programs and current usage statistics from 2017, the following are recommendations on which MTSU will work towards and/or continue:

1. Social norming campaigns relating to misperceptions of substance use as part of our "*True Blue Health*" campaign.
2. Promotion of the tobacco-free campus policy, and consideration of options for additional enforcement in collaboration with the University Police and/or an external vendor.
3. Marijuana use prevention messages in all substance-use related programming to promote standalone programming on risks and harm reduction.
4. Investigation of potential sources for more mental health resources. **Update:** Currently, MTSU has hired a part-time health coach to work with students on mental health issues, which does not require the coach to possess licensure.
5. Partnerships with state and county coalitions, which will continue to increase environmental management strategies. **Update:** MTSU has begun partnering more directly with the Sexual Assault Center in Nashville to address sexual violence prevention.
6. Consideration by senior-level administration of methods to increase consistency of AOD policies and enforcement related to special events on campus.
7. Coordinate with administrators implementing policies in compliance with the Violence Against Women Act ("VAWA"), including the Campus Sexual Violence Elimination Act ("Campus SaVE"), as it relates to AOD issues. **Update:** MTSU received the Office of Violence Against Women ("OVW") grant in 2018 to address sexual assault in special populations. The search for a Project Coordinator is currently underway to develop and administer programs for the OVW grant.

8. Development of risk reduction practices and strategies regarding alcohol consumption at MTSU Athletics/Sports events to ensure the safety of students, staff, and sports patrons attending such sporting events; this recommendation is made as a result of the 2018 legislation approving alcohol sales at MTSU sporting events.
9. Development of strong policies and procedures regarding alcohol sales at Athletics and sporting events, as well as a listing of specific Athletics venues on campus where alcohol consumption is, and is not permissible.
10. Mandatory beverage service training of all individuals serving alcohol at MTSU Athletics venues to ensure alcohol is not served to minors and follows MTSU policies.

Closing Remarks

The AOD prevention programming and support services of MTSU will continue to expand, as administrators, faculty, and staff work together to advocate for the health and well-being of students. Such continued collaboration and work will serve to reduce instances of alcohol, drug, tobacco, and prescription-drug abuse. While legislation regarding the sale of alcohol at MTSU Athletics and sporting events was approved in 2018, the University is developing, and will enforce, additional policies and procedures that align with its existing alcohol and other drug prevention campaigns.

The following Appendices demonstrate MTSU's AOD programming and outcomes for 2015 – 2018.

Appendix A – Executive Summary of CORE Drug and Alcohol Survey 2018

CORE ALCOHOL AND DRUG SURVEY – LONG FORM

EXECUTIVE SUMMARY

The Core Alcohol and Drug Survey was developed to measure alcohol and other drug usage, attitudes, and perceptions among college students at two and four-year institutions. Development of this survey was funded by the U.S. Department of Education. The survey includes several types of items about drugs and alcohol. One type deals with the students' attitudes, perceptions, and opinions about alcohol and other drugs, and the other deals with the students' own use and consequences of use. There are also several items on students' demographic and background characteristics as well as perception of campus climate issues and policy.

Key Findings from students at Multiple Selection

Following are some key findings on the use of alcohol:

- 75.4 % of the students consumed alcohol in the past year ("annual prevalence").
- 55.7 % of the students consumed alcohol in the past 30 days ("30-day prevalence").
- 38.3 % of underage students (younger than 21) consumed alcohol in the previous 30 days.
- 24.0 % of students reported binge drinking in the previous two weeks. A binge is defined as consuming 5 or more drinks in one sitting.

Following are some key findings on the use of illegal drugs:

- 29.0 % of the students have used marijuana in the past year ("annual prevalence").
- 17.8 % of the students are current marijuana users ("30-day prevalence").
- 11.1 % of the students have used an illegal drug other than marijuana in the past year ("annual prevalence").
- 4.8 % of the students are current users of illegal drugs other than marijuana ("30-day prevalence").

The most frequently reported illegal drugs used in the past 30 days were:

- 55.7 % Alcohol (beer, wine, liquor)
- 17.8 % Marijuana (pot, hash, hash oil)
- 17.6 % Tobacco (smoke, chew, snuff)

Following are some key findings on the consequences of alcohol and drug use:

- 22.8 % reported some form of public misconduct (such as trouble with police, fighting/argument, DWI/DUI, vandalism) at least once during the past year as a result of drinking or drug use
- 27.0 % reported experiencing some kind of serious personal problems (such as suicidality, being hurt or injured, trying unsuccessfully to stop using) at least once during the past year as a result of drinking or drug use.

Following are some key findings on opinions about the school environment:

- 88.5 % of students said the school has alcohol and drug policies;
10.9 % said they "don't know"; and
0.6 % said there wasn't a policy.
- 28.0 % of students said the school has an alcohol and drug prevention program;
69.6 % said they "don't know"; and
2.4 % said there wasn't a program.
- 66.2 % of students said the school is concerned about the prevention of drug and alcohol use;
20.8 % said they "don't know"; and
13.1 % said the school is not concerned.

With regard to students' perceptions of other students' use:

- 84.1 % of students believe the average student on campus uses alcohol once a week or more.
- 2.5 % of students believe the average student on this campus uses some form of illegal drug at least once a week.
- 40.9 % of students indicated they would prefer not to have alcohol available at parties they attend.
- 80.9 % of students indicated they would prefer not to have drugs available at parties they attend.

The following percentages of survey respondents said they saw drinking as a central part of the social life of the following groups:

- 72.4 % of the respondents said they saw drinking as central in the social life of male students.
- 60.8 % of the respondents said they saw drinking as central in the social life of female students.
- 19.9 % of the respondents said they saw drinking as central in the social life of faculty/staff.
- 41.0 % of the respondents said they saw drinking as central in the social life of alumni.
- 52.1 % of the respondents said they saw drinking as central in the social life of athletes.
- 84.4 % of the respondents said they saw drinking as central in the social life of fraternities.
- 77.9 % of the respondents said they saw drinking as central in the social life of sororities.
- 27.7 % of the students said they believe the social atmosphere on campus promotes alcohol use.
- 16.1 % of the students said they believe the social atmosphere on campus promotes drug use.
- 11.8 % of the students said they do not feel safe on campus.

Compared to other campuses...

- 6.2 % feel that alcohol use is greater
- 35.6 % feel that alcohol use is less
- 58.2 % feel alcohol use is about the same

On the Core Alcohol and Drug Survey, respondents were asked to report whether students on this campus cared about a number of campus climate issues (with the response options being "not at all", "slightly", "somewhat", and "very much"). The following percentages of respondents on this campus indicated that their fellow students cared "somewhat" or "very much" about the following issues:

- 87.5 % said students cared about sexual assault
- 79.8 % said students cared about assaults that are non-sexual
- 78.3 % said students cared about harassment because of race or ethnicity
- 75.4 % said students cared about harassment because of gender
- 74.5 % said students cared about harassment because of sexual orientation
- 68.6 % said students cared about harassment because of religion
- 54.5 % said students cared about campus vandalism
- 36.8 % said students cared about alcohol and other drug use

Table 1 shows the percentage of students who reported having experienced any of the following within the last year and, if so, the percentage who reported consuming alcohol or other drugs shortly before these incidents.

Table 1 – Experiences of Harassment or Violence

<u>Experience</u>	<u>Use Alcohol or Drugs</u>	<u>Incident</u>
17.5%	1.1%	Ethnic or racial harassment
12.7%	12.7%	Threats of physical violence
5.5%	15.4%	Actual physical violence
2.7%	23.1%	Theft involving force or threat of force
11.2%	55.4%	Forced sexual touching or fondling
7.3%	58.3%	Unwanted sexual intercourse

On the Core Alcohol and Drug Survey, students were asked to rate the degree of risk people take when they act in certain ways, listed below. The response options were, "no risk", "slight risk", "moderate risk", "great risk", and "can't say". The numbers listed below indicate the percentage of respondents who felt there was "great risk" associated with the following behaviors:

- 5.3 % try marijuana once or twice
- 8.9 % smoke marijuana occasionally
- 22.1 % smoke marijuana regularly
- 39.6 % try cocaine once or twice
- 76.1 % take cocaine regularly
- 43.1 % try LSD once or twice
- 69.2 % take LSD regularly
- 14.3 % take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day
- 55.7 % take four or five drinks nearly every day
- 60.2 % have five or more drinks in one sitting
- 47.4 % take steroids for body building or improved athletic performance
- 40.2 % consume alcohol prior to being sexually active
- 36.3 % regularly engage in unprotected sexual activity with a single partner
- 78.6 % regularly engage in unprotected sexual activity with multiple partners

Sexual Behavior:

66.8 % of the students reported engaging in sexual intercourse within the past year. Of these, 12.0 % used alcohol the last time they had intercourse and 8.1 % used drugs.

In the last 30 days, the following percentages of students engaged in the behaviors described below:

- 47.4 % refused an offer of alcohol or other drugs
- 7.4 % bragged about alcohol or other drug use
- 54.3 % heard someone else brag about alcohol or other drug use
- 15.7 % carried a weapon such as a gun, knife, etc. (not hunting or job related)
- 19.4 % experienced peer pressure to drink or use drugs
- 6.8 % held a drink to have people stop bothering you about why you weren't...
- 13.4 % thought a sexual partner was not attractive because he/she was drunk
- 7.9 % told a sexual partner that he/she was not attractive because he/she was....

The following data describes how students say their friends would feel if they...

Tried marijuana once or twice	35.2 % of their friends would disapprove
Smoked marijuana occasionally	43.6 % of their friends would disapprove
Smoked marijuana regularly	64.0 % of their friends would disapprove
Tried cocaine once or twice	87.1 % of their friends would disapprove
Took cocaine regularly	97.2 % of their friends would disapprove
Tried LSD once or twice	81.9 % of their friends would disapprove
Took LSD regularly	95.5 % of their friends would disapprove
Took one or two drinks every day	60.9 % of their friends would disapprove
Took four or five drinks every day	91.7 % of their friends would disapprove
Had five or more drinks at one sitting	74.7 % of their friends would disapprove

The following are some key findings on the perceived effects of alcohol:

- 68.2 % say it breaks the ice
- 69.7 % say it enhances social activity
- 45.1 % say it makes it easier to deal with stress

- 53.7 % say it facilitates a connection with peers
- 58.7 % say it gives people something to talk about

- 51.5 % say it facilitates male bonding
- 48.1 % say it facilitates female bonding

- 59.1 % say it allows people to have more fun
- 61.5 % say it gives people something to do
- 22.3 % say it makes food taste better
- 18.7 % say it makes women sexier
- 14.9 % say it makes men sexier
- 18.5 % say it makes me sexier
- 24.5 % say it facilitates sexual opportunity

Use of Drugs

The following tables provide additional details about students' reported use of drugs at this institution. Unless otherwise indicated, percentages are based on the total number of students responding validly to a given item.

In general, substantial proportions of students report having used alcohol, tobacco, and marijuana in response to the question, "At what age did you first use _____?" whereas comparatively few report having used each of the other substances. This question examines "lifetime prevalence" as opposed to annual prevalence.

Table 2 describes lifetime prevalence, annual prevalence, and high frequency use (3 times a week or more).

Table 2 – Substance Use

Substance	Lifetime Prevalence		Annual Prevalence		30-day Prevalence		3x/Week or more	
	Coll.	Ref.	Coll.	Ref.	Coll.	Ref.	Coll.	Ref.
Tobacco	36.6	42.2	24.2	32.4	17.6	21.1	11.3	10.6
Alcohol	78.7	84.4	75.4	81.5	55.7	68.7	12.3	20.0
Marijuana	46.4	46.1	29.0	33.6	17.8	19.9	10.9	8.2
Cocaine	9.3	7.6	3.8	4.4	0.8	1.8	0.0	0.2
Amphetamines	11.7	9.9	4.6	5.4	2.6	3.0	1.6	1.4
Sedatives	7.3	6.2	2.0	3.1	0.8	1.5	0.2	0.4
Hallucinogens	10.7	7.7	5.2	4.5	1.0	1.3	0.0	0.2
Opiates	2.5	2.4	0.8	1.3	0.5	0.8	0.3	0.3
Inhalants	2.2	2.7	0.9	1.0	0.5	0.5	0.2	0.2
Designer drugs	8.4	8.9	2.8	5.5	0.6	1.7	0.0	0.2
Steroids	0.8	1.0	0.3	0.6	0.1	0.4	0.1	0.2
Other illegal drugs	2.7	3.7	0.9	1.9	0.1	0.7	0.0	0.2

Notes:

Coll. = Muskegon Community College
 Ref. Reference group of 18370 college students

The average number of drinks consumed per week at this institution is 2.02 drinks. The percentage of students who report drinking heavily in the last two weeks at this institution is 24.0 %.

Consequences of Alcohol and Drug Use

The proportion of students who report having had problems as a result of drinking or drug use is another indicator of the level of substance abuse. The percentages of students who reported that within the past year they had various problematic experiences are given in Table 3. The top group of items represents public misconduct or behaviors that involve actual or potential harm to others. The second group represents possibly serious personal problems. The last group may consist of less serious (and more common) experiences which nevertheless may indicate excessive use.

Table 3 - Problematic Experiences

<u>This Institution</u>	<u>Reference Group</u>	<u>Experience</u>
12.6%	17.6	Driven a car while under the influence
12.1%	26.5	Got into an argument or fight
2.3%	10.5	Been in trouble with police, residence hall, or other college authorities
1.2%	4.6	Damaged property, pulled fire alarm, etc
0.4%	1.1	Been arrested for DWI/DUI
16.2%	19.1	Performed poorly on a test or important project
8.8%	9.1	Thought I might have a drinking or other drug problem
7.3%	4.5	Seriously thought about suicide
6.8%	7.7	Been taken advantage of sexually
5.9%	4.4	Tried unsuccessfully to stop using
5.2%	14.1	Been hurt or injured
1.7%	1.3	Tried to commit suicide
0.4%	1.8	Taken advantage of another sexually
46.1%	59.1	Had a hangover
39.2%	50.1	Got nauseated or vomited
23.9%	33.1	Done something I later regretted
21.7%	24.5	Missed a class
21.2%	27.3	Been criticized by someone I know
8.0%	32.3	Had a memory loss

Differences among Student Groups

Table 4 compares substance use patterns and consequences of several campus groups: males and females, younger and older, academically more and less successful, and on and off-campus residents.

Table 4 - Differences among Student Groups

	Gender		Age		Average Grades		Campus Residence	
	Female	Male	16-20	21+	A-B	C-F	On	Off
Sample Sizes	708	389	451	648	947	156	209	897
Currently use (in the past 30 days) alcohol	53.0%	60.8%	38.3%	68.1%	55.5%	57.1%	40.9%	59.3%
Currently use (in the past 30 days) marijuana	17.8%	17.8%	19.4%	16.7%	16.7%	23.9%	20.2%	17.3%
Currently use (in the past 30 days) illegal drugs other than marijuana	9.9%	12.4%	12.2%	10.2%	11.6%	8.4%	12.0%	10.9%
Had 6 or more binges in the past 2 weeks	1.0%	2.6%	0.9%	2.0%	1.5%	1.9%	0.5%	1.8%
Have driven a car while under the influence during past year	11.8%	13.8%	10.1%	14.4%	12.6%	11.9%	9.1%	13.4%
Have been taken advantage of sexually during past year	8.2%	4.1%	8.1%	5.9%	6.8%	6.7%	7.2%	6.7%
Have taken advantage of another sexually during past year	0.5%	0.3%	0.2%	0.5%	0.2%	1.4%	0.5%	0.4%

Sample Demographics

Following are some summary characteristics of the students who completed and returned the questionnaire.

- 15.6 % were freshmen
- 20.4 % were sophomores
- 28.8 % were juniors
- 33.6 % were seniors
- 0.5 % were graduates
- 0.7 % were other
- 69.7 % were in the "typical" college age range of 18-22.
- 64.0 % were female.
- 81.1 % lived off campus.
- 71.9 % worked part-time or full-time.
- 90.1 % were full-time students.
- 16.2 % reported spending at least 5 hours per month in volunteer work.

Appendix B – Executive Summary of CORE Drug and Alcohol Survey 2015

Middle Tennessee State University (online)

CORE ALCOHOL AND DRUG SURVEY LONG FORM - FORM 194

EXECUTIVE SUMMARY

The Core Alcohol and Drug Survey was developed to measure alcohol and other drug usage, attitudes, and perceptions among college students at two and four-year institutions. Development of this survey was funded by the U.S. Department of Education. The survey includes several types of items about drugs and alcohol. One type deals with the students' attitudes, perceptions, and opinions about alcohol and other drugs, and the other deals with the students' own use and consequences of use. There are also several items on students' demographic and background characteristics as well as perception of campus climate issues and policy.

Key Findings from students at Middle Tennessee State University (online)

Following are some key findings on the use of alcohol:

- 74.6% of the students consumed alcohol in the past year ("annual prevalence").
- 57.5% of the students consumed alcohol in the past 30 days ("30-day prevalence").
- 42.5% of underage students (younger than 21) consumed alcohol in the previous 30 days.
- 32.9% of students reported binge drinking in the previous two weeks. A binge is defined as consuming 5 or more drinks in one sitting.

Following are some key findings on the use of illegal drugs:

- 33.1% of the students have used marijuana in the past year ("annual prevalence").
- 20.2% of the students are current marijuana users ("30-day prevalence").
- 15.0% of the students have used an illegal drug other than marijuana in the past year ("annual prevalence").
- 7.0% of the students are current users of illegal drugs other than marijuana ("30-day prevalence").

The most frequently reported illegal drugs used in the past 30 days were:

- 20.2% Marijuana (pot, hash, hash oil)
- 3.2% Amphetamines (diet pills, speed)
- 1.9% Hallucinogens (LSD, PCP)

Following are some key findings on the consequences of alcohol and drug use:

- 25.1 % reported some form of public misconduct (such as trouble with police, fighting/argument, DWI/DUI, vandalism) at least once during the past year as a result of drinking or drug use.
- 21.2 % reported experiencing some kind of serious personal problems (such as suicidality, being hurt or injured, trying unsuccessfully to stop using, sexual assault) at least once during the past year as a result of drinking or drug use.

Following are some key findings on opinions about the campus environment:

- 92.4 % of students said the campus has alcohol and drug policies;
- 7.1 % said they "don't know"; and
- 0.4 % said there wasn't a policy.

- 33.2 % of students said the campus has an alcohol and drug prevention program;
- 63.1 % said they "don't know"; and
- 3.7 % said there wasn't a program.

- 69.5 % of students said the campus is concerned about the prevention of drug and alcohol use;
- 17.4 % said they "don't know"; and
- 13.2 % said the campus is not concerned.

With regard to students' perceptions of other students' use:

- 86.7 % of students believe the average student on campus uses alcohol once a week or more.
- 73.4 % of students believe the average student on this campus uses some form of illegal drug at least once a week.
- 40.7 % of students indicated they would prefer not to have alcohol available at parties they attend.
- 81.1 % of students indicated they would prefer not to have drugs available at parties they attend.

The following percentages of survey respondents said they saw drinking as a central part of the social life of the following groups:

- 78.6 % of the respondents said they saw drinking as central in the social life of male students.
- 67.0 % of the respondents said they saw drinking as central in the social life of female students.
- 23.9 % of the respondents said they saw drinking as central in the social life of faculty/staff.
- 43.4 % of the respondents said they saw drinking as central in the social life of alumni.
- 60.1 % of the respondents said they saw drinking as central in the social life of athletes.
- 89.7 % of the respondents said they saw drinking as central in the social life of fraternities.
- 83.4 % of the respondents said they saw drinking as central in the social life of sororities.
- 39.2 % of the students said they believe the social atmosphere on campus promotes alcohol use.
- 21.9 % of the students said they believe the social atmosphere on campus promotes drug use.
- 20.6 % of the students said they do not feel safe on campus.

Compared to other campuses...

- 9.2% feel that alcohol use is greater
- 26.8% feel that alcohol use is less
- 64.1% feel alcohol use is about the same

On the Core Alcohol and Drug Survey, respondents were asked to report whether students on this campus cared about a number of campus climate issues (with the response options being "not at all", "slightly", "somewhat", and "very much"). The following percentages of respondents on this campus indicated that their fellow students cared "somewhat" or "very much" about the following issues:

- 86.9 % said students cared about sexual assault
- 80.1 % said students cared about assaults that are non-sexual
- 74.6 % said students cared about harassment because of race or ethnicity
- 71.5 % said students cared about harassment because of sexual orientation
- 71.3 % said students cared about harassment because of gender
- 63.7 % said students cared about harassment because of religion
- 50.9 % said students cared about campus vandalism
- 40.7 % said students cared about alcohol and other drug use

Table 1 shows the percentage of students who reported having experienced any of the following within the last year and, if so, the percentage who reported consuming alcohol or other drugs shortly before these incidents.

Table 1 - Experiences of Harassment or Violence

<u>Experience</u>	<u>Used Alcohol or Drugs</u>	<u>Incident</u>
8.5%	5.5%	Ethnic or racial harassment
6.8%	15.8%	Threats of physical violence
2.2%	47.4%	Actual physical violence
2.2%	15.8%	Theft involving force or threat of force
3.3%	39.3%	Forced sexual touching or fondling
2.6%	59.1%	Unwanted sexual intercourse

On the Core Alcohol and Drug Survey, students were asked to rate the degree of risk people take when they act in certain ways, listed below. The response options were, "no risk", "slight risk", "moderate risk", "great risk", and "can't say". The numbers listed below indicate the percentage of respondents who felt there was "great risk" associated with the following behaviors:

- 8.1 % try marijuana once or twice
- 10.2 % smoke marijuana occasionally
- 25.5 % smoke marijuana regularly
- 41.5 % try cocaine once or twice
- 77.0 % take cocaine regularly
- 42.8 % try LSD once or twice
- 71.2 % take LSD regularly
- 45.3 % try amphetamines once or twice
- 71.8 % take amphetamines regularly
- 15.2 % take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day
- 56.1 % take four or five drinks nearly every day
- 60.9 % have five or more drinks in one sitting
- 47.6 % take steroids for body building or improved athletic performance
- 38.8 % consume alcohol prior to being sexually active
- 38.0 % regularly engage in unprotected sexual activity with a single partner
- 84.4 % regularly engage in unprotected sexual activity with multiple partners

Sexual Behavior:

65.8 % of the students reported engaging in sexual intercourse within the past year. Of these, 13.1 % used alcohol the last time they had intercourse and 7.8 % used drugs.

In the last 30 days, the following percentages of students engaged in the behaviors described below:

- 55.0 % refused an offer of alcohol or other drugs
- 10.7 % bragged about alcohol or other drug use
- 67.2 % heard someone else brag about alcohol or other drug use
- 19.5 % carried a weapon such as a gun, knife, etc. (not hunting or job related)
- 26.3 % experienced peer pressure to drink or use drugs
- 7.6 % held a drink to have people stop bothering you about why you weren't drinking
- 17.2 % thought a sexual partner was not attractive because he/she was drunk
- 10.7 % told a sexual partner that he/she was not attractive because he/she was drunk

The following data describes how students say their friends would feel if they...

- Tried marijuana once or twice - 39.7 % of their friends would disapprove
- Smoked marijuana occasionally - 48.8 % of their friends would disapprove
- Smoked marijuana regularly - 66.6 % of their friends would disapprove
- Tried cocaine once or twice - 87.1 % of their friends would disapprove
- Took cocaine regularly - 97.5 % of their friends would disapprove
- Tried LSD once or twice - 81.6 % of their friends would disapprove
- Took LSD regularly - 95.7 % of their friends would disapprove
- Took one or two drinks every day - 56.3 % of their friends would disapprove
- Took four or five drinks every day - 87.5 % of their friends would disapprove
- Had five or more drinks at one sitting - 68.0 % of their friends would disapprove

The following are some key findings on the perceived effects of alcohol:

- 69.2 % say it breaks the ice
- 70.5 % say it enhances social activity
- 46.2 % say it makes it easier to deal with stress

- 55.7 % say it facilitates a connection with peers
- 62.0 % say it gives people something to talk about

- 53.6 % say it facilitates male bonding
- 49.4 % say it facilitates female bonding

- 59.8 % say it allows people to have more fun
- 67.3 % say it gives people something to do
- 20.9 % say it makes food taste better

- 24.8 % say it makes women sexier

Use of Drugs

The following tables provide additional details about students' reported use of drugs at this institution. Unless otherwise indicated, percentages are based on the total number of students responding validly to a given item.

For comparison purposes some figures are included from a reference group of 143191 students from 312 institutions from the 2011 to 2013 National Data.

In general, substantial proportions of students report having used alcohol, tobacco, and marijuana in response to the question, "At what age did you first use _____?" whereas comparatively few report having used each of the other substances. This question examines "lifetime prevalence" as opposed to annual prevalence and 30-day prevalence.

Table 2 describes lifetime prevalence, annual prevalence, 30-day prevalence, and high frequency use (3 times a week or more).

Table 2 - Substance Use

Substance	Lifetime Prevalence		Annual Prevalence		30-Day Prevalence		3X/Week or more	
	Coll.	Ref.	Coll.	Ref.	Coll.	Ref.	Coll.	Ref.
Tobacco	48.2	43.1	36.6	33.2	22.1	21.9	13.6	11.3
Alcohol	78.0	84.4	74.6	81.4	57.5	68.7	13.5	20.3
Marijuana	46.2	44.9	33.1	32.4	20.2	19.0	11.5	7.7
Cocaine	7.7	7.4	4.9	4.2	1.1	1.8	0.6	0.3
Amphetamines	13.1	10.1	6.8	5.5	3.2	3.1	2.0	1.5
Sedatives	9.0	6.4	4.5	3.3	1.5	1.6	0.6	0.5
Hallucinogens	10.7	7.5	6.5	4.3	1.9	1.3	0.1	0.2
Opiates	3.3	2.5	1.5	1.4	1.0	0.8	0.2	0.3
Inhalants	2.6	2.8	1.1	1.0	0.3	0.6	0.2	0.2
Designer drugs	11.5	8.5	5.6	5.2	1.0	1.8	0.2	0.2
Steroids	1.6	1.1	0.8	0.7	0.4	0.5	0.1	0.3
Other drugs	5.3	3.7	2.1	1.9	0.9	0.8	0.2	0.2

Notes:

Coll. = Middle Tennessee State University (online)

Ref. = Reference group of 143191 college students

The average number of drinks consumed per week at this institution is 2.4 drinks. The national average is 4.4 drinks (based on a sample of 143191). The percentage of students who report having binged in the last two weeks at this institution is 32.9% compared to the national average of 43.9%.

Consequences of Alcohol and Drug Use

The proportion of students who report having had problems as a result of drinking or drug use is another indicator of the level of substance abuse. The percentages of students who reported that within the past year they had various problematic experiences are given in Table 3. The top group of items represents public misconduct or behaviors that involve actual or potential harm to others. The second group represents possibly serious personal problems. The last group may consist of less serious (and more common) experiences which nevertheless may indicate excessive use.

Table 3 - Problematic Experiences

<u>This Institution</u>	<u>Reference Group</u>	<u>Experience</u>
1.4	1.2	Been arrested for DWI/DUI
6.2	10.8	Been in trouble with police, residence hall, or other college authorities
3.0	4.8	Damaged property, pulled fire alarms, etc.
20.1	18.4	Driven a car while under the influence
21.4	26.9	Got into an argument or fight
1.7	1.2	Tried to commit suicide
6.4	4.1	Seriously thought about suicide
12.0	14.1	Been hurt or injured
7.6	7.9	Been taken advantage sexually
0.9	2.1	Taken advantage of another sexually
5.0	4.4	Tried unsuccessfully to stop using
9.1	8.8	Thought I might have a drinking or other drug problem
18.1	19.2	Performed poorly on a test or important project
27.5	32.9	Done something I later regretted
21.2	25.1	Missed a class
24.7	27.0	Been criticized by someone I know
25.3	32.6	Had a memory loss
47.9	49.8	Got nauseated or vomited
50.8	58.9	Had a hangover

Differences among Student Groups

Table 4 compares substance use patterns and consequences of several campus groups: males and females, younger and older, academically more and less successful, and on and off-campus residents.

Table 4 - Differences among Student Groups

	Gender		Age		Average Grades		Campus Residence	
	Female	Male	16-20	21+	A-B	C-F	On	Off
Sample Sizes:	495	418	451	465	722	190	162	755
Currently use (in the past 30 days) alcohol	56.6	58.6	42.5	72.0	55.0	66.8	43.0	60.5
Currently use (in the past 30 days) marijuana	17.9	22.9	15.9	24.4	17.3	31.0	20.8	20.1
Currently use (in the past 30 days) illegal drugs other than marijuana	5.5	9.0	6.7	7.4	6.7	8.6	7.5	6.9
Had 6 or more binges in the past 2 weeks	1.8	4.9	2.0	4.3	2.8	5.3	2.5	3.5
Have driven a car while under the influence during past year	20.3	19.9	13.5	26.3	18.2	27.4	13.8	21.5
Have been taken advantage of sexually during past year	10.6	4.0	7.4	7.5	6.9	10.2	6.3	7.8
Have taken advantage of another sexually during past year	0.6	1.2	1.4	0.4	0.7	1.6	1.9	0.7

Sample Demographics

Following are some summary characteristics of the students who completed and returned the questionnaire.

- 28.8% were freshmen
- 21.2% were sophomores
- 22.5% were juniors
- 26.7% were seniors
- 0.2% were graduates
- 0.5% were other
- 78.3% were in the "typical" college age range of 18-22.
- 54.2% were female.
- 82.3% lived off campus.
- 69.0% worked part-time or full-time.
- 91.9% were full-time students.
- 23.8% reported spending at least 5 hours per month in volunteer work.

Appendix C – Professional Development Training Agendas and Participation Rosters



Membership Meeting Agenda
Friday, November 17, 2017, Trevecca Nazarene University
11:00-2:00PM CST

11:00 – 11:05	Welcome (Lisa Schrader)
11:05 – 11:15	CHASCo Campus Share: Trevecca Nazarene University
11:15-11:25	CHASCo Chair (Lisa Schrader) <ul style="list-style-type: none"> • Mission Vote
11:25 – 11:45	Professional Development Feedback Session (Ray White)
11:45– 12:05	Networking Breakouts <ul style="list-style-type: none"> • Membership Orientation (Henrietta K. Lusk) • Professional Development (Ray White) • Programming (Jennifer Catlett)
12:05 – 1:30	Drug Free Schools & Campuses Act and Biennial Review (Webinar) - Diane Berty, <i>TN Independent College & University Association (TICUA)</i> Direct Application Activity: Biennial Review - Kayce Matthews, <i>CHASCo</i>
1:30 – 1:50	CHASCo Director’s Report <ul style="list-style-type: none"> • Website: Members-Only Page • CORE Survey • Social Norms • THSO • Partners in Prevention • Prevention Plans
1:50 – 2:00	CHASCo Standing Committee Reports: <ul style="list-style-type: none"> • Membership Committee (Henrietta Kellum) • Programming Chair Committee (Jennifer Catlett) • Professional Development Committee (Ray White)
2:00	Closing & Action Steps (Lisa Schrader)



This project is funded under a Grant Contract with the State of Tennessee Department of Mental Health and Substance Abuse Services.

MTSU Participants/Attendees for Fall, 2017 CHASCo Meeting: Lisa Schrader – Director of Health Promotion; Sondra Wade – Assistant General Counsel; and Gené Stephens – Assistant Vice President for Compliance and Enterprise Risk Management.



**Membership Meeting Agenda
Friday, February 16, 2018 at University of Memphis
11:00-2:00PM CST**

11:00 – 11:05	Welcome (Lisa Schrader, CHASCo Chair)
11:05 – 11:15	CHASCo Campus Share: University of Memphis
11:15-11:45	CHASCo Chair (Lisa Schrader) <ul style="list-style-type: none"> • New Vision Statement • Evaluation Plan Subcommittee Opportunity • Elections in April • Drug Free Schools & Campuses (Feedback)
11:45 – 12:15	Strategic Prevention Framework Strategies for Campuses (Director and ExComm)
12:15 – 1:30	Sexual Violence, Alcohol, and the Culture of Bars <i>- Sharon Travis, Sexual Assault Center of Middle TN</i>
1:30 – 1:45	CHASCo Director’s Report <ul style="list-style-type: none"> • Website: Members-Only Page • CORE Survey • Social Norms • THSO Cohort- Welcome Students! <ul style="list-style-type: none"> • Training Plan, Upcoming Calls, etc. • Prevention Plans
1:45-2:00	CHASCo Standing Committee Reports: <ul style="list-style-type: none"> • Membership Committee (Henrietta Kellum) • Programming Chair Committee (Jennifer Catlett) <ul style="list-style-type: none"> • SN Campaigns, Updating Questions Document • Professional Development Committee (Ray White) <ul style="list-style-type: none"> • PIP Update, Volunteers?
2:00	Closing & Action Steps (Lisa Schrader) <ul style="list-style-type: none"> • Next Meeting will be via webinar on April 20, 2018.



This project is funded under a Grant Contract with the State of Tennessee Department of Mental Health and Substance Abuse Services.

MTSU Participants/Attendees for Spring 2018 CHASCo Meeting: Lisa Schrader – Director of Health Promotion; Sondra Wade – Assistant General Counsel; and Gené Stephens – Assistant Vice President for Compliance and Enterprise Risk Management.



BACCHUS Initiatives of NASPA

Region III Conference Guide

**Alabama, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina,
South Carolina, Tennessee, Texas, Virginia**

<http://www.naspa.org/constituent-groups/groups/bacchus-initiatives>

**Welcome to RVA:
Reaching Goals, Visualizing Success, Taking Action**



**Saturday, April 14, 2018
University of Richmond**

BACCHUS Initiatives of NASPA Region III Conference

University of Richmond • Richmond, VA

April 14, 2018

On behalf of the BACCHUS Initiatives of NASPA and the BACCHUS Region III Leadership Team, we are delighted to bring this year's regional conference to [University of Richmond](#). The conference is hosted by the [Wellness Education Bandits](#).

The Region III Conference is a great opportunity for your peer education group to:

- Get new program ideas on a variety of health and wellness issues relevant to working with college students
- Gain new knowledge and skills to support your peer education efforts
- Network with other peer educators and advisors from across the Southeast region
- Learn how to revitalize, recruit, and re-energize your organization
- Learn more about how the BACCHUS Initiatives of NASPA can support your efforts

Robins School of Business

All student breakout sessions will be on the 1st and 2nd floors. There are elevators as well as stairs. The Ukrop Auditorium (first floor) will be used for our keynote speaker and breakfast. The room will not be monitored during the day so please consider taking your belongings with you to breakout sessions.

Parking: Please park in lot R10 which is located next to the Robins Business School, no permits are required. Please see interactive map here: <http://virtualtour.richmond.edu/>

Spaces:

- Ukrop Auditorium (1st floor): Breakfast, Kick-off, Keynote, Awards Ceremony
- Room 1: Breakout Sessions (Robins School of Business Classroom 113)
- Room 2: Breakout Sessions (Robins School of Business Classroom 114)
- Room 3: Breakout Sessions (Robins School of Business Classroom 115)
- Room 4: Breakout Sessions (Robins School of Business Classroom 205)
- Heilman Dining Hall: Lunch

Restrooms: Located on each floor of the Robins School of Business.

Technology: There is computer/AV setup available in every breakout session room; please bring your own laptop. If you are planning to use a Mac please make sure to bring an adapter/HDMI cord. If you need help setting up your presentation to the projector, find Gibran Merchant or Slade Gormus to assist.

Lunch: Will be served at the Heilman Dining Hall, a short walk from Robins Business School.

Dietary Restrictions: For those that indicated a dietary restriction during registration, your name tag should have a small sticker on the back of it which you can show to University of Richmond staff and they will help you find food that meets your dietary needs.



Schedule Overview

<u>TIME</u>	<u>EVENT</u>	<u>ROOM</u>
7:45am-8:30am	Registration and Breakfast	Ukrop Auditorium Atrium
8:45am-9:00am	Conference Welcome	Ukrop Auditorium
9:00am-10:15am	Keynote: Matt Barnay	Ukrop Auditorium
10:30am-11:30am	Breakout Session 1	
	1.1 Building the Ideal Peer Education Program Tools for Success	Room 1
	1.2 Diversification of Peer Education: A Deep Dive Into Inclusivity Within Our Organizations	Room 2
	1.3 Sense & Sensitivity: Trauma-Informed Responses to Post-Program Testimonials	Room 3
	1.4 Effective Collegiate AOD Prevention: Lessons Learned From a Statewide Coalition	Room 4
11:40am-12:40pm	Breakout Session 2	
	2.1 Stand Up, Speak Out	Room 1
	2.2 Marijuana and Other Leafy Greens: What's the Risk?	Room 2
	2.3 Sleepy Knights: An Initiative to Promote Healthy Sleep on Campus	Room 3
	2.4 Collegiate Drug & Alcohol Use: How it Interacts with Mental Illness, General Health & Working Toward the De-Stigmatization of Addiction	Room 4
1:00pm-2:00pm	Lunch	Heilman Dining Hall
2:15pm-3:15pm	Breakout Session 3	
	3.1 Student Advisory Committee Candidate Session	Room 1
	3.2 Sex With The Greeks	Room 2
	3.3 Should I Stay or Should I Go?	Room 3
	3.4 Presentation on Consent	Room 4
3:25pm-4:25pm	Breakout Session 4	
	4.1 Pleasurefest, It's Not Just a Health Fair	Room 1
	4.2 Programming and Performing: the Anatomy of Successful Outreaches	Room 2
	4.3 Peer Educator Round Table	Room 3
	4.4 Advisors Round Table	Room 4
4:30pm-5:30pm	Keynote and Awards Ceremony	Ukrop Auditorium



Detailed Schedule

7:45am - 8:30am (Ukrop Atrium)

Registration and Breakfast

Join in the fun as we welcome you to the Region III Conference! If you have not already picked up your registration materials please make sure to see one of the Conference staff at the Registration Table. Please enjoy breakfast while getting to know the other attendees.

8:45am - 9:00am (Ukrop Auditorium)

Welcome and Opening Remarks

President Crutcher

Join us in the Ukrop Auditorium to kick off the Region III Conference with a warm welcome from University of Richmond's President, President Ronald Crutcher.

9:00 am - 10:15 am (Ukrop Auditorium)

Keynote Speaker:

Matt Barnay

Matt Barany has helped to establish a tradition of excellence as the head swim coach at the University of Richmond. Out of the water, Barany focuses on the "athletics is education" concept. The swimming & diving Spiders work hard to balance success in the water with the rigors of college academics at Richmond. The program has come to set the standard for academic excellence on campus.

- Arrived at Richmond 2005 as Head Women's Swim Coach
- Graduated from Robins School of Business with MBA in 2014 (2014 Outstanding Graduate of the Year)
- Named Director of Athletic Innovation in March 2017
- Coached 11 A-10 team championships (2006, 2007, 2008, 2009, 2011, 2012, 2013, 2014, 2015, 2016, 2017)
- 8-time A-10 Coach of the Year (2006, 2007, 2008, 2011, 2013, 2014, 2016, 2017)
- Seven Olympic Trials qualifiers since 2008

"We stumbled into the sleep revolution when we began to examine strain on the student-athletes. Understanding strain greatly helps us understand sleep."

Matt has worked extensively with his swimmers to understand the effects of lack of sleep on performance. Through this study he and his athletes have developed a better understanding of sleep and performance.

10:30 am - 11:30 am

Breakout Session 1

1.1 Building the Ideal Peer Education Program Tools for Success (Room 1)

Aimee Hourigan, Substance Abuse Prevention & Education Director

What makes a peer education program successful? If you could create a program from scratch, what would you include? Come explore ways to integrate evidence-based best practices and a solid framework to make your peer education program effective and sustainable. Be prepared to share what works on your campus and learn from others!



1.2 Diversification of Peer Education: A Deep Dive Into Inclusivity Within Our Organizations (Room 2)

Sonia Jindal, Health Outreach Peer Educators (HOPE) – College of William and Mary

William and Mary HOPE (Health Outreach Peer Educators) members will present on the challenges of recruiting, retaining, and conversing about diversity within peer education. This presentation will outline the difficulties in inclusive peer education and will give audience members a space to brainstorm potential ways to increase representation of diverse populations. This space will allow attendees to critically engage with each other and learn how to have a self-reflective conversation. Audience members will leave this program with a greater understanding of the cultural dimensionality embedded within peer education and with tools to create a more diverse space within their own peer health education programs.

1.3 Sense & Sensitivity: Trauma-Informed Responses to Post-Program Testimonials (Room 3)

Eric Marlow Garrison, Assistant Director, Office of Health Promotion – College of William and Mary

Did you know that the first response to a victim of sexual misconduct is the most crucial step in the serpentine path from victim to survivor to thriver? Done poorly, your actions could hinder a student from seeking further treatment or justice. Yet when done well, your trauma-informed response could help contribute to the healing process and eventual flourishing. Wouldn't you like to know more about handling these delicate situations, so that everyone from the survivor to the peer education team feels more comfortable and less anxious? Eric will help you become aware of your own comfort levels and build on your current knowledge and training, so that you and your team are prepared for that next SA testimonial. Furthermore, Eric will discuss the latest research within forensic sexology on the mind's response to trauma.

1.4 Effective Collegiate AOD Prevention: Lessons Learned From a Statewide Coalition (Room 4)

Laurie Jevons, Assistant Director of BACCHUS Initiatives

The Coalition of Colorado Campus Alcohol and Drug Educators (CADE) has been a source of training, technical assistance and support for collegiate prevention teams across the state for over a decade. With funding from SAMHSA each year, the CADE selects campuses to implement an evidence based program to address alcohol, marijuana or prescription medication abuse prevention. In this session, project staff will review best practices and share lessons learned for attendees to replicate institutional efforts.

11:40 am - 12:40 pm Breakout Session 2

2.1 Stand Up, Speak Out (Room 1)

Julia Diesel, Stand Up, Speak Out Coordinator

Ever been to an unforgettable presentation? What about it stuck with you? Come build on your skills as a student facilitator at this presentation centered around student leadership experiences. This presentation will touch on facilitation tips and skills gained through a semester of presenting bystander intervention to on campus groups, using examples from UNC Asheville's bystander intervention program entitled "Stand Up, Speak Out". Along with building on presentation and personal facilitation skills this workshop seeks to educate attendees on general intervention tips in a fun, educational and interactive manner.



2.2 Marijuana and Other Leafy Greens: What's the Risk? (Room 2)

Aimee Hourigan, Substance Abuse Prevention & Education Director

Is marijuana harmless? Is it medicine? What does science and research tell us? From legal changes to new forms like concentrates, the landscape of cannabis use is changing. How do we educate students about edibles, oil, CBD, and the potential impact of using these substances without resorting to scare tactics and misinformation? What resources are available to guide evidence-based, harm reduction education for this drug? Come with questions and ready for an interesting discussion.

2.3 Sleepy Knights: An Initiative to Promote Healthy Sleep on Campus (Room 3)

Emily Werner, Associate Director of Campus Wellness

This presentation will discuss the development and implementation of an initiative focusing on sleep health. The American Academic of Sleep Medicine shares that "research is increasingly showing that more and more college students are not getting enough sleep, which can have a negative impact on their grades." Sleepy Knights is a comprehensive initiative promoting sleep health among college students. Come learn how you too can implement a similar initiative around sleep. Everyone deserves a good Knights rest!

2.4 Collegiate Drug & Alcohol Use: How it Interacts with Mental Illness, General Health & Working Toward the De-Stigmatization of Addiction (Room 4)

Lauren Bulla, Peer Educator

It has been addressed as a national epidemic at this point, but the use and misuse of opioids is causing great detriment to college campuses and their respective communities on an astronomical scale. Access to prescription medication, and opioids in general is incredibly easy. Many college students who are not medically prescribed such medications turn to such drugs as a means of coping & experimentation as well as an outcome of peer pressure. Opioids paired with Alcohol lead to an incredibly worrisome reality for many. Seeing as alcohol is the #1 drug used to commit sexual violence, the addition of opioids creates a very dangerous situation for many. The general health of the individual as well as the whole of the campus community takes a incredible hit when dealing with these issues. Though this is true, the unfortunately reality is that there is quite a lot of stigma surrounding issues of addiction and not enough resources on college campuses to effectively deal with these issues that many students face daily. PEPAH has worked around this initiative on a number of fronts, to the point where this semester we hired on a student 'Campus Opioid Educator' to deal with the issue peer to peer. Events and programs around this initiative have also proved to be fruitful and a discussion around effective means of having these conversations will be part of this presentation.

1:00pm -2:00pm (Heilman Dining Hall)

Lunch

Please enjoy lunch in the University of Richmond's main dining hall, the Heilman Dining Hall. We encourage students to sit with students from other schools, so they can get to know one another and discuss their experiences as peer educators. At each lunch table there will be index cards with talking points and questions to help get the conversation started.

2:15 pm - 3:15 pm Breakout Session 3

3.1 Student Advisory Committee Candidate Session (Room 1)

Sarah Kook, Region III SAC Representative



SAC directors and Region III Student Advisory Committee representative will host an information session for potential SAC applicants. The session will allow attendees to learn about the responsibilities of the SAC directors and regional representatives and receive information on the application process and requirements. Attendees will also have an opportunity to ask questions and receive advice.

3.2 Sex With The Greeks (Room 2)

Taylor Whitlow, Peer Education President

This program was created to educate our peers about sex in all aspects. We discuss topics such as: STDs, HIV, consent, condoms, positions, and etc. Since Greek-letter organizations are very prominent on our campus, we invite them to be a part of our panel to discuss sexual education and to share their knowledge about sex as well. Throughout this program we give out surveys, play games, and watch videos, so our peers can be comfortable and more knowledgeable when it comes to sexual education.

3.3 Should I Stay or Should I Go? (Room 3)

Katherine Chiu, REACH Peer Educator

Building and maintaining a healthy relationship can be hard, but how do you know when a partner's behavior has crossed a line? How do you talk to a friend who you might suspect is in an abusive relationship? In *Should I Stay, Or Should I Go*, we explore the sometimes complicated dynamics of abuse in an interactive, activity-based program designed specifically for and facilitated by college students. Learn about red flags of an abusive relationship, and gain a better understanding of how these red flags play out in the cycle of abuse. Equally as important, come discuss what defines a healthy relationship, and learn tips for increasing effective communication with a sexual/romantic partner. This program is gender and sexuality inclusive, and doesn't make assumptions about the health of a relationship based on its longevity – no matter how you define it, everyone deserves to be safe and happy in their relationship!

3.4 Presentation on Consent (Room 4)

Britnie Hopkins, Sexual Misconduct Education and Prevention Coordinator – University of Richmond

This presentation looks in-depth at how University of Richmond created and launched a campus-wide, ongoing consent campaign. In this presentation, you will see tools that can be implemented at your Institution, identify key stakeholders to partner with on your campus, and learn core concepts needed to create impactful programming.

3:25 - 4:25 pm

Breakout Session 4

4.1 Pleasurefest, It's Not Just a Health Fair (Room 1)

Slade Gormus, RN, Taylor Pak, Wellness Education Bandit (WEB) – University of Richmond

We call it Pleasurefest because if we called it a health fair no one would attend. It is important for students to get health related information in a way that is fun and interactive so that they can become engaged during the day. This program will not only describe how to run a wellness fair but it will also give some ideas on how to get students involved. We receive help from different sources on and off-campus to contribute to our interactive stations in order to develop an inclusive well-being community.

4.2 Programming and Performing: the Anatomy of Successful Outreaches (Room 2)

Lauren Welch, Outreach Coordinator Intern

Peer health outreaches at the University of Virginia (UVA) have grown to be highly credible and sought-after educational programs. What makes our outreaches successful? At UVA, PHE outreaches are both inviting to present and inviting to attend. Presentations are structured enough to ensure presenter comfort, but flexible



enough to tailor to an organization's needs. This session will demonstrate a few key elements of an effective outreach system including 1) creating and performing outreaches, 2) making the process as simple as possible, and 3) gathering and using feedback. Participants can expect to learn different ways of making outreach activities engaging, discuss strategies to improve their outreach activities, understand methods for streamlining outreach processes, and identify opportunities to utilize audience and presenter feedback.

4.3 Peer Educator Round Table (Room 3)

Regional Volunteer Team

NASPA Staff and the Region III Student Advisory Committee representative will host an open discussion for peer educators. This space will allow attendees to seek advice and feedback from other peer educators, learn best practices from national leadership and effectively problem solve issues on their own campuses.

4.4 Advisors Round Table (Room 4)

Regional Volunteer Team

NASPA Staff and volunteer leadership will host an open discussion for peer education advisors. This space will allow attendees to seek advice and feedback from other advisors, learn best practices from national leadership and effectively problem solve issues on their own campuses.

4:30pm - 5:30 pm (Ukrop Auditorium)

Keynote and Award Ceremony with Refreshments

Join us in the Ukrop Auditorium as we wrap up the conference with closing remarks and the announcement of our award winners for:

- Outstanding Program
- Outstanding Peer Education Group
- Outstanding Peer Educator
- Outstanding Advisor

Enjoy light refreshments as we congratulate our fellow peer educators and advisors on all of their hard work and dedication to promoting wellness on college campuses across the Southeast.



Region III Resources

<http://www.naspa.org/constituent-groups/groups/bacchus-initiatives>

Leadership Team

Region III BACCHUS Regional Consultant: Aimee Hourigan, University of South Carolina (ahouriga@mailbox.sc.edu)

Region III Student Advisory Committee: Sarah Kook, College of William & Mary (ykook@email.wm.edu)

Alabama State Coordinator: Brittney Vigna, University of Alabama (bevigna@cchs.ua.edu)

Florida State Coordinator: Whitney Platzer O'Regan, University of Miami (w.oregan@miami.edu)

Georgia State Coordinator: Alma Keita, Georgia Southwestern State University (alma.keita@gsw.edu)

Kentucky State Coordinator: Emily Werner, Bellarmine University (ewerner@bellarmine.edu)

Louisiana State Coordinator: La'Tesha Hinton, Tulane University (lhinton1@tulane.edu)

North Carolina State Coordinator: Leslie Robinson, University of North Carolina at Charlotte (ldill2@unc.edu)

South Carolina State Coordinator: Chris Donevant-Haines, Coastal Carolina University (cdhaines@coastal.edu),

Virginia State Coordinator: Eric Marlowe Garrison, College of William & Mary (emgarrison@wm.edu)

Interested in becoming more involved with the Regional Team? State Coordinator Positions for **Mississippi, Tennessee and Texas** are currently open!

Application materials for the Region III Student Advisory Committee position can be found [here](#) (including a position [description](#)). Applications are due by April 16, 2018.

Regional Conference Hosting

If your peer education group is interested in hosting the Region III Conference in the future, please contact Aimee Hourigan, Regional Consultant, for an application and details on hosting responsibilities. [Applications](#) are due by September 15, 2018.

Stay Connected...

Facebook: Sign into your profile on Facebook.com and search for "The BACCHUS Network". Click "Follow" on the group's page.

National Conferences: Look for current information at: <http://www.naspa.org/events>

NASPA Profile: To make the most of your participation with the BACCHUS Initiatives of NASPA, be sure to log in to your account and update your profile at www.naspa.org. Your profile gives you access to customize your areas of interest, join knowledge communities, set your email preferences, and include other demographic information about yourself. Make sure that you select BACCHUS Initiatives to receive regional and national communications.

Certified Peer Educator (CPE) Training

NASPA's Certified Peer Educator program is a unique opportunity for your peer education group to add a credential to your work on campus. This 8 module, 12 hour course provides foundational skills to aid you in a successful time as peer educators.



RECOVER RUTHERFORD TOWN HALL WHAT TO EXPECT AND WHERE TO TURN. SEPT 8 / 6:30PM / LANE AGRI-PARK

OPEN TO THE PUBLIC

LANE AGRI-PARK / BUILDING 3
315 JOHN RICE BLVD / MURFREESBORO, TN

We invite you to attend an informational Town Hall Meeting discussing the heroin and opioid epidemic affecting our community. Join a panel of experts, including state and local officials, as we open a dialogue and offer resources to meet this challenge.

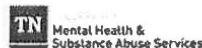
PRESENTATION AND COMMUNITY Q&A:

- 6:30 – 6:40PM Moderator Steve Shates, Project Lifeline - Introduction
- 6:40 – 6:45PM State Representative Michael Sparks
- 6:45 – 6:50PM Tyler Bowman, Community Advocate, Waters Edge Recovery
- 6:50– 7:20PM Dr. George Mathews M.D, F.A.P.A, TrustPoint Hospital - The Disease of Addiction & How it Affects the Individual
- 7:20 – 7:50PM Michael Deleon, Project Steered Straight, Non-Profit Educating Youth on the Consequences of Drug Use
- 7:50 – 8:00PM BREAK
- 8:00 – 8:30PM Jef Mullins, CEO, Waters Edge Recovery - The Solution: Avenues for Treatment and Levels of Care
- 8:30 – 9:00PM Community Q&A

PANELISTS

Steve Austin, 180 Degree Ministries
Dr. George Mathews M.D, F.A.P.A, TrustPoint Hospital
Kim Rush, LPC-MHSP, Regional Vice President for Volunteer Behavioral Health Care System, Volunteer Behavioral Health Capt.
Chris Deal, Rutherford County Adult Detention Center
Trey King, Director of Rutherford County Probation and Recovery Courts

IN PARTNERSHIP WITH



This project is funded by the Tennessee Department of Mental Health and Substance Abuse Services.



Prevention Coalition for Success

Agenda

February 15, 2017

3:00pm at the Murfreesboro Housing Authority

Call to Order

Introductions

Approval of Minutes: January 18th meeting

Community Partner Presentation: Prevention Coalition Staff

Community Prevention Partner of the Month: Richard Watson, former Coalition Director

Unfinished Business:

- **Media Campaign**
- **CADCA Academy**
- **CARA ACT**

New Business:

- **Drug Drop Boxes**
- **Advisory Board Nominations**
- **Coalition Grant Updates**

Announcements/Upcoming Meeting and Events:

- **February 21st:** PAT Quarterly Meeting
- **February 22nd:** PAT's Substance Abuse Prevention Day on the Hill
- **February 28th:** Patterson Park Community Coalition Meeting 10am
- **March 2nd:** Dr. Suess Day Reading in the Schools
- **March 20th-23rd:** Week 2 CADCA Training

Adjourn

Next Meeting: Wednesday, March 15th @ 3:00pm
The Maple Room of the Murfreesboro Housing Authority
415 N. Maple Street, Murfreesboro, TN 37130



TEENS AGAINST DISTRACTED DRIVING AWARENESS EVENT

Saturday, June 24th, 2017
1:00 - 3:00 pm

"Take the Steer Clear Pledge !"

**Free Snacks Provided by
NAACP Youth Council**

**Gift Cards & T-Shirts
Giveaways**

**Obstacle Course &
Driving Simulator**

**Valuable Insight from
Guest Speaker & Teens**

Presented by Leadership Academy of Rutherford County Tennessee
Patterson Park
521 Mercury Boulevard
Murfreesboro, TN 37130

Prevention Coalition For Success

*415 N. Maple Street * Murfreesboro, TN 37130 * 615-893-9414*

July 3, 2017

To: Board of Directors

From: Dalorian Finch

The Board of Directors meeting for the "Prevention Coalition for Success" is scheduled for Tuesday, July 11, 2017 at 3:00 p.m. at the Embassy Suites located at 1200 Conference Center Blvd, Murfreesboro, TN 37129.

Please see the Agenda below for the business items that will be covered at the Board of Directors Meeting. Please review the enclosed information and if you have any questions, they will be addressed at the meeting.

If you will be unable to attend the meeting, please email me at dfinch@pc4s.org or call the office and let me know; my direct line is 615-225-9474.

Agenda Items

1. Roll Call
2. Approval of minutes from January meeting
3. Introduction of Board Member
4. Update on Grants
5. Contract for Services Agreement
6. PC4S Policy and Procedures
7. Coalition Goals and Initiatives
8. Any other business that may come before the Board of Directors

Enclosures

The Rutherford County Recovery Fest is an outreach event with the goal to reduce stigma surrounding addiction and recovery by way of a community-driven event. September is "National Recovery Month" and this event helps reduce barriers for those in the community pursuing resources and seeking help.

Saturday September 16, 2017, 11 a.m.- 5 p.m.
Patterson Park, 521 Mercury Blvd, Murfreesboro



RUTHERFORD

RECOVERY FESTIVAL

2017

Prevention Coalition For Success

*415 N. Maple Street * Murfreesboro, TN 37130 * 615-893-9414*

November 6, 2017

To: Board of Directors

From: Jermonde Bey

The Board of Directors meeting for the "Prevention Coalition for Success" is scheduled for Tuesday, November 14, 2017 at 2:15 p.m. at the Office of the Housing Authority of Murfreesboro located at 415 N. Maple Street, Murfreesboro, TN.

Please see the Agenda below for the business items that will be covered at the Board of Directors Meeting. Please review the enclosed information and if you have any questions, they will be addressed at the meeting.

If you will be unable to attend the meeting, please email me at jbey@pc4s.org or call the office and let me know; my direct line is 615-225-9475.

Agenda Items

1. Roll Call
2. Approval of minutes from July meeting
3. Introduction of Intern
4. Update on Grants
5. Rutherford Recovery Fest
6. CADCA Initiative
7. New Media Campaign
8. Fundraising
9. Any other business that may come before the Board of Directors

Enclosures

For more information on CPE, please contact our training team at cpe@naspa.org.

Acknowledgements

We would like to express our deepest gratitude to those who contributed to the success of this year's Conference.

Our Presenters, Speakers and Award Winners

Congratulations!

Conference Planning Committee

Laurie Jevons, NASPA; Assistant Director, Alcohol and other Drug Prevention Initiatives
Aimee Hourigan, University of South Carolina; Region III BACCHUS Regional Consultant
Slade Gormus, University of Richmond; Conference Host
Zoe Rydzewski, '18, University of Richmond; Student Conference Coordinator
Khuslen Enkhbold, '21, University of Richmond; Student Conference Coordinator

BACCHUS Initiatives of NASPA

David Arnold, AVP for Health, Safety and Well-Being Initiatives (darnold@naspa.org)
Laurie Jevons, Assistant Director, Alcohol and Other Drug Prevention Initiatives (ljevons@naspa.org)
Mallory Jordan, Assistant Director, Health and Well-Being Initiatives (mjordan@naspa.org)
Rachael Novick, Coordinator, Peer Education Initiatives and Training Programs (rnovick@naspa.org)
Maureen Dechico, Health and Well-Being Programs Assistant (mdechicho@naspa.org)





**COALITION FOR HEALTHY
AND SAFE CAMPUS COMMUNITIES**

Nashville, Tennessee

NEWS RELEASE

FOR IMMEDIATE RELEASE CONTACT: Kayce Matthews

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matthews@ticua.org**

MTSU Director of Health Promotion Honored for Alcohol, Drug, and Violence Prevention Work



On May 24, 2018 the Coalition of Healthy and Safe Campus Communities (CHASCo) awarded Ms. Lisa Schrader the *Susanna L. Baxter Alcohol, Drug, and Violence Prevention in Higher Education Award* for her statewide efforts in alcohol, other drug, and violence prevention at the collegiate level. The Baxter Award, given biennially, recognizes an individual in the State who, like Baxter, has volunteered his or her time and energy to achieve positive results in the area of alcohol and other drug and violence prevention.

Schrader is the Director of Promotion at Middle TN State University in Murfreesboro, Tennessee. She has served in multiple roles on CHASCo's Executive Board. Most recently, in 2016, she was elected Vice-Chairperson and she served as the Chairperson of the CHASCo Executive Board from January of 2017 until June 2018. Lisa has been instrumental in ensuring CHASCo continues to be a proactive, statewide resource for colleges and their surrounding communities to combat alcohol and drug abuse and the violence often associated with it.

By bringing together campus leaders from 32 public and private college campuses across Tennessee, CHASCo has had a profound impact on reducing substance abuse and preventing violence statewide. Since its inception in 2002, CHASCo has received multiple state and federal grants to enable campuses to assess the prevalence of and reduce the misuse and abuse of alcohol and other drugs on college campuses. CHASCo offers multiple training sessions annually to staff from its member campuses on cutting-edge, research-based prevention tools including motivational interviewing and social norming.

More information about CHASCo is available on our website, www.tnchasco.org

Appendix D – Summary of MTSU’s Current Alcohol and Other Drug Prevention Programs

Middle Tennessee State University AOD Prevention Plan Overview						
Domain of Intended Influence	Type of Prevention					
	Universal- all students	Selective- groups of students identified to be at an increased risk of AOD issues	Indicated- students violating policies, in need of crisis services, or self-declaring	Other groups		
	Individual Students	Health Promotion website Nat'l Coll Alc. Awareness Wk Spring Break Safety Week Availability of e-CHUG, e-TOKE Late night programming Alternative Spring Break Job-required drug testing through Health Services Annual notification of policies True Blue campaign True Blue civility training Notification of drug conviction impact on financial aid	AOD presentation- CUSTOMS Social norms pres- UNIV 1010 Safety pres- UNIV 1010 Student rules/AOD- UNIV 1010 Housing programming Greek New Member Education Sexual Assault prev training Athletics' drug testing Athletics education programs It's On Us- Fraternity/Sorority Life bystander intervention campaign	Tobacco Quit Kits & NRT Online tobacco cessation prog Alcohol Edu group sanction- 1st & 2nd offenses e-TOKE sanction- 1st offense Online sanction- (e-CHUG) 1st offense Housing sanction Zero tol. drug policy in Housing Counseling Services sanction- automatic for 3rd offense Counseling Services- referrals, motivational interviews, addiction education Court ordered drug testing	Student staff training & background checks Title IX training for student staff	
	Parents	Prevention messages in parent newsletter	Parent AOD handout- CUSTOMS	Parental notification- Jud Aff Parental notification- Housing		
	Campus Environment	Dry campus policy Tobacco-free campus AOD Biennial Review Team No AOD ads in Athletics venues University Police safety escort service Social norms campaign	Housing safety inspections Greek housing safety inspect. No alcohol ads in Housing University Police saturation patrols in high risk areas Add'l Security Guards in eastern campus core	Narcotics Anon. group Zero tolerance drug policy in Housing		
	Faculty & Staff	AOD policy notification to new and current employees EAP availability notification to new employees		Employee Assistance Program Arrests, referrals, citations Partnership Promise coaches for addictions	Staff training & background check Title IX training	
Community	No smoking in restaurants/ public bldgs DUI checkpoints Partnerships with Community Anti-Drug Coalition Social hosting laws Shoulder tap program Drug Take Back event Felony to distribute synthetic drugs		Arrests, referrals, citations Community mental health providers			

**Appendix E – MTSU Q4 Report from FY2018 for CHASCo, Division of Substance Abuse Services Developing Coalition
Quarterly Report**

State of Tennessee

Division of Substance Abuse Services

CHASCo Prevention Plan Quarterly Report

FY 2018

Institution Name: MTSU

Name of Reporting Individual: Lisa Schrader

Date Report Submitted: 7/5/18 **Fiscal Year:** FY18

Quarterly reports are required from all funded CHASCo Prevention Plan institutions with an approved implementation plan. Reports will be submitted electronically on a quarterly basis. Quarterly reports include information required by this form.

Report Period: 1st Qtr. 2nd Qtr. 3rd Qtr. 4th Qtr.
 (July – Sept) (Oct – Dec) (Jan – Mar) (April – June)

Provide (1000 characters or less) your Plan’s major accomplishments for this quarter.

1st Qtr. (July - Sept)	MTSU began its fiscal year by providing substance abuse prevention education to incoming students and parents during orientation. We also launched our 2017 Connection Point program series, which provides alcohol-free programming to students during the first six week and had record attendance. Additionally, all student organization leaders, elected student government officials, and athletes were trained in bystander intervention.
2nd Qtr. (Oct - Dec)	Our fiscal year continued with an increase in substance abuse prevention curriculum infusion. Between the provision of training to new Greek members, the introduction of an online curriculum to all students in our first-year experience course, and classroom-based workshops, MTSU students had multiple opportunities and avenues to participate in substance abuse prevention education. Additionally, we were able to send five students to a national conference specifically for training students in peer-to-peer substance abuse prevention.
3rd Qtr. (Jan - Mar)	The third quarter of our fiscal year marked the continuation of our social norms campaign and the additional distribution of social norms calendars to campus partners. We also hosted a statewide Safety Summit to address how campuses can work with local bars to prevent the harms that can be associated with substance use. Additionally, we offered an increased amount of alcohol-free weekend programming.
4th Qtr. (April - June)	Our fiscal year ended with additional conference travel for our peer health educators to further their skills in addressing substance abuse with their peers. We revised and debuted an updated version of our health and wellness video that is shown to students during CUSTOMS orientation. We also had the highest level of attendance ever from our University at the Partners in Prevention Conference held at Lipscomb University, including representatives from Student Health Services, Counseling Services, and the June Anderson Women’s Center.

Report Item	Item Information
Implementation plan (Ex: <i>Binge Drinking, Tobacco, Non-Medical Prescription Drug</i>)	Indicate the Implementation Plan for this reporting section (items 1 through 8 below): Binge Drinking
Intervening Variable (Ex: <i>Enforcement; Retail Access; Social Access; Preserved Risk; Promotion</i>)	Indicate the intervening variable for this report section (items 1 through 8 below): Easy Social Access

Report Item	Item Information
<p>1. Policy, Practice, or Procedure Change</p> <p>Start Date: Aug 2017</p> <p>Periodicity: Ongoing, as needed</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations 2. Offer prescription drug lock boxes to students filling new controlled prescriptions. 3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> # of parental notifications # of boxes distributed # of Connection Point events offered, # of attendees
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations. <i>MTSU continues to implement this practice. The Office of Student Conduct provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent.</i> 2. Offer prescription drug lock boxes to students filling new controlled prescriptions. <i>MTSU has not yet completed this activity. We have waited to order the boxes to see if our county prevention coalition has funding to buy in bulk with us.</i> 3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <i>MTSU was successful in again launching its Connection Point social programming series. Connection Point events took place from the weekend prior to classes starting through the first week in October. We have noticed dramatic increases in participation since the program was originally implemented three years ago.</i>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of parental notifications- Unknown; Judicial Affairs provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent 2. # of boxes distributed- 0 3. # of Connection Point events offered, # of attendees- 15 events, 15,258
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations. <i>MTSU continues to implement this practice. The Office of Student Conduct provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent.</i> 2. Offer prescription drug lock boxes to students filling new controlled prescriptions. <i>MTSU has not yet completed this activity. We are still waiting to see if our county prevention coalition has funding to buy in bulk with us.</i> 3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <i>MTSU successfully completed this activity in the 1st quarter. No additional activities happened in the 2nd quarter.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of parental notifications- Unknown; Judicial Affairs provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent 2. # of boxes distributed- 0 3. # of Connection Point events offered, # of attendees- 0 events
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations. <i>MTSU continues to implement this practice. The Office of Student Conduct provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent.</i>

Report Item	Item Information
	<p>2. Offer prescription drug lock boxes to students filling new controlled prescriptions. <i>MTSU has not yet completed this activity. We may table it until next fiscal year.</i></p> <p>3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <i>MTSU successfully completed this activity in the 1st quarter. No additional activities happened in the 3rd quarter.</i></p> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of parental notifications- Unknown; Judicial Affairs provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent 2. # of boxes distributed- 0 3. # of Connection Point events offered, # of attendees- 0 events
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <p>1. Send letters to parents of students under 21 found responsible for alcohol policy violations. <i>MTSU continues to implement this practice. The Office of Student Conduct provides a report of notification letters annually. In the 2018 FY, 20 parental notifications were sent. This number is consistent with previous years, so our trend is one of stability at this time.</i></p> <p>2. Offer prescription drug lock boxes to students filling new controlled prescriptions. <i>MTSU did not complete this activity this year. We have the opportunity to get lock boxes from a neighboring county coalition, and we opted not to purchase any until seeing what they might be able to send to us.</i></p> <p>3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <i>MTSU successfully completed this activity in the 1st quarter. No additional activities happened in the 4th quarter.</i></p> <p>Approved Process Indicators:</p>

Report Item	Item Information
	<ol style="list-style-type: none"> 1. # of parental notifications- 20 2. # of boxes distributed- 0 3. # of Connection Point events offered, # of attendees- 0 events
<p>2. Providing Information</p> <p>Start Date: July 2017</p> <p>Periodicity: Annually</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. 3. Screen health and wellness video at CUSTOMS orientation events. 4. Offer "Rethinking Drinking" presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. Date stamp of email notification 2. # of posters displayed, # of locations displaying poster(s) 3. # of screenings, # of student viewers 4. # of presentations, # of participants
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. <i>MTSU successfully completed this activity after the fall census date. All currently enrolled students and currently employed faculty and staff received an email notification of the university's drug and alcohol policies.</i> 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. <i>MTSU was successful in distributing the first poster in its social norms series this quarter, which stated that 75% of students who don't drink alcohol in a typical week maintain a B average or higher.</i>

Report Item	Item Information
	<p>3. Screen health and wellness video at CUSTOMS orientation events. <i>MTSU successfully completed this activity by screening our health and wellness videos at the three orientation events that took place during this quarter.</i></p> <p>4. Offer “Rethinking Drinking” presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction. <i>MTSU was successful in launching this activity by presenting to an audience of first year student athletes. We anticipate additional presentation requests will follow as the academic year progresses.</i></p> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. Date stamp of email notification- Distributed 09/25/17 2. # of posters displayed, # of locations displaying poster(s)- 150 posters in 24 buildings 3. # of screenings, # of student viewers- 3 screenings for 1,258 student viewers 4. # of presentations, # of participants- 1 presentation for 17 participants
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. <i>MTSU successfully completed this activity in the first quarter.</i> 2. Sponsor social norms campaign highlighting the number of students who don’t drink or who drink in moderation. <i>MTSU was successful in distributing the second poster in its social norms series this quarter, which stated that 76% of MTSU students consume 2 or fewer alcoholic drinks in a typical week.</i> 3. Screen health and wellness video at CUSTOMS orientation events. <i>MTSU successfully completed this activity by during the first quarter.</i> 4. Offer “Rethinking Drinking” presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction. <i>MTSU successfully continued this activity by presenting to an audience of new fraternity and sorority members.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. Date stamp of email notification- Distributed 09/25/17

Report Item	Item Information
	<ol style="list-style-type: none"> 2. # of posters displayed, # of locations displaying poster(s)- 150 posters in 24 buildings 3. # of screenings, # of student viewers- 0 screenings 4. # of presentations, # of participants- 1 presentation for 300 participants
3d Qtr. (Jan-Mar)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. <i>MTSU successfully completed this activity on February 7, 2018, when all students and employees were sent the policy through university email.</i> 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. <i>MTSU was successful in distributing the third poster in its social norms series this quarter, which stated that 80% of MTSU students have never driven a car after drinking. We also distributed 500 calendars featuring a different social norms message each month to offices across campus where students are likely to be seen (i.e., academic advisors' offices, financial aid, etc.). We continue to get comments from those employees about how the students read the calendar messages and ask questions about them.</i> 3. Screen health and wellness video at CUSTOMS orientation events. <i>MTSU successfully completed this activity during the first quarter and began working on an updated video for CUSTOMS events scheduled this summer.</i> 4. Offer "Rethinking Drinking" presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction. <i>No additional "Rethinking Drinking" presentations were offered during the 3^d quarter, although MTSU staff did facilitate an alcohol safety workshop to students, staff, and community members attending a statewide Safety Summit on March 22.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. Date stamp of email notification- Distributed 2/7/18 2. # of posters displayed, # of locations displaying poster(s)- 150 posters in 24 buildings 3. # of screenings, # of student viewers- 0 screenings 4. # of presentations, # of participants- 1 presentation for 40 participants

Report Item	Item Information
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. <i>MTSU successfully completed this activity in the first and third quarters.</i> 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. <i>MTSU successfully completed this activity in the previous quarters, and most of our previously distributed posters are still on display across campus.</i> 3. Screen health and wellness video at CUSTOMS orientation events. <i>MTSU successfully completed this activity during the first quarter and completed and debuted our video revision for use in CUSTOMS orientations during the 4th quarter.</i> 4. Offer "Rethinking Drinking" presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction. <i>While we did not offer any of these presentations during the fourth quarter, we successfully conducted this activity in all previous quarters.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. Date stamp of email notification- Distributed 02/07/18 2. # of posters displayed, # of locations displaying poster(s)- 0 new posters in 24 buildings 3. # of screenings, # of student viewers- 12 screenings, 3100 student viewers 4. # of presentations, # of participants- 0 presentations, 0 participants

Report Item	Item Information
<p>3. Building Skills</p> <p>Start Date: July 2017</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. 3. Participate with county Prevention Coalition for Success. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of trainings, # of attending peer educators 2. # of CHASCo activities, # of invitations extended, # of attending colleagues 3. # of PC4S meetings attended, # of activity partnerships
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. <i>MTSU has not yet completed this activity, as the BACCHUS training takes place during the second quarter.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU has been successful in this activity. Invitations were extended and accepted for the September CHASCo business meeting which covered the connection between substance use and suicide.</i> 3. Participate with county Prevention Coalition for Success. <i>MTSU continues to participate with the county prevention coalition. One of the coalition's board members is an MTSU employee, and the CHASCo liaison for MTSU also attends the monthly membership meetings when possible.</i>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of trainings, # of attending peer educators- 0 2. # of CHASCo activities, # of invitations extended, # of attending colleagues- 1 meeting, 2 invitations extended (Housing and Counseling), 2 colleagues attended 3. # of PC4S meetings attended, # of activity partnerships- 2 meetings attended, 0 current partnerships
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. <i>MTSU was successful in completing this activity by sending five Raider Health Corps members to the BACCHUS Initiatives of NASPA General Assembly held in Denver, CO, November 16th-20th.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU has been successful in this activity. Invitations were extended and accepted for the November CHASCo business meeting which covered best practices for completing a biennial review.</i> 3. Participate with county Prevention Coalition for Success. <i>MTSU continues to participate with the county prevention coalition. One of the coalition's board members is an MTSU employee, and the CHASCo liaison for MTSU also attends the monthly membership meetings when possible. Additionally, we partnered together to sponsor a drug take back event on campus in conjunction with the National Prescription Drug Take Back event. 77 pounds of medication were collected at our campus event.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of trainings, # of attending peer educators- 1, 5 peer educators 2. # of CHASCo activities, # of invitations extended, # of attending colleagues- 1 meeting, 3 invitations extended (University Counsel, Institutional Compliance and Equity, University Police), 2 colleagues attended 3. # of PC4S meetings attended, # of activity partnerships- 1 meetings attended, 1 current partnerships

Report Item	Item Information
3d Qtr. (Jan-Mar)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. <i>MTSU was successful in completing this activity in the 2nd quarter.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU has been successful in this activity. Invitations were extended and accepted for the February CHASCo business meeting which covered ways to partner with community business owners to prevent alcohol-related sexual violence.</i> 3. Participate with county Prevention Coalition for Success. <i>MTSU continues to participate with the county prevention coalition. One of the coalition's advisory board members is an MTSU employee, and the CHASCo liaison for MTSU also serves on the governing board. The governing board meeting for the 3rd quarter was cancelled by the coalition staff. There were also no events or programs this quarter which were jointly sponsored.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of trainings, # of attending peer educators- 0 trainings 2. # of CHASCo activities, # of invitations extended, # of attending colleagues- 1 meeting, 3 invitations extended (University Counsel, Institutional Compliance and Equity, Housing and Residence Life), 2 colleagues attended 3. # of PC4S meetings attended, # of activity partnerships- 0 meetings attended, 0 current partnerships
4th Qtr. (Apr- June)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. <i>MTSU was successful in completing this activity by sending three Raider Health Corps members to the BACCHUS Initiatives of NASPA Region III Conference held in Richmond, VA, April 13th-15th.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU has been successful in this activity. Invitations were extended and accepted for the April CHASCo business meeting, which</i>

Report Item	Item Information
	<p><i>was a webinar about marijuana trends, and to the May Partners in Prevention conference, held at Lipscomb University May 23rd-24th.</i></p> <p>3. Participate with county Prevention Coalition for Success. <i>MTSU continues to participate with the county prevention coalition. One of the coalition’s board members is an MTSU employee, and the CHASCo liaison for MTSU also attends the monthly membership meetings when possible. During the June meeting, the CHASCo liaison conducted the Community Partner Presentation highlighting prevention efforts at MTSU.</i></p> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of trainings, # of attending peer educators- 1, 3 peer educators 2. # of CHASCo activities, # of invitations extended, # of attending colleagues- 2 meetings, 3 invitations extended (Housing, Counseling Services, Women’s Center), 8 colleagues attended 3. # of PC4S meetings attended, # of activity partnerships- 1 meetings attended, 1 current partnership
<p>4. Providing Support</p> <p>Start Date: July 2017</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Provide parents with talking points regarding alcohol use among college students. 2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. 3. Include audience response technology in all ATOD-related presentations. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of orientation sessions, # of parents attending 2. # of students who completed assignment 3. # of presentations, # of respondents

Report Item	Item Information
1st Qtr. (July- Sept)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Provide parents with talking points regarding alcohol use among college students. <i>MTSU successfully completed this activity by providing a handout to all parents attending our July orientation sessions. This handout was distributed at the end of a presentation on transition issues, including substance use, that was facilitated for parents by our Dean of Students.</i> 2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. <i>This activity opened up for student participation in September, but it will not conclude until Oct. 8. Process indicators will be provided in the 2nd quarter report.</i> 3. Include audience response technology in all ATOD-related presentations. <i>MTSU continues to be successful in the implementation of real time audience response technology in its ATOD presentations. This technology is very persuasive in showing students that they often over-perceive the use of substances by their college peers.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of orientation sessions, # of parents attending- 3 sessions, 1171 attending parents 2. # of students who completed assignment- to be determined in 2nd quarter 3. # of presentations, # of respondents- 3 presentations, 302 respondents

Report Item	Item Information
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Provide parents with talking points regarding alcohol use among college students. <i>MTSU successfully completed this activity in the first quarter.</i> 2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. <i>MTSU successfully launched this activity September, and it concluded November 22 (the initial deadline was extended to allow for more participation).</i> 3. Include audience response technology in all ATOD-related presentations. <i>MTSU continues to be successful in the implementation of real time audience response technology in its ATOD presentations. This technology is very persuasive in showing students that they often over-perceive the use of substances by their college peers.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of orientation sessions, # of parents attending- 0 sessions 2. # of students who completed assignment- 592 3. # of presentations, # of respondents- 7 presentations, 133 respondents
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Provide parents with talking points regarding alcohol use among college students. <i>MTSU successfully completed this activity in the first quarter.</i> 2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. <i>MTSU successfully launched this activity September, and it concluded November 22 (the initial deadline was extended to allow for more participation).</i> 3. Include audience response technology in all ATOD-related presentations. <i>MTSU continues to be successful in the implementation of real time audience response technology in its ATOD presentations. This technology is very persuasive in showing students that they often over-perceive the use of substances by their college peers.</i>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of orientation sessions, # of parents attending- 0 sessions 2. # of students who completed assignment- 0 3. # of presentations, # of respondents- 2 presentations, 28 respondents
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Provide parents with talking points regarding alcohol use among college students. <i>MTSU successfully completed this activity by providing a handout to all parents attending our 4th quarter orientation sessions. This handout was distributed at the end of a presentation on transition issues, including substance use, which was facilitated for parents by our Dean of Students.</i> 2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. <i>MTSU successfully completed this activity in the 2nd quarter.</i> 3. Include audience response technology in all ATOD-related presentations. <i>MTSU continues to be successful in the implementation of real time audience response technology in its ATOD presentations. This technology is very persuasive in showing students that they often over-perceive the use of substances by their college peers.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of orientation sessions, # of parents attending- 12 sessions, 2747 attending parents 2. % of students who completed assignment- 0 3. # of presentations, # of respondents- 1 presentation, 15 respondents

Report Item	Item Information
<p>5. Increase Barriers/Reduce Access</p> <p>Start Date: July 2017</p> <p>Periodicity:</p> <p>Daily</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Train student organization leaders in risk management and bystander intervention. 2. Increase campus police patrols in near-campus apartment complexes. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of presentations, # of participants, # of represented organizations 2. Summary description of efforts to limit consequences of substance abuse
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Train student organization leaders in risk management and bystander intervention. <i>MTSU successfully launched this activity by facilitating a training for all newly elected student organization presidents during their annual leadership retreat. Additionally, all Student Government Association (SGA) members received bystander intervention training, and all fall sport athletes were trained prior to beginning team practices.</i> 2. Increase campus police patrols in near-campus apartment complexes. <i>MTSU began work on this activity by entering into a formal Memorandum of Understanding with the City of Murfreesboro Police Department. This agreement will allow University Police to engage in prevention programming in off-campus apartment complexes that are located in close proximity to campus and that cater to college students. The MOU also paves the way for a formalized apartment complex safety program to be facilitated jointly by Murfreesboro Police and University Police.</i> <p>Approved Process Indicators:</p>

Report Item	Item Information
	<ol style="list-style-type: none"> 1. # of presentations, # of participants, # of represented organizations- 18 presentations, 1,304 participants, 101 represented organizations 2. Summary description of efforts to limit consequences of substance abuse- see above description
2nd Qtr. (Oct- Dec)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Train student organization leaders in risk management and bystander intervention. <i>The report organizer feels confident that this activity continued into the second quarter. However, the coordinator of the bystander intervention trainings has been out of town and has not responded to requests for information. When additional information becomes available, I will update this section for the 3rd quarter's report.</i> 2. Increase campus police patrols in near-campus apartment complexes. <i>MTSU continued its formal Memorandum of Understanding with the City of Murfreesboro Police Department into the second quarter. This agreement will allow University Police to engage in prevention programming in off-campus apartment complexes that are located in close proximity to campus and that cater to college students. The MOU also paves the way for a formalized apartment complex safety program to be facilitated jointly by Murfreesboro Police and University Police.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of presentations, # of participants, # of represented organizations- unknown at this time 2. Summary description of efforts to limit consequences of substance abuse- see above description
3d Qtr. (Jan-Mar)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Train student organization leaders in risk management and bystander intervention. <i>MTSU successfully trained more student leaders by facilitating additional "Power of One" workshops. These workshops were open to the campus at large, rather than being sponsored by specific student organizations or departments. We were also given information regarding the number of trainings and number of participants to include the missing 2nd quarter process indicators.</i> 2. Increase campus police patrols in near-campus apartment complexes. <i>MTSU continued its participation in the formal Memorandum of Understanding with the City of Murfreesboro Police Department. This agreement will allow University Police to engage in prevention programming in off-campus apartment complexes that are located in close</i>

Report Item	Item Information
	<p><i>proximity to campus and that cater to college students. The MOU also paves the way for a formalized apartment complex safety program to be facilitated jointly by Murfreesboro Police and University Police.</i></p> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of presentations, # of participants, # of represented organizations- (since October 1) 22 trainings, 736 participants, unknown number of organizations 2. Summary description of efforts to limit consequences of substance abuse- see above description
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Train student organization leaders in risk management and bystander intervention. <i>MTSU successfully completed this activity in the first three quarters of the fiscal year. No additional trainings were scheduled during the fourth quarter.</i> 2. Increase campus police patrols in near-campus apartment complexes. <i>MTSU continued its participation in the formal Memorandum of Understanding with the City of Murfreesboro Police Department. This agreement will allow University Police to engage in prevention programming in off-campus apartment complexes that are located in close proximity to campus and that cater to college students. The MOU also paves the way for a formalized apartment complex safety program to be facilitated jointly by Murfreesboro Police and University Police.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of presentations, # of participants, # of represented organizations- 0 presentations, 0 participants 2. Summary description of efforts to limit consequences of substance abuse- Although direct cause and effect are hard to measure, there have been fewer violent incidents at the near-campus apartments since the MOU was formalized last summer.

Report Item	Item Information
<p>6.Reduce Barriers/Increase Access</p> <p>Start Date: August 2017</p> <p>Periodicity: Annually</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Sponsor student led alcohol-free activities during peak drinking times. 2. Sponsor volunteer activities during fall and spring breaks. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of MTSU After Dark activities sponsored, # of students attending 2. # of students participating
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Sponsor student led alcohol-free activities during peak drinking times. <i>MTSU has not yet offered any MTSU After Dark activities due to the large number of Connection Point activities on the calendar. We anticipate rolling out more of these as the Connection Point activities cease and the academic year continues.</i> 2. Sponsor volunteer activities during fall and spring breaks. <i>MTSU has not yet implemented this activity as neither of these breaks take place during the 1st quarter.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of MTSU After Dark activities sponsored, # of students attending- 0

Report Item	Item Information
	<p>2. # of students participating- 0</p>
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <p>1. Sponsor student led alcohol-free activities during peak drinking times. <i>MTSU Student Programming and Raider Entertainment (SPARE) sponsored an MTSU After Dark event on December 7 called Exam Jam. The event included a midnight breakfast buffet, photo booth, and DJ.</i></p> <p>2. Sponsor volunteer activities during fall and spring breaks. <i>MTSU opted to offer a Habitat for Humanity build in lieu of an alternative fall break this year.</i></p> <p>Approved Process Indicators:</p> <p>1. # of MTSU After Dark activities sponsored, # of students attending- 1 MTSU After Dark activity; 1,227 students attending</p> <p>2. # of students participating- 0</p>
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <p>1. Sponsor student led alcohol-free activities during peak drinking times. <i>MTSU Student Programming and Raider Entertainment (SPARE) sponsored two MTSU After Dark events in January and in March. The January event provided free bowling, laser tag, and arcade games during late night hours, and the March event offered students their choice of free midnight movies at a local movie theater.</i></p> <p>2. Sponsor volunteer activities during fall and spring breaks. <i>MTSU successfully completed this activity by offering alternative spring break activities each day during spring break. These activities included volunteering at a local Head Start, assisting with a Habitat for Humanity build, and sorting food at two food pantries.</i></p> <p>Approved Process Indicators:</p>

Report Item	Item Information
	<ol style="list-style-type: none"> 1. # of MTSU After Dark activities sponsored, # of students attending- 2 MTSU After Dark activities; 1,013 students attending 2. # of students participating- 15
4th Qtr. (Apr- June)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Sponsor student led alcohol-free activities during peak drinking times. <i>MTSU Student Programming and Raider Entertainment (SPARE) sponsored an MTSU After Dark event on April 26 called Exam Jam. The event included a midnight breakfast buffet, photo booth, and DJ.</i> 2. Sponsor volunteer activities during fall and spring breaks. <i>MTSU successfully completed this activity in the second and third quarters.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of MTSU After Dark activities sponsored, # of students attending- 1 MTSU After Dark activity; 849 students attending 2. # of students participating- 0
7. Changing Incentives/Consequences Start Date: Aug. 2017 Periodicity:	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. 2. Assess fines to students found responsible for alcohol policy violations. 3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week.

Report Item	Item Information
Ongoing	<p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of e-CheckUps completed 2. # of fines assessed 3. # of activities, # of distributed incentives, # of participating students
1 st Qtr. (July- Sept)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. <i>MTSU continues to implement this activity as an educational sanction. There is a lower number of e-CheckUp users in the 1st quarter than will likely be seen in other quarters due to low headcount in the summer term months of July and August.</i> 2. Assess fines to students found responsible for alcohol policy violations. <i>MTSU continues to use fines as an alcohol policy violation sanction. The exact number for this quarter is unknown, as the Office of Student Conduct only provides that information to the CHASCo liaison on an annual basis. In the 2017 FY, however, there were 25 students who were sanctioned with a \$40 fine.</i> 3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week. <i>MTSU has not yet implemented this activity as neither awareness week occurred during the first quarter.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of e-CheckUps completed- 13 2. # of fines assessed- 40 in FY 2017 3. # of activities, # of distributed incentives, # of participating students- 0
2 nd Qtr. (Oct- Dec)	<p>Approved Implementation Activity:</p>

Report Item	Item Information
	<p>1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. <i>MTSU continues to implement this activity as an educational sanction. We had a higher usage of this activity in the second quarter, in part due to its promotion during Alcohol Awareness Week.</i></p> <p>2. Assess fines to students found responsible for alcohol policy violations. <i>MTSU continues to use fines as an alcohol policy violation sanction. The exact number for this quarter is unknown, as the Office of Student Conduct only provides that information to the CHASCo liaison on an annual basis. In the 2017 FY, however, there were 25 students who were sanctioned with a \$40 fine.</i></p> <p>3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week. <i>MTSU successfully implemented multiple activities for Alcohol Awareness Week. These activities included a “Think Before You Drink” panel program, and four days of game-based tabling activities in our student union.</i></p> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of e-CheckUps completed- 77 2. # of fines assessed- unknown 3. # of activities, # of distributed incentives, # of participating students- 5 activities, 123 incentives, 123 participants
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <p>1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. <i>MTSU continues to implement this activity as an educational sanction. We had a surge of completions prior to spring break from the University Seminar courses, but there are fewer sections of that course in the spring semester compared to fall, and our number of completions is consequently less than 2nd quarter.</i></p> <p>2. Assess fines to students found responsible for alcohol policy violations. <i>MTSU continues to use fines as an alcohol policy violation sanction. The exact number for this quarter is unknown, as the Office of Student Conduct only provides that information to the CHASCo liaison on an annual basis. In the 2017 FY, however, there were 25 students who were sanctioned with a \$40 fine.</i></p> <p>3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week. <i>Unlike in previous years, we did not complete any activities for Spring Break Safety Week. Due to a</i></p>

Report Item	Item Information
	<p><i>decreased involvement from our student volunteers and ongoing challenges with our IRB for Core Survey approval, we elected to prioritize our staff time in other ways. We do hope to resume the Spring Break Safety Week in 2019.</i></p> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of e-CheckUps completed- 40 2. # of fines assessed- unknown 3. # of activities, # of distributed incentives, # of participating students- 0 activities
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. <i>MTSU continues to implement this activity as an educational sanction. There is a lower number of e-CheckUp users in the 4th quarter than will likely be seen in other quarters due to low headcount in the summer term months of May and June.</i> 2. Assess fines to students found responsible for alcohol policy violations. <i>MTSU has discontinued the use of fines as an alcohol policy violation sanction. The fine was applied at the time of an educational sanction conducted by a community organization, and that partnership fell through before the academic year began.</i> 3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week. <i>MTSU successfully completed this activity in the 2nd quarter.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of e-CheckUps completed- 22 2. # of fines assessed- 0 3. # of activities, # of distributed incentives, # of participating students- 0

Report Item	Item Information
<p>8. Changing the Physical Design of the Environment</p> <p>Start Date: Aug. 2017</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.) 2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of events, # of attendees 2. # of ads removed
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.). <i>MTSU successfully launched this activity by offering alcohol-free tailgating areas at all home football games; however, an accurate headcount is unknown at this time because there was not process in place to have students sign in or out of those areas. Additionally, all student organization-sponsored social events on campus are alcohol-free. The exact number of those activities is unknown at this time.</i> 2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <i>MTSU continues to monitor and remove inappropriate advertisements that run contrary to our prevention plan. This quarter, the CHASCo liaison was notified of one advertisement series that was reported and removed from all known locations. This indicator does not include single ads that may have been removed by campus employees who did not notify the Health Promotion office of the removal.</i>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of events, # of attendees- 2 home football games, unknown number of student organization social events and unknown number of attendees 2. # of ads removed- 1
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <p>1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.). <i>MTSU successfully launched this activity by offering alcohol-free tailgating areas at all home football games; however, an accurate headcount is unknown at this time because there was not process in place to have students sign in or out of those areas. Additionally, all student organization-sponsored social events on campus are alcohol-free. The exact number of those activities is unknown at this time.</i></p> <p>2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <i>MTSU continues to monitor and remove inappropriate advertisements that run contrary to our prevention plan. This quarter, the CHASCo liaison was not notified of any advertisements removed. This indicator does not include ads that may have been removed by campus employees who did not notify the Health Promotion office of the removal.</i></p> <ol style="list-style-type: none"> 1. # of events, # of attendees- 4 home football games, unknown number of student organization social events and unknown number of attendees 2. # of ads removed- 0
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <p>1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.). <i>MTSU continued to successfully offer alcohol-free social activities. Now that football season has concluded, there were no tailgating events. However, we offered 7 alcohol-free trips through our Outdoor Pursuits (MTOP) office, including hiking, caving, biking, and rock climbing, as well as 9 campus social events, including Relay for Life and "MT's Next Top Raider" talent contest.</i></p>

Report Item	Item Information
	<p>2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <i>MTSU continues to monitor and remove inappropriate advertisements that run contrary to our prevention plan. This quarter, the CHASCo liaison was not notified of any advertisements removed. This indicator does not include ads that may have been removed by campus employees who did not notify the Health Promotion office of the removal.</i></p> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of events, # of attendees- 16 alcohol-free social events/activities, 1683 attendees 2. # of ads removed- 0
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.). <i>MTSU continued to successfully offer alcohol-free social activities. We offered 2 alcohol-free trips through our Outdoor Pursuits (MTOP) office, as well as 4 campus social events.</i> 2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <i>MTSU continues to monitor and remove inappropriate advertisements that run contrary to our prevention plan. This quarter, the CHASCo liaison was not notified of any advertisements removed. This indicator does not include ads that may have been removed by campus employees who did not notify the Health Promotion office of the removal.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of events, # of attendees- 6 alcohol-free social events/activities, 572 attendees 2. # of ads removed- 0

MTSU Q3 Report from FY2018 for CHASCo, Division of Substance Abuse Services Developing Coalition Quarterly Report

State of Tennessee

Division of Substance Abuse Services

CHASCo Prevention Plan Quarterly Report

FY 2018

Institution Name: MTSU

Name of Reporting Individual: Lisa Schrader

Date Report Submitted: 4/6/18

Fiscal Year: FY18

Quarterly reports are required from all funded CHASCo Prevention Plan institutions with an approved implementation plan. Reports will be submitted electronically on a quarterly basis. Quarterly reports include information required by this form.

Report Period: 1st Qtr. 2nd Qtr. 3rd Qtr. 4th Qtr.
(July – Sept) (Oct – Dec) (Jan – Mar) (April – June)

Provide (1000 characters or less) your Plan's major accomplishments for this quarter.

1st Qtr. (July - Sept)	MTSU began its fiscal year by providing substance abuse prevention education to incoming students and parents during orientation. We also launched our 2017 Connection Point program series, which provides alcohol-free programming to students during the first six week and had record attendance. Additionally, all student organization leaders, elected student government officials, and athletes were trained in bystander intervention.
2nd Qtr. (Oct - Dec)	Our fiscal year continued with an increase in substance abuse prevention curriculum infusion. Between the provision of training to new Greek members, the introduction of an online curriculum to all students in our first-year experience course, and classroom-based workshops, MTSU students had multiple opportunities and avenues to participate in substance abuse prevention education. Additionally, we were able to send five students to a national conference specifically for training students in peer-to-peer substance abuse prevention.
3rd Qtr. (Jan - Mar)	The third quarter of our fiscal year marked the continuation of our social norms campaign and the additional distribution of social norms calendars to campus partners. We also hosted a statewide Safety Summit to address how campuses can work with local bars to prevent the harms that can be associated with substance use. Additionally, we offered an increased amount of alcohol-free weekend programming.
4th Qtr. (April - June)	

Report Item	Item Information
Implementation plan <i>(Ex: Binge Drinking, Tobacco, Non-Medical Prescription Drug)</i>	Indicate the Implementation Plan for this reporting section (items 1 through 8 below): Binge Drinking
Intervening Variable <i>(Ex: Enforcement; Retail Access; Social Access; Preserved Risk; Promotion)</i>	Indicate the intervening variable for this report section (items 1 through 8 below): Easy Social Access

Report Item	Item Information
<p>1. Policy, Practice, or Procedure Change</p> <p>Start Date: Aug 2017</p> <p>Periodicity: Ongoing, as needed</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations 2. Offer prescription drug lock boxes to students filling new controlled prescriptions. 3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> # of parental notifications # of boxes distributed # of Connection Point events offered, # of attendees
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations. <i>MTSU continues to implement this practice. The Office of Student Conduct provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent.</i> 2. Offer prescription drug lock boxes to students filling new controlled prescriptions. <i>MTSU has not yet completed this activity. We have waited to order the boxes to see if our county prevention coalition has funding to buy in bulk with us.</i> 3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <i>MTSU was successful in again launching its Connection Point social programming series. Connection Point events took place from the weekend prior to classes starting through the first week in October. We have noticed dramatic increases in participation since the program was originally implemented three years ago.</i>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of parental notifications- Unknown; Judicial Affairs provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent 5. # of boxes distributed- 0 6. # of Connection Point events offered, # of attendees- 15 events, 15,258
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <ul style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations. <i>MTSU continues to implement this practice. The Office of Student Conduct provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent.</i> 2. Offer prescription drug lock boxes to students filling new controlled prescriptions. <i>MTSU has not yet completed this activity. We are still waiting to see if our county prevention coalition has funding to buy in bulk with us.</i> 3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <i>MTSU successfully completed this activity in the 1st quarter. No additional activities happened in the 2nd quarter.</i> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of parental notifications- Unknown; Judicial Affairs provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent 5. # of boxes distributed- 0 6. # of Connection Point events offered, # of attendees- 0 events
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <ul style="list-style-type: none"> 1. Send letters to parents of students under 21 found responsible for alcohol policy violations. <i>MTSU continues to implement this practice. The Office of Student Conduct provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent.</i>

Report Item	Item Information
	<p>2. Offer prescription drug lock boxes to students filling new controlled prescriptions. <i>MTSU has not yet completed this activity. We may table it until next fiscal year.</i></p> <p>3. Require first year students to attend six alcohol-free social events in first six weeks of fall semester. <i>MTSU successfully completed this activity in the 1st quarter. No additional activities happened in the 3rd quarter.</i></p> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of parental notifications- Unknown; Judicial Affairs provides a report of notification letters annually, typically in the summer. In the 2017 FY, 20 parental notifications were sent 5. # of boxes distributed- 0 6. # of Connection Point events offered, # of attendees- 0 events
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <p>Approved Process Indicators:</p>
<p>2. Providing Information</p> <p>Start Date: July 2017</p>	<p>Approved Implementation Activity:</p> <ul style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. 3. Screen health and wellness video at CUSTOMS orientation events. 4. Offer "Rethinking Drinking" presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction

Report Item	Item Information
<p>Periodicity:</p> <p>Annually</p>	<p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 5. Date stamp of email notification 6. # of posters displayed, # of locations displaying poster(s) 7. # of screenings, # of student viewers 8. # of presentations, # of participants
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ul style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. <i>MTSU successfully completed this activity after the fall census date. All currently enrolled students and currently employed faculty and staff received an email notification of the university's drug and alcohol policies.</i> 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. <i>MTSU was successful in distributing the first poster in its social norms series this quarter, which stated that 75% of students who don't drink alcohol in a typical week maintain a B average or higher.</i> 3. Screen health and wellness video at CUSTOMS orientation events. <i>MTSU successfully completed this activity by screening our health and wellness videos at the three orientation events that took place during this quarter.</i> 4. Offer "Rethinking Drinking" presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction. <i>MTSU was successful in launching this activity by presenting to an audience of first year student athletes. We anticipate additional presentation requests will follow as the academic year progresses.</i> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 5. Date stamp of email notification- Distributed 09/25/17 6. # of posters displayed, # of locations displaying poster(s)- 150 posters in 24 buildings 7. # of screenings, # of student viewers- 3 screenings for 1,258 student viewers 8. # of presentations, # of participants- 1 presentation for 17 participants

Report Item	Item Information
2nd Qtr. (Oct- Dec)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. <i>MTSU successfully completed this activity in the first quarter.</i> 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. <i>MTSU was successful in distributing the second poster in its social norms series this quarter, which stated that 76% of MTSU students consume 2 or fewer alcoholic drinks in a typical week.</i> 3. Screen health and wellness video at CUSTOMS orientation events. <i>MTSU successfully completed this activity by during the first quarter.</i> 4. Offer "Rethinking Drinking" presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction. <i>MTSU successfully continued this activity by presenting to an audience of new fraternity and sorority members.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 5. Date stamp of email notification- Distributed 09/25/17 6. # of posters displayed, # of locations displaying poster(s)- 150 posters in 24 buildings 7. # of screenings, # of student viewers- 0 screenings 8. # of presentations, # of participants- 1 presentation for 300 participants
3d Qtr. (Jan-Mar)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Notify campus of drug and alcohol policies. <i>MTSU successfully completed this activity on February 7, 2018, when all students and employees were sent the policy through university email.</i> 2. Sponsor social norms campaign highlighting the number of students who don't drink or who drink in moderation. <i>MTSU was successful in distributing the third poster in its social norms series this quarter, which stated that 80% of MTSU students have never driven a car after drinking. We also distributed 500 calendars featuring a different social</i>

Report Item	Item Information
	<p><i>norms message each month to offices across campus where students are likely to be seen (i.e., academic advisors' offices, financial aid, etc.). We continue to get comments from those employees about how the students read the calendar messages and ask questions about them.</i></p> <p>3. Screen health and wellness video at CUSTOMS orientation events. <i>MTSU successfully completed this activity during the first quarter and began working on an updated video for CUSTOMS events scheduled this summer.</i></p> <p>4. Offer "Rethinking Drinking" presentation to student groups addressing usage facts, standard drink sizes, abstinence and harm reduction. <i>No additional "Rethinking Drinking" presentations were offered during the 3^d quarter, although MTSU staff did facilitate an alcohol safety workshop to students, staff, and community members attending a statewide Safety Summit on March 22.</i></p> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 5. Date stamp of email notification- Distributed 2/7/18 6. # of posters displayed, # of locations displaying poster(s)- 150 posters in 24 buildings 7. # of screenings, # of student viewers- 0 screenings 8. # of presentations, # of participants- 1 presentation for 40 participants
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <p>Approved Process Indicators:</p>

Report Item	Item Information
<p>3. Building Skills</p> <p>Start Date: July 2017</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. 3. Participate with county Prevention Coalition for Success. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 4. # of trainings, # of attending peer educators 5. # of CHASCo activities, # of invitations extended, # of attending colleagues 6. # of PC4S meetings attended, # of activity partnerships
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. <i>MTSU has not yet completed this activity, as the BACCHUS training takes place during the second quarter.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU has been successful in this activity. Invitations were extended and accepted for the September CHASCo business meeting which covered the connection between substance use and suicide.</i>

Report Item	Item Information
	<p>3. Participate with county Prevention Coalition for Success. <i>MTSU continues to participate with the county prevention coalition. One of the coalition’s board members is an MTSU employee, and the CHASCo liaison for MTSU also attends the monthly membership meetings when possible.</i></p> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of trainings, # of attending peer educators- 0 5. # of CHASCo activities, # of invitations extended, # of attending colleagues- 1 meeting, 2 invitations extended (Housing and Counseling), 2 colleagues attended 6. # of PC4S meetings attended, # of activity partnerships- 2 meetings attended, 0 current partnerships
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <p>1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. <i>MTSU was successful in completing this activity by sending five Raider Health Corps members to the BACCHUS Initiatives of NASPA General Assembly held in Denver, CO, November 16th-20th.</i></p> <p>2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU has been successful in this activity. Invitations were extended and accepted for the November CHASCo business meeting which covered best practices for completing a biennial review.</i></p> <p>3. Participate with county Prevention Coalition for Success. <i>MTSU continues to participate with the county prevention coalition. One of the coalition’s board members is an MTSU employee, and the CHASCo liaison for MTSU also attends the monthly membership meetings when possible. Additionally, we partnered together to sponsor a drug take back event on campus in conjunction with the National Prescription Drug Take Back event. 77 pounds of medication were collected at our campus event.</i></p>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 4. # of trainings, # of attending peer educators- 1, 5 peer educators 5. # of CHASCo activities, # of invitations extended, # of attending colleagues- 1 meeting, 3 invitations extended (University Counsel, Institutional Compliance and Equity, University Police), 2 colleagues attended 6. # of PC4S meetings attended, # of activity partnerships- 1 meetings attended, 1 current partnerships
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Send Raider Health Corps (peer health educators) officers and other active members to BACCHUS trainings. <i>MTSU was successful in completing this activity in the 2nd quarter.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU has been successful in this activity. Invitations were extended and accepted for the February CHASCo business meeting which covered ways to partner with community business owners to prevent alcohol-related sexual violence.</i> 3. Participate with county Prevention Coalition for Success. <i>MTSU continues to participate with the county prevention coalition. One of the coalition's advisory board members is an MTSU employee, and the CHASCo liaison for MTSU also serves on the governing board. The governing board meeting for the 3rd quarter was cancelled by the coalition staff. There were also no events or programs this quarter which were jointly sponsored.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 4. # of trainings, # of attending peer educators- 0 trainings 5. # of CHASCo activities, # of invitations extended, # of attending colleagues- 1 meeting, 3 invitations extended (University Counsel, Institutional Compliance and Equity, Housing and Residence Life), 2 colleagues attended 6. # of PC4S meetings attended, # of activity partnerships- 0 meetings attended, 0 current partnerships

Report Item	Item Information
4th Qtr. (Apr- June)	<p>Approved Implementation Activity:</p> <p>Approved Process Indicators:</p>
<p>4. Providing Support</p> <p>Start Date: July 2017</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Provide parents with talking points regarding alcohol use among college students. 2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. 3. Include audience response technology in all ATOD-related presentations. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 4. # of orientation sessions, # of parents attending 5. % of students who completed assignment 6. # of presentations, # of respondents
1st Qtr. (July- Sept)	<p>Approved Implementation Activity:</p>

Report Item	Item Information
	<p>1. Provide parents with talking points regarding alcohol use among college students. <i>MTSU successfully completed this activity by providing a handout to all parents attending our July orientation sessions. This handout was distributed at the end of a presentation on transition issues, including substance use, that was facilitated for parents by our Dean of Students.</i></p> <p>2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. <i>This activity opened up for student participation in September, but it will not conclude until Oct. 8. Process indicators will be provided in the 2nd quarter report.</i></p> <p>3. Include audience response technology in all ATOD-related presentations. <i>MTSU continues to be successful in the implementation of real time audience response technology in its ATOD presentations. This technology is very persuasive in showing students that they often over-perceive the use of substances by their college peers.</i></p> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of orientation sessions, # of parents attending- 3 sessions, 1171 attending parents 5. % of students who completed assignment- to be determined in 2nd quarter 6. # of presentations, # of respondents- 3 presentations, 302 respondents
2nd Qtr. (Oct- Dec)	<p>Approved Implementation Activity:</p> <p>1. Provide parents with talking points regarding alcohol use among college students. <i>MTSU successfully completed this activity in the first quarter.</i></p> <p>2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. <i>MTSU successfully launched this activity September, and it concluded November 22 (the initial deadline was extended to allow for more participation).</i></p> <p>3. Include audience response technology in all ATOD-related presentations. <i>MTSU continues to be successful in the implementation of real time audience response technology in its ATOD presentations. This technology is very persuasive in showing students that they often over-perceive the use of substances by their college peers.</i></p>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of orientation sessions, # of parents attending- 0 sessions 5. % of students who completed assignment- 592 6. # of presentations, # of respondents- 7 presentations, 133 respondents
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <ul style="list-style-type: none"> 1. Provide parents with talking points regarding alcohol use among college students. <i>MTSU successfully completed this activity in the first quarter.</i> 2. Require completion of itMatters online alcohol education curriculum by all students enrolled in UNIV 1010. <i>MTSU successfully launched this activity September, and it concluded November 22 (the initial deadline was extended to allow for more participation).</i> 3. Include audience response technology in all ATOD-related presentations. <i>MTSU continues to be successful in the implementation of real time audience response technology in its ATOD presentations. This technology is very persuasive in showing students that they often over-perceive the use of substances by their college peers.</i> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of orientation sessions, # of parents attending- 0 sessions 5. % of students who completed assignment- 0 6. # of presentations, # of respondents- 2 presentations, 28 respondents

Report Item	Item Information
4th Qtr. (Apr- June)	<p>Approved Implementation Activity:</p> <p>Approved Process Indicators:</p>
<p>5. Increase Barriers/Reduce Access</p> <p>Start Date: July 2017</p> <p>Periodicity:</p> <p>Daily</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Train student organization leaders in risk management and bystander intervention. 2. Increase campus police patrols in near-campus apartment complexes. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 3. # of presentations, # of participants, # of represented organizations 4. Summary description of efforts to limit consequences of substance abuse
1st Qtr. (July- Sept)	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Train student organization leaders in risk management and bystander intervention. <i>MTSU successfully launched this activity by facilitating a training for all newly elected student organization presidents during their annual leadership retreat. Additionally, all Student Government Association (SGA) members received bystander intervention training, and all fall sport athletes were trained prior to beginning team practices.</i> 2. Increase campus police patrols in near-campus apartment complexes. <i>MTSU began work on this activity by entering into a formal Memorandum of Understanding with the City of Murfreesboro Police Department. This</i>

Report Item	Item Information
	<p><i>agreement will allow University Police to engage in prevention programming in off-campus apartment complexes that are located in close proximity to campus and that cater to college students. The MOU also paves the way for a formalized apartment complex safety program to be facilitated jointly by Murfreesboro Police and University Police.</i></p> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 3. # of presentations, # of participants, # of represented organizations- 18 presentations, 1,304 participants, 101 represented organizations 4. Summary description of efforts to limit consequences of substance abuse- see above description
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <p>1. Train student organization leaders in risk management and bystander intervention. <i>The report organizer feels confident that this activity continued into the second quarter. However, the coordinator of the bystander intervention trainings has been out of town and has not responded to requests for information. When additional information becomes available, I will update this section for the 3rd quarter's report.</i></p> <p>2. Increase campus police patrols in near-campus apartment complexes. <i>MTSU continued its formal Memorandum of Understanding with the City of Murfreesboro Police Department into the second quarter. This agreement will allow University Police to engage in prevention programming in off-campus apartment complexes that are located in close proximity to campus and that cater to college students. The MOU also paves the way for a formalized apartment complex safety program to be facilitated jointly by Murfreesboro Police and University Police.</i></p> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 3. # of presentations, # of participants, # of represented organizations- unknown at this time 4. Summary description of efforts to limit consequences of substance abuse- see above description

Report Item	Item Information
3d Qtr. (Jan-Mar)	<p>Approved Implementation Activity:</p> <p>1. Train student organization leaders in risk management and bystander intervention. <i>MTSU successfully trained more student leaders by facilitating additional “Power of One” workshops. These workshops were open to the campus at large, rather than being sponsored by specific student organizations or departments. We were also given information regarding the number of trainings and number of participants to include the missing 2nd quarter process indicators.</i></p> <p>2. Increase campus police patrols in near-campus apartment complexes. <i>MTSU continued its participation in the formal Memorandum of Understanding with the City of Murfreesboro Police Department. This agreement will allow University Police to engage in prevention programming in off-campus apartment complexes that are located in close proximity to campus and that cater to college students. The MOU also paves the way for a formalized apartment complex safety program to be facilitated jointly by Murfreesboro Police and University Police.</i></p> <p>Approved Process Indicators:</p> <p>3. # of presentations, # of participants, # of represented organizations- (since October 1) 22 trainings, 736 participants, unknown number of organizations</p> <p>4. Summary description of efforts to limit consequences of substance abuse- see above description</p>
4th Qtr. (Apr- June)	<p>Approved Implementation Activity:</p> <p>Approved Process Indicators:</p>

Report Item	Item Information
<p>6.Reduce Barriers/Increase Access</p> <p>Start Date: August 2017</p> <p>Periodicity: Annually</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Sponsor student led alcohol-free activities during peak drinking times. 2. Sponsor volunteer activities during fall and spring breaks. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 3. # of MTSU After Dark activities sponsored, # of students attending 4. # of students participating
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Sponsor student led alcohol-free activities during peak drinking times. <i>MTSU has not yet offered any MTSU After Dark activities due to the large number of Connection Point activities on the calendar. We anticipate rolling out more of these as the Connection Point activities cease and the academic year continues.</i> 2. Sponsor volunteer activities during fall and spring breaks. <i>MTSU has not yet implemented this activity as neither of these breaks take place during the 1st quarter.</i> <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 3. # of MTSU After Dark activities sponsored, # of students attending- 0 4. # of students participating- 0

Report Item	Item Information
2nd Qtr. (Oct- Dec)	<p>Approved Implementation Activity:</p> <p>1. Sponsor student led alcohol-free activities during peak drinking times. <i>MTSU Student Programming and Raider Entertainment (SPARE) sponsored an MTSU After Dark event on December 7 called Exam Jam. The event included a midnight breakfast buffet, photo booth, and DJ.</i></p> <p>2. Sponsor volunteer activities during fall and spring breaks. <i>MTSU opted to offer a Habitat for Humanity build in lieu of an alternative fall break this year.</i></p> <p>Approved Process Indicators:</p> <p>3. # of MTSU After Dark activities sponsored, # of students attending- 1 MTSU After Dark activity; 1,227 students attending</p> <p>4. # of students participating- 0</p>
3d Qtr. (Jan-Mar)	<p>Approved Implementation Activity:</p> <p>1. Sponsor student led alcohol-free activities during peak drinking times. <i>MTSU Student Programming and Raider Entertainment (SPARE) sponsored two MTSU After Dark events in January and in March. The January event provided free bowling, laser tag, and arcade games during late night hours, and the March event offered students their choice of free midnight movies at a local movie theater.</i></p> <p>2. Sponsor volunteer activities during fall and spring breaks. <i>MTSU successfully completed this activity by offering alternative spring break activities each day during spring break. These activities included volunteering at a local Head Start, assisting with a Habitat for Humanity build, and sorting food at two food pantries.</i></p> <p>Approved Process Indicators:</p>

Report Item	Item Information
	<p>3. # of MTSU After Dark activities sponsored, # of students attending- 2 MTSU After Dark activities; 1,013 students attending</p> <p>4. # of students participating- 15</p>
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p> <p>Approved Process Indicators:</p>
<p>7. Changing Incentives/Consequences</p> <p>Start Date: Aug. 2017</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <p>1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction.</p> <p>2. Assess fines to students found responsible for alcohol policy violations.</p> <p>3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week.</p> <p>Approved Process Indicators:</p> <p>4. # of e-CheckUps completed</p> <p>5. # of fines assessed</p> <p>6. # of activities, # of distributed incentives, # of participating students</p>
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p>

Report Item	Item Information
	<p>1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. <i>MTSU continues to implement this activity as an educational sanction. There is a lower number of e-CheckUp users in the 1st quarter than will likely be seen in other quarters due to low headcount in the summer term months of July and August.</i></p> <p>2. Assess fines to students found responsible for alcohol policy violations. <i>MTSU continues to use fines as an alcohol policy violation sanction. The exact number for this quarter is unknown, as the Office of Student Conduct only provides that information to the CHASCo liaison on an annual basis. In the 2017 FY, however, there were 25 students who were sanctioned with a \$40 fine.</i></p> <p>3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week. <i>MTSU has not yet implemented this activity as neither awareness week occurred during the first quarter.</i></p> <p>Approved Process Indicators:</p> <p>4. # of e-CheckUps completed- 13</p> <p>5. # of fines assessed- 40</p> <p>6. # of activities, # of distributed incentives, # of participating students- 0</p>
2 nd Qtr. (Oct- Dec)	<p>Approved Implementation Activity:</p> <p>1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. <i>MTSU continues to implement this activity as an educational sanction. We had a higher usage of this activity in the second quarter, in part due to its promotion during Alcohol Awareness Week.</i></p> <p>2. Assess fines to students found responsible for alcohol policy violations. <i>MTSU continues to use fines as an alcohol policy violation sanction. The exact number for this quarter is unknown, as the Office of Student Conduct only provides that information to the CHASCo liaison on an annual basis. In the 2017 FY, however, there were 25 students who were sanctioned with a \$40 fine.</i></p> <p>3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week. <i>MTSU successfully implemented multiple activities for Alcohol Awareness Week. These activities included a “Think Before You Drink” panel program, and four days of game-based tabling activities in our student union.</i></p>

Report Item	Item Information
	<p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of e-CheckUps completed- 77 5. # of fines assessed- unknown 6. # of activities, # of distributed incentives, # of participating students- 5 activities, 123 incentives, 123 participants
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <p>1. Offer e-CheckUpToGo to Housing and Student Conduct administrators as possible sanction. <i>MTSU continues to implement this activity as an educational sanction. We had a surge of completions prior to spring break from the University Seminar courses, but there are fewer sections of that course in the spring semester compared to fall, and our number of completions is consequently less than 2nd quarter.</i></p> <p>2. Assess fines to students found responsible for alcohol policy violations. <i>MTSU continues to use fines as an alcohol policy violation sanction. The exact number for this quarter is unknown, as the Office of Student Conduct only provides that information to the CHASCo liaison on an annual basis. In the 2017 FY, however, there were 25 students who were sanctioned with a \$40 fine.</i></p> <p>3. Offer incentives to students attending promotional events such as Alcohol Awareness Week and Spring Break Safety Week. <i>Unlike in previous years, we did not complete any activities for Spring Break Safety Week. Due to a decreased involvement from our student volunteers and ongoing challenges with our IRB for Core Survey approval, we elected to prioritize our staff time in other ways. We do hope to resume the Spring Break Safety Week in 2019.</i></p> <p>Approved Process Indicators:</p> <ul style="list-style-type: none"> 4. # of e-CheckUps completed- 40 5. # of fines assessed- unknown 6. # of activities, # of distributed incentives, # of participating students- 0 activities
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p>

Report Item	Item Information
	<p>Approved Process Indicators:</p>
<p>8. Changing the Physical Design of the Environment</p> <p>Start Date: Aug. 2017</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.) 2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 3. # of events, # of attendees 4. # of ads removed
<p>1st Qtr. (July- Sept)</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.). <i>MTSU successfully launched this activity by offering alcohol-free tailgating areas at all</i>

Report Item	Item Information
	<p><i>home football games; however, an accurate headcount is unknown at this time because there was not process in place to have students sign in or out of those areas. Additionally, all student organization-sponsored social events on campus are alcohol-free. The exact number of those activities is unknown at this time.</i></p> <p>2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <i>MTSU continues to monitor and remove inappropriate advertisements that run contrary to our prevention plan. This quarter, the CHASCo liaison was notified of one advertisement series that was reported and removed from all known locations. This indicator does not include single ads that may have been removed by campus employees who did not notify the Health Promotion office of the removal.</i></p> <p>Approved Process Indicators:</p> <p>3. # of events, # of attendees- 2 home football games, unknown number of student organization social events and unknown number of attendees</p> <p>4. # of ads removed- 1</p>
<p>2nd Qtr. (Oct- Dec)</p>	<p>Approved Implementation Activity:</p> <p>1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.). <i>MTSU successfully launched this activity by offering alcohol-free tailgating areas at all home football games; however, an accurate headcount is unknown at this time because there was not process in place to have students sign in or out of those areas. Additionally, all student organization-sponsored social events on campus are alcohol-free. The exact number of those activities is unknown at this time.</i></p> <p>2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <i>MTSU continues to monitor and remove inappropriate advertisements that run contrary to our prevention plan. This quarter, the CHASCo liaison was not notified of any advertisements removed. This indicator does not include ads that may have been removed by campus employees who did not notify the Health Promotion office of the removal.</i></p>

Report Item	Item Information
	<p>3. # of events, # of attendees- 4 home football games, unknown number of student organization social events and unknown number of attendees</p> <p>4. # of ads removed- 0</p>
<p>3d Qtr. (Jan-Mar)</p>	<p>Approved Implementation Activity:</p> <p>1. Coordinate welcoming environments for safe, alcohol-free social events and recreation (ex., tailgating, BAE Watch, MTOP trips, etc.). <i>MTSU continued to successfully offer alcohol-free social activities. Now that football season has concluded, there were no tailgating events. However, we offered 7 alcohol-free trips through our Outdoor Pursuits (MTOP) office, including hiking, caving, biking, and rock climbing, as well as 9 campus social events, including Relay for Life and “MT’s Next Top Raider” talent contest.</i></p> <p>2. Monitor and remove advertisements for off-campus parties and alcohol drink specials. <i>MTSU continues to monitor and remove inappropriate advertisements that run contrary to our prevention plan. This quarter, the CHASCo liaison was not notified of any advertisements removed. This indicator does not include ads that may have been removed by campus employees who did not notify the Health Promotion office of the removal.</i></p> <p>Approved Process Indicators:</p> <p>3. # of events, # of attendees- 16 alcohol-free social events/activities, 1683 attendees</p> <p>4. # of ads removed- 0</p>
<p>4th Qtr. (Apr- June)</p>	<p>Approved Implementation Activity:</p>

Report Item	Item Information
	Approved Process Indicators:

Appendix F – MTSU Q4 Report from FY2017 for CHASCo, Division of Substance Abuse Services Developing Coalition Quarterly Report

Coalition Name: MTSU/CHASCo

Name of Reporting Individual: Lisa Schrader Date Report Submitted: 4/7/17 Fiscal Year: FY17

Quarterly reports are required from all funded Developing Coalitions with an approved implementation plan. Reports will be submitted electronically to Trang Wadsworth at trang.a.wadsworth@tn.gov by the 15th of the month with the exception of the final quarterly report (i.e. Quarterly Reports due on **October 15, January 15, April 15 and July 31**) following the quarter. A copy of these reports with supporting documents must be maintained by the Coalition and are subject to review by the State. Information is required for all quarterly activities funded by the Developing Coalition grant and as identified in the coalitions approved implementation plan. Quarterly reports include information required by this form and the DSAS's Training Hours report form. Failure to provide required reports is a violation of contract requirements. **For instructions on completing this report see quarterly report instructions sheet** (separate document).

Report Period: 1st Qtr. 2nd Qtr. 3rd Qtr. 4th Qtr.
 (July – Sept) (Oct – Dec) (Jan – Mar) (April – June)

Provide (1000 characters or less) your Coalition's major accomplishments for this quarter.

NOTE: A separate 1000 character write up should be completed for each approved substance.

1st Qtr. (July - Sept)	MTSU had a busy 1 st quarter, which included the provision of alcohol policy and education information to incoming students and their parents in orientation programs; the beginning of Connection Point social programs spanning the first six weeks of the school year; and continued work with local prevention coalitions. Our Connection Point programs saw a 10% increase in participation since last year. We also hired a part time health educator to help increase our outreach capacity and social media activity.
2nd Qtr. (Oct - Dec)	MTSU continued its work into the 2 nd Quarter offering programs for National Collegiate Alcohol Awareness Week and partnering with multiple student organizations to offer standard drink training. Additionally, we were able to send four Raider Health Corps volunteers to a national conference on providing substance use prevention and education to college students in a peer to peer format.
3rd Qtr. (Jan - Mar)	MTSU's accomplishments during the 3 rd quarter included launching its 2017 social norms campaign, sponsoring new Connection Point programs, and hosting educational activities for Spring Break Safety Week. Additionally, we were able to send six Raider Health Corps members and one staff member to the BACCHUS Initiatives of NASPA Region III conference in Denton, TX.
4th Qtr. (April - June)	MTSU finished the fiscal year by totaling its annual alcohol violations and sanctions information. We were successful in launching prevention information into our CUSTOMS orientation programs for students in May and June. We also were able to build skills in providing support to our campus and coalition partners through participation in multiple professional development opportunities, such as BASICS training and the Partners in Prevention conference.

Report Item	Item Information
Implementation plan <i>(Ex: Binge Drinking, Tobacco, Non-Medical Prescription Drug)</i>	Indicate the Implementation Plan for this reporting section (items 1 through 8 below): Binge Drinking
Intervening Variable <i>(Ex: Enforcement; Retail Access; Social Access; Preserved Risk; Promotion)</i>	Indicate the intervening variable for this report section (items 1 through 8 below): Low Perceived Risk
1. Policy, Practice, or Procedure Change Start Date: Aug 2016 Periodicity: Ongoing, as needed Anticipated Completion Date: Ongoing	Approved Implementation Activity: 1. Implement a campus policy and procedure using e-CHUG and e-TOKE in first year seminar, ATOD counseling clients, and sanctioned students 2. Implement a campus policy and procedure distributing letters to parents of students under 21 charged with an alcohol violation 3. Implement a campus policy and procedure requiring students in violation of alcohol in housing complete e-CHUG rather than being suspended or expelled Approved Process Indicators: 1. # of e-CHUG assessments completed 2. # of e-TOKE assessments completed 3. # of parental notifications

Report Item	Item Information
1st Qtr. (July- Sept)	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Implement a campus policy and procedure using e-CHUG and e-TOKE in first year seminar, ATOD counseling clients, and sanctioned students. <i>MTSU continued using e-CHUG and e-TOKE in first year seminar course as an optional assignment. We were also successful in implementing e-CHUG and e-TOKE as an optional tool for ATOD counseling clients and sanctioned students. Because each case is different, there is not a defined counseling/sanction process that would look exactly the same for every student. But having the option of e-CHUG and e-TOKE has been a well-received option for campus administrators.</i> 2. Implement a campus policy and procedure distributing letters to parents of students under 21 charged with an alcohol violation. <i>MTSU successfully implemented a campus policy and procedure to notify parents of students under 21 in writing when the student was charged with an alcohol violation. This policy is in keeping with laws and policies of the State of Tennessee and the Tennessee Board of Regents. The letters are sent as the violations occur rather than in a bulk mailing. The number of letters sent this specific quarter is not currently available, as they are tabulated annually at the conclusion of the fiscal year; however, 84 letters were sent home during the 2015-2016 Academic Year.</i> 3. Implement a campus policy and procedure requiring students in violation of alcohol in housing complete e-CHUG rather than being suspended or expelled. <i>MTSU was successful in continuing this policy and procedure during the 1st Quarter.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of e-CHUG assessments completed: 46 2. # of e-TOKE assessments completed: 32 3. # of parental notifications: unknown at this time
2nd Qtr. (Oct- Dec)	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Implement a campus policy and procedure using e-CHUG and e-TOKE in first year seminar, ATOD counseling clients, and sanctioned students. <i>MTSU continued using e-CHUG and e-TOKE in first year seminar course as an optional assignment. We had an increased number of students using these tools this quarter as they were promoted in the month of October as part of</i>

Report Item	Item Information
	<p><i>Alcohol Awareness Week activities. We were also successful in implementing e-CHUG and e-TOKE as an optional tool for ATOD counseling clients and sanctioned students. Because each case is different, there is not a defined counseling/sanction process that would look exactly the same for every student. But having the option of e-CHUG and e-TOKE has been a well-received option for campus administrators.</i></p> <p>2. Implement a campus policy and procedure distributing letters to parents of students under 21 charged with an alcohol violation. <i>MTSU successfully implemented a campus policy and procedure to notify parents of students under 21 in writing when the student was charged with an alcohol violation. This policy is in keeping with laws and policies of the State of Tennessee and the Tennessee Board of Regents. The letters are sent as the violations occur rather than in a bulk mailing. The number of letters sent this specific quarter is not currently available, as they are tabulated annually at the conclusion of the fiscal year; however, 84 letters were sent home during the 2015-2016 Academic Year.</i></p> <p>3. Implement a campus policy and procedure requiring students in violation of alcohol in housing complete e-CHUG rather than being suspended or expelled. <i>MTSU was successful in continuing this policy and procedure during the 2nd Quarter.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of e-CHUG assessments completed: 74 2. # of e-TOKE assessments completed: 61 3. # of parental notifications: unknown at this time
3d Qtr. (Jan-Mar)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Implement a campus policy and procedure using e-CHUG and e-TOKE in first year seminar, ATOD counseling clients, and sanctioned students. <i>MTSU continued using e-CHUG and e-TOKE in first year seminar course as an optional assignment. There are not as many sections of this course in the spring semester, so we have a smaller number of assessments completed this quarter. We continue to use them as optional tools for ATOD counseling clients and sanctioned students. Because each case is different, there is not a defined counseling/sanction process that would look exactly the same for every student. But having the option of e-CHUG and e-TOKE has been a well-received option for campus administrators.</i></p> <p>2. Implement a campus policy and procedure distributing letters to parents of students under 21 charged with an alcohol violation. <i>MTSU successfully implemented a campus policy and procedure to notify parents of students under 21 in writing when the student was charged with an alcohol violation. This policy is in keeping with laws and policies of the State of Tennessee and the Tennessee Board of Regents. The letters are sent as the violations occur rather than in a bulk mailing. The number of letters sent this specific quarter is not currently available, as they are tabulated annually at the conclusion of the fiscal year; however, 84 letters were sent home during the 2015-2016 Academic Year.</i></p> <p>3. Implement a campus policy and procedure requiring students in violation of alcohol in housing complete e-CHUG rather than being suspended or expelled. <i>MTSU was successful in continuing this policy and procedure during the 3rd Quarter.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of e-CHUG assessments completed: 69 2. # of e-TOKE assessments completed: 50 3. # of parental notifications: unknown at this time
4th Qtr. (Apr- June)	

Report Item	Item Information
	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Implement a campus policy and procedure using e-CHUG and e-TOKE in first year seminar, ATOD counseling clients, and sanctioned students. <i>MTSU continued using e-CHUG and e-TOKE in first year seminar course as an optional assignment. There are not as many sections of this course in the spring semester, and most of the ones who used it did so in the third quarter, so we have a smaller number of assessments completed this quarter. We continue to use them as optional tools for ATOD counseling clients and sanctioned students. Because each case is different, there is not a defined counseling/sanction process that would look exactly the same for every student. But having the option of e-CHUG and e-TOKE has been a well-received option for campus administrators.</i> 2. Implement a campus policy and procedure distributing letters to parents of students under 21 charged with an alcohol violation. <i>MTSU successfully implemented a campus policy and procedure to notify parents of students under 21 in writing when the student was charged with an alcohol violation. This policy is in keeping with laws and policies of the State of Tennessee and the Tennessee Board of Regents. The letters are sent as the violations occur rather than in a bulk mailing. A total of 41 letters were sent home during the 2016-2017 Academic Year.</i> 3. Implement a campus policy and procedure requiring students in violation of alcohol in housing complete e-CHUG rather than being suspended or expelled. <i>MTSU was successful in continuing this policy and procedure during the 4th Quarter.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of e-CHUG assessments completed: 31 2. # of e-TOKE assessments completed: 31 3. # of parental notifications: 41
<p>2. Providing Information</p> <p>Start Date: July 2016</p> <p>Periodicity: Annually</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Provide social norms marketing campaign around binge drinking 2. Give parents information at orientation about alcohol risks 3. Screen health and wellness promotional video 4. Distribute campus-wide information about local alcohol policies <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of calendars, # of posters, # of locations, # of advertisements, # of table tents placed 2. # of parents registered for orientation 3. # of screenings, # of student viewers 4. # of students and employees receiving policy
<p>1st Qtr. (July- Sept)</p>	<p><i>Enter activities associated with this strategy:</i></p>

Report Item	Item Information
	<p>1. Provide social norms marketing campaign around binge drinking. <i>As most of this quarter fell during our summer term when there are relatively few students on campus, we opted to delay initiation of this activity until later in the academic year.</i></p> <p>2. Give parents information at orientation about alcohol risks. <i>MTSU successfully completed this activity in July. Parents of incoming students who attended our CUSTOMS orientation program were assigned to a special information session on transition issues of college students that included information on alcohol use and risks. They were also provided a handout titled "Keeping Your Son or Daughter Safe in a Time of Transition" that specifically addressed AOD risks.</i></p> <p>3. Screen health and wellness promotional video. <i>MTSU accomplished this objective by screening a video on collegiate health and wellness issues to incoming students as part of the CUSTOMS orientation program.</i></p> <p>4. Distribute campus-wide information about local alcohol policies. <i>Per the requirements of EDGAR 86 legislation, all enrolled students must be notified of campus alcohol policies and resources. This notification took place during the month of September. Additionally, new employees are given a policy handbook during their orientation period. However, the exact number of new hires is unknown to campus prevention staff. Human Resources does not provide that information to prevention staff. Most new hires enter in the summer, so the number of new employees this quarter was probably higher.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of advertisements, # of table tents placed: 0</p> <p>2. # of parents registered for orientation: 766 parents</p> <p>3. # of screenings, # of student viewers: 6 screenings, 1,359 students</p> <p>4. # of students and employees receiving policy: 22,050 students, unknown number of employees</p>
<p>2nd Qtr. (Oct- Dec)</p>	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Provide social norms marketing campaign around binge drinking. <i>This activity will take place in 3rd quarter when students return to campus for the spring semester.</i></p> <p>2. Give parents information at orientation about alcohol risks. <i>This activity was completed in December when orientation was held for students and their parents prior to enrollment in the Spring 2017 semester. Parents of incoming students who attended our CUSTOMS orientation program were assigned to a special information session on transition issues of college students that included information on alcohol use and risks. They were also provided a handout titled "Keeping Your Son or Daughter Safe in a Time of Transition" that specifically addressed AOD risks.</i></p> <p>3. Screen health and wellness promotional video. <i>MTSU accomplished this objective by screening a video on collegiate health and wellness issues to incoming students as part of the CUSTOMS orientation program.</i></p> <p>4. Distribute campus-wide information about local alcohol policies. <i>This activity was successfully completed in the 1st quarter.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of advertisements, # of table tents placed: 0</p> <p>2. # of parents registered for orientation: 222 parents</p> <p>3. # of screenings, # of student viewers: 2 screenings, 276 viewers</p> <p>4. # of students and employees receiving policy: 0 students, unknown number of employees</p>
<p>3d Qtr. (Jan-Mar)</p>	<p><i>Enter activities associated with this strategy:</i></p>

Report Item	Item Information
	<p>1. Provide social norms marketing campaign around binge drinking. <i>MTSU made progress on this objective as our messages and posters were approved in the 3rd quarter. We also successfully distributed 500 calendars displaying last year's approved messages to students and staff.</i></p> <p>2. Give parents information at orientation about alcohol risks. <i>This activity was completed in December when orientation was held for students and their parents prior to enrollment in the Spring 2017 semester. Parents of incoming students who attended our CUSTOMS orientation program were assigned to a special information session on transition issues of college students that included information on alcohol use and risks. They were also provided a handout titled "Keeping Your Son or Daughter Safe in a Time of Transition" that specifically addressed AOD risks.</i></p> <p>3. Screen health and wellness promotional video. <i>MTSU accomplished this objective by screening a video on collegiate health and wellness issues to incoming students as part of the CUSTOMS orientation program.</i></p> <p>4. Distribute campus-wide information about local alcohol policies. <i>This activity was successfully completed in the 1st quarter.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of advertisements, # of table tents placed: 500 calendars, 0 posters/ advertisements/ table tents</p> <p>2. # of parents registered for orientation: 0</p> <p>3. # of screenings, # of student viewers: 0</p> <p>4. # of students and employees receiving policy: 0 students, unknown number of employees</p>
4 th Qtr. (Apr- June)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Provide social norms marketing campaign around binge drinking. <i>This activity was launched in the 3rd quarter. While no new print ads were placed in the 4th quarter, many locations are still displaying the ads distributed in January.</i></p> <p>2. Give parents information at orientation about alcohol risks. <i>MTSU successfully implemented this strategy with parents attending orientation sessions with their sons and daughters during May and June. Parents of incoming students were assigned to a special information session on transition issues of college students that included information on alcohol use and risks. They were also provided a handout titled "Keeping Your Son or Daughter Safe in a Time of Transition" that specifically addressed AOD risks.</i></p> <p>3. Screen health and wellness promotional video. <i>MTSU accomplished this objective by screening a video on collegiate health and wellness issues to incoming students as part of the CUSTOMS orientation program.</i></p> <p>4. Distribute campus-wide information about local alcohol policies. <i>This activity was successfully completed in the 1st quarter.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of advertisements, # of table tents placed: 0 calendars, 0 posters, 0 locations, 0 advertisements, 0 table tents</p> <p>2. # of parents registered for orientation: 1,926</p> <p>3. # of screenings, # of student viewers: 7 screenings, 1,914 students viewers</p> <p>4. # of students and employees receiving policy: 0 students, unknown number of employees</p>

Report Item	Item Information
<p>3. Building Skills</p> <p>Start Date: July 2016</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Offer training on standard drink sizing 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. 3. Participate with CADCOR to build a strategic partnership to address community alcohol concerns around campus and share data on 18-24 year old demographic <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of trainings provided, # of students attending 2. # of invitations extended, # of colleagues participating 3. # of meetings attended, # of projects participated in
<p>1st Qtr. (July- Sept)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Offer training on standard drink sizing. <i>MTSU accomplished this objective through sponsoring one training on standard drink sizes for Greek-affiliated students. Additional trainings will be offered in the next quarter as part of Alcohol Awareness Week in October.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU accomplished this objective by inviting relevant colleagues to view the September CHASCo webinar on results of the College Alcohol Study. In addition to the campus liaison, one other staff member was invited and participated.</i> 3. Participate with CADCOR to build a strategic partnership to address community alcohol concerns around campus and share data on 18-24 year old demographic. <i>MTSU accomplished this activity by sending staff to 4 of 6 CADCOR meetings held during the first quarter and assisting with drug take back initiatives.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of trainings provided, # of students attending: 1 training, 250 students 2. # of invitations extended, # of colleagues participating: 1 invitation, 1 colleague participating 3. # of meetings attended, # of projects participated in: 4 meetings attended, 1 project
<p>2nd Qtr. (Oct- Dec)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Offer training on standard drink sizing. <i>MTSU accomplished this activity by offering three trainings on standard drink sizes to students. These trainings included classroom presentations and tabling events during Alcohol Awareness Week in October.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU accomplished this activity by participating in the November CHASCo meeting, which included professional development on the Certified Prevention Specialist Credential and how to work more closely with the Tennessee Certification Board.</i> 3. Participate with CADCOR to build a strategic partnership to address community alcohol concerns around campus and share data on 18-24 year old demographic. <i>MTSU successfully completed this activity by attending three of five CADCOR meetings held during the second quarter. No special projects took place during this quarter, however.</i>

Report Item	Item Information
	<p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of trainings provided, # of students attending: 3 trainings, 99 students 2. # of invitations extended, # of colleagues participating: 3 invitations, 1 colleague participating 3. # of meetings attended, # of projects participated in: 3 meetings, 0 projects
<p>3d Qtr. (Jan-Mar)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Offer training on standard drink sizing. <i>This strategy was primarily completed in the second quarter. However, did provide standard drink information at info tables for Spring Break Safety Week.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU accomplished this activity by participating in the February CHASCo meeting, which included professional development on special considerations on substance use among the LGBT+ population.</i> 3. Participate with CADCOR to build a strategic partnership to address community alcohol concerns around campus and share data on 18-24 year old demographic. <i>MTSU successfully completed this activity by attending three of six CADCOR meetings held during the second quarter. No special projects took place during this quarter, however.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of trainings provided, # of students attending: 1 info table, 20 students attended 2. # of invitations extended, # of colleagues participating: 1 invitation extended, 1 representative attended 3. # of meetings attended, # of projects participated in: 3 meetings, 0 projects
<p>4th Qtr. (Apr- June)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Offer training on standard drink sizing. <i>Regrettably, we were unable to offer any trainings this quarter. There were two fraternity groups interested in training, but due to schedule conflicts, we were never able to confirm a time. We will resume efforts to schedule with them in the Fall 2017 semester.</i> 2. Attend and invite campus colleagues to CHASCo meetings, webinars, events, and conferences. <i>MTSU was successful implementing this activity by inviting campus and community partners to attend a CHASCo business meeting, a BASICS facilitator training, and the annual Partners in Prevention conference.</i> 3. Participate with CADCOR to build a strategic partnership to address community alcohol concerns around campus and share data on 18-24 year old demographic. <i>MTSU continued its successful partnership with CADCOR (now renamed Prevention Coalition for Success). As one board member from MTSU ended her term, a replacement from MTSU was found to continue the collaboration. Additionally, MTSU assisted the coalition with a survey on the attitudes towards and readiness of the coalition around use of evidenced-based practices in substance abuse prevention.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of trainings provided, # of students attending: 0 trainings provided, 0 students attending 2. # of invitations extended, # of colleagues participating: 10 invitations extended, 4 colleagues participating 3. # of meetings attended, # of projects participated in: 1 meeting attended, 1 project

Report Item	Item Information
<p>4. Providing Support</p> <p>Start Date: September 2016</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Include audience response technology in all ATOD-related presentations. 2. Ongoing training of Raider Health Corps peer health educators, a group of students who are trained to be peer advocates for alcohol awareness and risk reduction among fellow students. 3. Provide financial assistance and staff for late night activities <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of presentations, # of respondents, 2. # of peer educators, 3. # of participating staff members, # of events
<p>1st Qtr. (July- Sept)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Include audience response technology in all ATOD-related presentations. <i>MTSU was successful in incorporating Poll Everywhere audience response technology in all of its ATOD-related presentations.</i> 2. Ongoing training of Raider Health Corps peer health educators, a group of students who are trained to be peer advocates for alcohol awareness and risk reduction among fellow students. <i>MTSU accomplished this activity through ongoing training on substance use and abuse during biweekly meetings of the peer health education group.</i> 3. Provide financial assistance and staff for late night activities. <i>MTSU accomplished this activity by allocating staff to the “Bash the Rec” late night event to assist with checking in students and monitoring activity.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1 # of presentations, # of respondents: 4 presentations, 64 respondents 2. # of peer educators: 35 peer educators 3. # of participating staff members, # of events: 3 staff members, 1 event
<p>2nd Qtr. (Oct- Dec)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Include audience response technology in all ATOD-related presentations. <i>MTSU was successful in incorporating Poll Everywhere audience response technology in all of its ATOD-related presentations.</i> 2. Ongoing training of Raider Health Corps peer health educators, a group of students who are trained to be peer advocates for alcohol awareness and risk reduction among fellow students. <i>MTSU successfully accomplished this activity by sending four Raider Health Corps members to the BACCHUS Initiatives of NASPA General Assembly in Kansas City, MO in October. Over the three day conference, the students attended multiple sessions on alcohol risk reduction education and how to bring effective programs and services to the campus.</i>

Report Item	Item Information
	<p>3. Provide financial assistance and staff for late night activities. <i>MTSU was successful in hosting a late night social event called Exam Jam the night before final exams began in December. Participating students received free food, music, and activities from 10:00pm to midnight.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of presentations, # of respondents: 4 presentations, 110 respondents 2. # of peer educators: 4 peer educators 3. # of participating staff members, # of events: 1 participating staff member, 1 event
3d Qtr. (Jan-Mar)	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Include audience response technology in all ATOD-related presentations. <i>MTSU was successful in incorporating Poll Everywhere audience response technology in all of its ATOD-related presentations.</i> 2. Ongoing training of Raider Health Corps peer health educators, a group of students who are trained to be peer advocates for alcohol awareness and risk reduction among fellow students. <i>MTSU accomplished this activity through sending 6 peer educators and 1 staff member to the BACCHUS Initiatives of NASPA Region III conference in Denton, TX.</i> 3. Provide financial assistance and staff for late night activities. <i>MTSU accomplished this activity by allocating staff to the Midnight Bowling and Midnight Movie events to assist with checking in students and monitoring activity.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of presentations, # of respondents: 2 presentations, 42 respondents 2. # of peer educators: 6 peer educators 3. # of participating staff members, # of events: 3 participating staff members, 2 events
4th Qtr. (Apr- June)	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Include audience response technology in all ATOD-related presentations. <i>MTSU was successful in incorporating Poll Everywhere audience response technology in all of its ATOD-related presentations.</i> 2. Ongoing training of Raider Health Corps peer health educators, a group of students who are trained to be peer advocates for alcohol awareness and risk reduction among fellow students. <i>MTSU accomplished this activity through ongoing training on substance use and abuse during biweekly meetings of the peer health education group.</i> 3. Provide financial assistance and staff for late night activities. <i>MTSU accomplished this activity by allocating staff to the Exam Jam event to assist with checking in students and monitoring activity.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of presentations, # of respondents: 1 presentation, 37 respondents 2. # of peer educators: 35 peer educators 3. # of participating staff members, # of events: 1 participating staff member, 1 event

Report Item	Item Information
<p>5. Increase Barriers/Reduce Access</p> <p>Start Date: July 2016</p> <p>Periodicity: Daily</p>	<p>Approved Implementation Activity:</p> <p>1. Maintain policy prohibiting consumption, possession, or distribution of alcohol or drugs on campus or at a campus-sponsored events off campus</p> <p>Approved Process Indicators:</p> <p>1. # of violations</p>
<p>1st Qtr. (July- Sept)</p>	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Maintain policy prohibiting consumption, possession, or distribution of alcohol or drugs on campus or at a campus-sponsored event off campus. <i>MTSU accomplished this activity by continuing to police, report, and sanction student behavior involving consumption, possession, and/or distribution of alcohol or drugs on campus. The exact number of violations during this quarter is unknown as the violations are only tabulated annually, typically in the summer. There were 416 violations during 2015-2016.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of violations: unknown at this time</p>
<p>2nd Qtr. (Oct- Dec)</p>	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Maintain policy prohibiting consumption, possession, or distribution of alcohol or drugs on campus or at a campus-sponsored event off campus. <i>MTSU accomplished this activity by continuing to police, report, and sanction student behavior involving consumption, possession, and/or distribution of alcohol or drugs on campus. The exact number of violations during this quarter is unknown as the violations are only tabulated annually, typically in the summer. There were 416 violations during 2015-2016.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of violations: unknown at this time</p>
<p>3d Qtr. (Jan-Mar)</p>	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Maintain policy prohibiting consumption, possession, or distribution of alcohol or drugs on campus or at a campus-sponsored event off campus. <i>MTSU accomplished this activity by continuing to police, report, and sanction student behavior involving consumption, possession, and/or distribution of alcohol or drugs on campus. The exact number of violations during this quarter is unknown as the violations are only tabulated annually, typically in the summer. There were 416 violations during 2015-2016.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of violations: unknown at this time</p>

Report Item	Item Information
4th Qtr. (Apr- June)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Maintain policy prohibiting consumption, possession, or distribution of alcohol or drugs on campus or at a campus-sponsored event off campus. <i>MTSU accomplished this activity by continuing to police, report, and sanction student behavior involving consumption, possession, and/or distribution of alcohol or drugs on campus. The exact number of violations during this quarter is unknown as the violations are only tabulated annually. There were a total of 197 violations during 2016-2017, which is a 53% decrease since last year. We think a large portion of the decrease was due to the closing of problematic fraternities which had been located on campus.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of violations: 197.</p>
<p>6.Reduce Barriers/Increase Access</p> <p>Start Date: August 2016</p> <p>Periodicity: Annually</p>	<p>Approved Implementation Activity:</p> <p>1. Provide social norms that report consequences of alcohol use.</p> <p>Approved Process Indicators:</p> <p>1. # of calendars, # of posters, # of locations, # of presentations</p>
1st Qtr. (July- Sept)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Provide social norms that report consequences of alcohol use. <i>MTSU is still in the process of implementing this activity. Because most of the 1st quarter occurred during the summer when student census is down, we did not any print material campaigns on social norms. However, we did begin including that information in AOD-related presentations when the Fall semester began at the end of August.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of presentations: 0 calendars, 0 posters, 0 locations, 4 presentations</p>
2nd Qtr. (Oct- Dec)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Provide social norms that report consequences of alcohol use. <i>MTSU will conduct most of this activity in the 3rd Quarter; however, we continued to include social norms information in our AOD-related presentations this quarter.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of presentations: 0 calendars, 0 posters, 0 locations, 4 presentations</p>
3d Qtr. (Jan-Mar)	<p><i>Enter activities associated with this strategy:</i></p>

Report Item	Item Information
	<p>1. Provide social norms that report consequences of alcohol use. <i>MTSU accomplished this activity by distributing 500 calendars across campus where each month featured a new message. We also selected four messages to emphasize at the beginning of the next fiscal year and completed poster design and printing of those messages.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of presentations: 500 calendars, 5 posters, locations TBD, 2 presentations</p>
<p>4th Qtr. (Apr- June)</p>	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Provide social norms that report consequences of alcohol use. <i>MTSU accomplished this activity during the 3rd quarter. While no new posters were displayed, we are making plans to distribute our four new designs in the first quarter of the 2017-2018 academic year.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of calendars, # of posters, # of locations, # of presentations: 0 calendars, 0 posters, 0 locations, 1 presentation</p>
<p>7. Changing Incentives/Consequences</p> <p>Start Date: Aug. 2016</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Initiate fines for alcohol policy violation sanctioning 2. Distribute incentives for attendance at National Collegiate Alcohol Awareness Week activities 3. Distribute incentives for attendance at Spring Break Safety Awareness Week activities <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of violations 2. # of incentives, # of participants, # of activities
<p>1st Qtr. (July- Sept)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Initiate fines for alcohol policy violation sanctioning. <i>MTSU accomplished this objective in the first quarter by requiring students sanctioned for certain alcohol policy violations to pay a \$40 fine. The exact number of fines will not be available until the Summer when Judicial Affairs staff completes its annual report. However, 38 fines were administered in the 2015-2016 academic year.</i> 2. Distribute incentives for attendance at National Collegiate Alcohol Awareness Week activities. <i>This activity has not yet taken place, as National Collegiate Alcohol Awareness Week takes place in the 2nd quarter.</i> 3. Distribute incentives for attendance at Spring Break Safety Awareness Week activities. <i>This activity has not yet taken place, as Spring Break Safety Awareness Week takes place in the 3rd quarter.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of violations: 38 fines were issued in the 2015-2016 Academic Year 2. # of incentives, # of participants, # of activities: 0 incentives, 0 participants, 0 activities
<p>2nd Qtr. (Oct- Dec)</p>	<p><i>Enter activities associated with this strategy:</i></p>

Report Item	Item Information
	<p>1. Initiate fines for alcohol policy violation sanctioning. <i>MTSU accomplished this objective in the first quarter by requiring students sanctioned for certain alcohol policy violations to pay a \$40 fine. The exact number of fines will not be available until the Summer when Judicial Affairs staff completes its annual report. However, 38 fines were administered in the 2015-2016 academic year.</i></p> <p>2. Distribute incentives for attendance at National Collegiate Alcohol Awareness Week activities. <i>MTSU successfully completed this activity in October. However, because Alcohol Awareness Week took place during the week of our fall break and of Homecoming, we extended the dates of our incentive distribution. Jump drives and key chains with the Booze It and Lose It logo on them were distributed along with pocket-sized BAC info cards throughout the month of October. We also partnered with the Kappa Alpha Psi fraternity to create "Homecoming Survival Kits" with incentives promoting low risk drinking and abstinence.</i></p> <p>3. Distribute incentives for attendance at Spring Break Safety Awareness Week activities. <i>This activity has not yet taken place, as Spring Break Safety Awareness Week takes place in the 3rd quarter.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of violations: unknown at this time</p> <p>2. # of incentives, # of participants, # of activities: 500 incentives, 250 participants, 3 activities</p>
3d Qtr. (Jan-Mar)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Initiate fines for alcohol policy violation sanctioning. <i>MTSU accomplished this objective in the first quarter by requiring students sanctioned for certain alcohol policy violations to pay a \$40 fine. The exact number of fines will not be available until the Summer when Judicial Affairs staff completes its annual report. However, 38 fines were administered in the 2015-2016 academic year.</i></p> <p>2. Distribute incentives for attendance at National Collegiate Alcohol Awareness Week activities. <i>This activity was successfully completed in the 2nd quarter.</i></p> <p>3. Distribute incentives for attendance at Spring Break Safety Awareness Week activities. <i>MTSU accomplished this activity in early March, although attendance was lower than past years due to inclement weather. In exchange for answering questions on spring break related topics like alcohol use and travel safety, students were given free jump drives with the Booze It and Lose It logo and lip balm.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of violations: unknown at this time</p> <p>2. # of incentives, # of participants, # of activities: 40 incentives, 20 participants, 2 activities</p>
4th Qtr. (Apr- June)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Initiate fines for alcohol policy violation sanctioning. <i>MTSU accomplished this objective in the 4th quarter by requiring students sanctioned for certain alcohol policy violations to pay a \$40 fine.</i></p> <p>2. Distribute incentives for attendance at National Collegiate Alcohol Awareness Week activities. <i>This activity was successfully completed in the 2nd quarter.</i></p> <p>3. Distribute incentives for attendance at Spring Break Safety Awareness Week activities. <i>This activity was successfully completed in the 3rd quarter.</i></p>

Report Item	Item Information
	<p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of violations: 25 violations 2. # of incentives, # of participants, # of activities: 0 incentives, 0 participants, 0 activities
<p>8. Changing the Physical Design of the Environment</p> <p>Start Date: Aug. 2016</p> <p>Periodicity: Ongoing</p>	<p>Approved Implementation Activity:</p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free, drug-free, health promoting events and recreation <p>Approved Process Indicators:</p> <ol style="list-style-type: none"> 1. # of Connection Point programs offered, # of MTSU After Dark programs offered, # of students attending, # of departments participating by sponsoring a program
<p>1st Qtr. (July- Sept)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free, drug-free, health promoting events and recreation. <i>MTSU accomplished this activity through its Connection Point programs. Connection Point offers an opportunity for students to meet and socialize with other students in safe, alcohol-free environments during the first six weeks of the fall semester. Connection Point activities this quarter included a Freshmen Day of Service, home football game, picnics with the President, movie and comedy nights, and others. MTSU After Dark is a program series that provides late night alcohol free activities on days associated with high alcohol consumption, typically Thursday, Friday, and Saturday nights. Programs this quarter included an on campus block party prior to the night before a home football game.</i> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <ol style="list-style-type: none"> 1. # of Connection Point programs offered, # of MTSU After Dark programs offered, # of students attending, # of departments participating by sponsoring a program: 24 Connection Point programs offered, 1 MTSU After Dark program offered, 14,868 students attended, 8 departments sponsoring programs
<p>2nd Qtr. (Oct- Dec)</p>	<p><i>Enter activities associated with this strategy:</i></p> <ol style="list-style-type: none"> 1. Coordinate welcoming environments for safe, alcohol-free, drug-free, health promoting events and recreation. <i>Although the Connection Point program series specifically only covers the first six weeks of the semester, MTSU was successful in continuing to offer alcohol free environments to students during the 2nd Quarter. These activities included a Trivia Night in the Student Union, an MTSU Beat Battle contest, and the MTSU After Dark Exam Jam.</i>

Report Item	Item Information
	<p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of Connection Point programs offered, # of MTSU After Dark programs offered, # of students attending, # of departments participating by sponsoring a program: 0 Connection Point programs, 1 After Dark program, 849 students attending, 4 departments</p>
3d Qtr. (Jan-Mar)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Coordinate welcoming environments for safe, alcohol-free, drug-free, health promoting events and recreation. <i>MTSU accomplished this activity through its Connection Point programs. Connection Point offers an opportunity for students to meet and socialize with other students in safe, alcohol-free environments during the first six weeks of the spring semester. A total of 12 Connection Point activities were planned this quarter, but one had to be cancelled due to a cancellation by the scheduled comedian. MTSU After Dark is a program series that provides late night alcohol free activities on days associated with high alcohol consumption, typically Thursday, Friday, and Saturday nights. Programs this quarter included a late night bowling event and a midnight movie.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of Connection Point programs offered, # of MTSU After Dark programs offered, # of students attending, # of departments participating by sponsoring a program: 12 Connection Point programs, 2 MTSU After Dark programs, 4492 students attended, 9 sponsoring departments</p>
4th Qtr. (Apr- June)	<p><i>Enter activities associated with this strategy:</i></p> <p>1. Coordinate welcoming environments for safe, alcohol-free, drug-free, health promoting events and recreation. <i>MTSU accomplished this activity through its Connection Point and MTSU After Dark programs. While most Connection Point events take place in the first six weeks of the semester, there were an additional 5 events scheduled during the 4th quarter. These included a free concert, a trivia night, a midnight movie, and a Take Back the Night rally. MTSU After Dark is a program series that provides late night alcohol free activities on days associated with high alcohol consumption, typically Thursday, Friday, and Saturday nights. The After Dark program sponsored this quarter was a midnight breakfast held the night before final exams began.</i></p> <p><i>Enter process measures achieved/collected during this reporting period:</i></p> <p>1. # of Connection Point programs offered, # of MTSU After Dark programs offered, # of students attending, # of departments participating by sponsoring a program: 5 Connection Point programs, 1 MTSU After Dark program, 1835 students attended, 5 sponsoring departments.</p>

Appendix G – Request for Exemption to Tobacco-Free Campus Policy Form

REQUEST FOR EXCEPTION TO ALLOW USE OF TOBACCO ON MTSU PROPERTY

Requesting Individual (name, address, M-number, phone number):	Requesting Department:
Detailed description of proposed activity:	
Description of requested location:	
Age and number of expected participants:	
Anticipated safety measures/protection from secondary effects of tobacco use:	

Applicant

Date

CONCUR:

Print name:
Campus Planning

Date

Print name:
Environmental Health and Safety Services

Date

APPROVED:

Provost or Vice President as applicable

Date

Appendix H – Dean of Students and Director of Student Health Services Annual Higher Education Opportunity Act Notifications

Higher Education Opportunity Act Notification #1

Any student who is convicted of any offense under any Federal or State law involving the possession or sale of a controlled substance while enrolled in an institution of higher education and receiving any federal financial aid (such as a grant, loan or work assistance) may lose his/her eligibility for such federal assistance.

The following information is located on the [MTSU Financial Aid Policies and Procedures website](#).

Drug Convictions

Students convicted of a federal or state offense of selling or possessing illegal drugs may not be eligible for federal student aid (grants, loans, and work-study). Students who answer “Yes” to question 23 on the FAFSA will be required to answer additional questions on the FAFSA to determine if the conviction affects eligibility for aid. Also, if the Financial Aid Office is notified that a student has been convicted of possession or sale of illegal drugs during the academic year, all federal student aid will be suspended immediately.

Convictions only count if they were for an offense that occurred during a period of enrollment for which the student was receiving federal student aid. Also, a conviction that was reversed, set aside, or removed from the student’s record does not count.

The chart below illustrates the period of ineligibility for federal student aid funds, depending on whether the conviction was for sale or possession and whether the student had previous offenses. (A conviction for sale of drugs includes convictions for conspiring to sell drugs.)

	Possession of illegal drugs	Sale of illegal drugs
1st offense	1 year from date of conviction	2 years from date of conviction
2nd offense	2 years from date of conviction	Indefinite period
3+ offenses	Indefinite period	

Students regain eligibility the day after the period of ineligibility ends or when they successfully complete a qualified drug rehabilitation program. Further drug convictions will make them ineligible again. Students denied eligibility for an indefinite period can regain it only after successfully completing a rehabilitation program or if a conviction is reversed, set aside, or removed for the student's record so that fewer than two convictions for sale or three convictions for possession remain on the record. In such cases, the nature and dates of the remaining convictions will determine when the student regains eligibility.

It is the student's responsibility to certify to the Financial Aid Office the date of the conviction and if (s)he has completed a drug rehabilitation program.

Higher Education Opportunity Act Notification #2

Information concerning drug and alcohol use and abuse; legal sanctions; health risks; available resources; disciplinary sanctions for violations may be found at:

<http://www.mtsu.edu/student-conduct/drug.php>

Contact information:

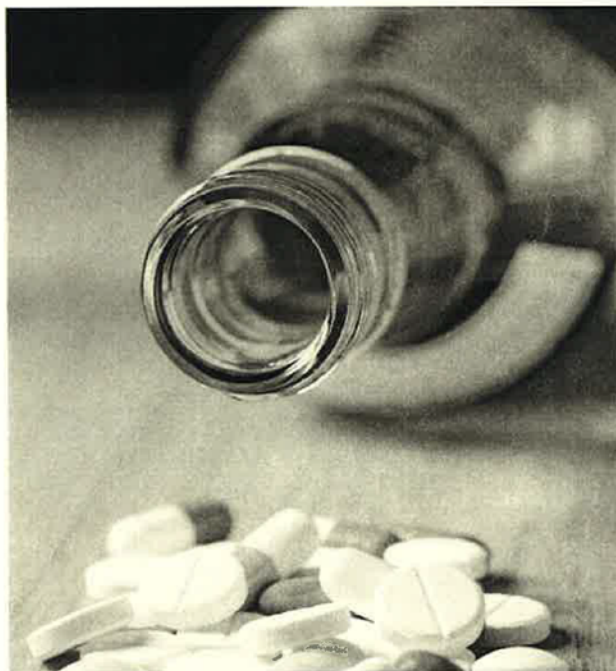
Mr. Rick Chapman, Director, Student Health Services

(615)898-2988, richard.chapman@mtsu.edu

Appendix I – Drug and Alcohol Brochure from Human Resources for MTSU Employees

MIDDLE TENNESSEE

STATE UNIVERSITY.



Drugs and Alcohol Don't Work at MTSU

The Drug-Free Schools and Communities Act
and the Drug-Free Workplace Act of 1988

Human Resource Services
Middle Tennessee State University

Middle Tennessee State University prohibits the possession, use, or distribution of illegal drugs and alcohol on the campus proper or on institutionally owned, leased, or otherwise controlled property.

Various federal and state statutes make it unlawful to manufacture, distribute, dispense, deliver, sell or possess with intent to manufacture, distribute, dispense, deliver, or sell controlled substances. The penalty imposed depends upon many factors, which include the type and amount of controlled substance involved, the number of prior offenses, if any, and whether any other crimes were committed in connection with the use of the controlled substance. Possible sanctions include incarceration up to and including life imprisonment and imposition of substantial monetary fines.

Tennessee statutes make it unlawful for any person under the age of 21 to buy, possess, transport (unless in the course of his or her employment), or consume alcoholic beverages, wine, or beer. Any violation of this law results in an offense classified as a Class A misdemeanor punishable by imprisonment for not more than 11 months and 29 days or by a fine of not more than \$2,500, or both. The receipt, possession, or transportation of alcoholic beverages without the required revenue stamp is also a misdemeanor punishable by imprisonment of not more than 30 days or a fine of not more than \$50, or both.

I AM *true* **BLUE**.

0517-4340 - Middle Tennessee State University does not discriminate against students, employees, or applicants for admission or employment on the basis of race, color, religion, creed, national origin, sex, sexual orientation, gender identity/expression, disability, age, status as a protected veteran, genetic information, or any other legally protected class with respect to all employment, programs, and activities sponsored by MTSU. The Assistant to the President for Institutional Equity and Compliance has been designated to handle inquiries regarding the non-discrimination policies and can be reached at Cope Administration Building 116, 1301 East Main Street, Murfreesboro, TN 37132; Marian.Wilson@mtsu.edu; or 615-899-2185. The MTSU policy on non-discrimination can be found at www.mtsu.edu/life.

The use of alcohol can lead to serious health risks.

- Loss of muscle control, poor coordination, slurred speech
- Fatigue, nausea, headache
- Increased likelihood of accidents
- Impaired judgment
- Possible respiratory paralysis and death
- Birth defects/fetal impairment

Heavy drinking can lead to

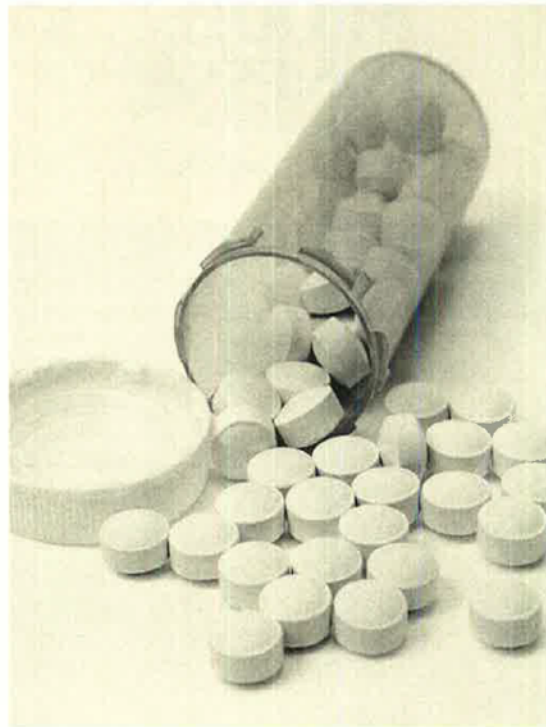
- alcoholism;
- damage to brain cells;
- increased risk of cirrhosis, ulcers, heart disease, and heart attack and cancers of the liver, mouth, throat, and stomach;
- hallucinations; and
- personality disorders.

Health risks associated with the use of illegal drugs include

- increased susceptibility to disease due to a less-efficient immune system;
- increased likelihood of accidents;
- personality disorders;
- addiction;
- death by overdose;
- anemia;
- poor concentration; and
- fetal impairment/addiction.

Additional information about how the use of drugs and/or alcohol affects your health is available through the Health Promotion office of Student Health Services in the Health, Wellness, and Recreation Center.

Middle Tennessee State University does not currently provide drug/alcohol counseling, treatment, or rehabilitation programs for



students. Referral to community treatment facilities may be made in appropriate cases.

MTSU regular employees with full benefits have available to them the statewide Employee Assistance Program, which provides confidential assistance for assessment and short-term counseling. Up to five visits are provided free of charge. Treatment for chemical dependencies on both an inpatient and outpatient basis are generally covered expenses under the state group health insurance plan. Please refer to your health insurance brochures for specific coverages and limitations. Referral to community treatment

facilities may be made by the MTSU Human Resource Services office if assistance is desired.

Middle Tennessee State University will impose sanctions against individuals who have violated rules prohibiting the use, possession, or distribution of illegal drugs or alcohol.

Sanctions for students using or possessing illegal drugs or alcohol include disciplinary probation and, in appropriate cases, suspension from the University. Residence hall students who violate these rules will be removed from the housing system. Referral for criminal prosecution may be made in appropriate cases.

Individuals involved in the sale or distribution of illegal drugs or alcohol will be suspended from the University and referred to the appropriate authorities for criminal prosecution.

All employees, including student employees, agree as a condition of employment to abide by this policy. Sanctions against employees for use or possession of illegal drugs or alcohol in the workplace include termination of employment by means of the termination procedures available by contract and/or in policy. Additionally, employees are required to notify the institution of any drug convictions no later than five days after the conviction.

MTSU provides this information as a service to the campus community in compliance with the Drug-Free Schools and Communities Act and the Drug-Free Workplace Act of 1988.

Appendix J – *Rethinking Drinking: Straight Up with a Twist*,
Alcohol Prevention Presentation of MTSU Office of Health Promotions



Rethinking Drinking: Straight Up with a Twist

Lisa Schrader, MPH, MCHES
Director of Health Promotion

OH NO!

Another alcohol and drug speech



Wait!
This is
different!

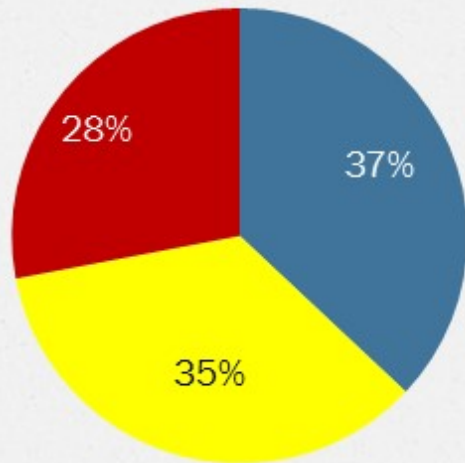
HOW IS THIS DIFFERENT?

- o We WON'T tell you what to do.
- o We are here to share information YOU gave us.
- o We TRUST you to make educated decisions.



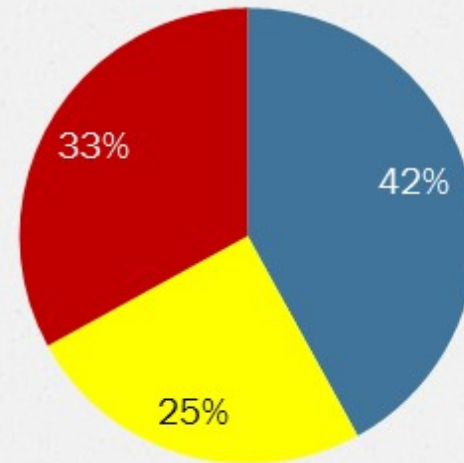
Alcohol 101:
The Basics

Alcohol Use by American Adults



■ Low Risk ■ Abstain ■ At Risk

Alcohol Use by MTSU Students



■ Low Risk ■ Abstain ■ At Risk

Levels of Risk

o Low Risk

o Males

- o No more than 2 drinks per day

o Females

- o No more than 1 drink per day

o High Risk

o Males

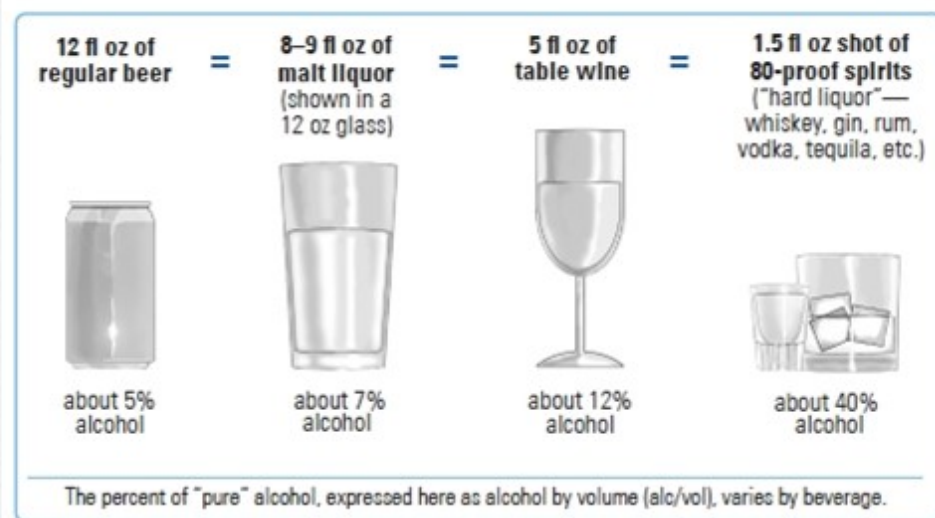
- o More than 14 drinks per week
- o 5 or more drinks per occasion

o Females

- o More than 7 drinks per week
- o 4 or more drinks per occasion

What counts as a drink?

- o “Standard drink” sizing
 - o 0.6 fl oz of alcohol
- o Beer vs. wine vs. liquor
- o Common containers
 - o Solo cup
 - o A “40”
 - o A “pint”
 - o A “fifth”



Physiological Impacts on BAC

- ◊ Gender
- ◊ Body composition
- ◊ Hormones

Absorption & Oxidation of Alcohol

o Factors affecting Absorption

- o What you're drinking
- o How fast you're drinking
- o Effervescence
- o Food in stomach

o Factors affecting Oxidation

- o Only TIME!
- o We oxidize off 0.016% of our blood alcohol content per hour (roughly one drink per hour)

What that means....

- o If you stop drinking at 3:00am with a BAC of .08%
 - o .08%.... .064%.... .048%.... .032%.... .016%.... .000%
 - o You're not sober until 8:00am
- o If you stop drinking at 3:00am with a BAC of .16%
 - o .16%.... .144%.... .128%.... .112%.... .096%.... .08%....
.064%.... .048%.... .032%.... .016%.... .000%
 - o You're not sober until 1:00pm
- o If you stop drinking at 3:00am with a BAC of .24%
 - o .24%.... .224%.... .208%.... .192%.... .176%.... .16%....
.144%.... .128%.... .112%.... .096%.... .08%....
.064%.... .048%.... .032%.... .016%.... .000%
 - o You're not sober until 6:00pm!

Impairment in Males

Men	Approximate blood alcohol percentage								
	Body weight in pounds								
Drinks	100	120	140	160	180	200	220	240	
0	.00	.00	.00	.00	.00	.00	.00	.00	Only safe driving limit
1	.04	.03	.03	.02	.02	.02	.02	.02	Impairment begins
2	.08	.06	.05	.05	.04	.04	.03	.03	Driving skills significantly affected Possible criminal penalties
3	.11	.09	.08	.07	.06	.06	.05	.05	
4	.15	.12	.11	.09	.08	.08	.07	.06	
5	.19	.16	.13	.12	.11	.09	.09	.08	
6	.23	.19	.16	.14	.13	.11	.10	.09	Legally intoxicated Criminal penalties
7	.26	.22	.19	.16	.15	.13	.12	.11	
8	.30	.25	.21	.19	.17	.15	.14	.13	
9	.34	.28	.24	.21	.19	.17	.15	.14	
10	.38	.31	.27	.23	.21	.19	.17	.16	

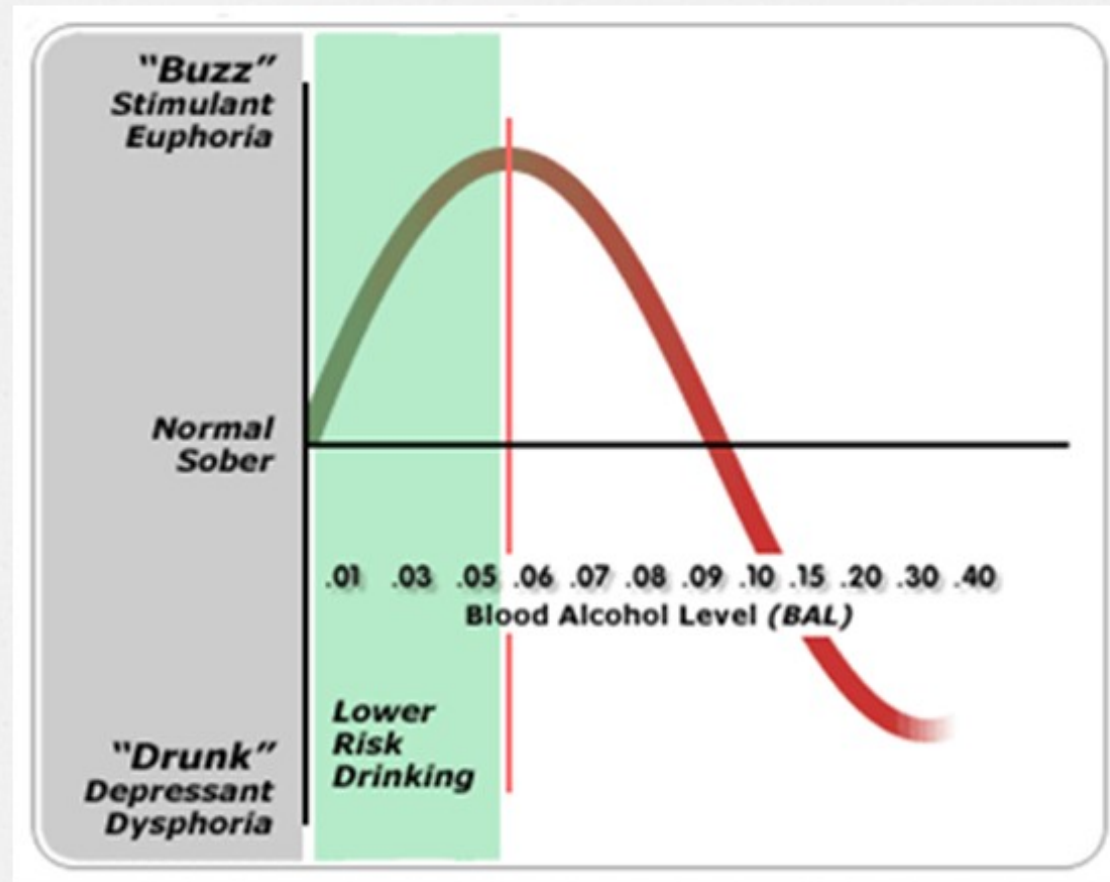
Impairment in Females

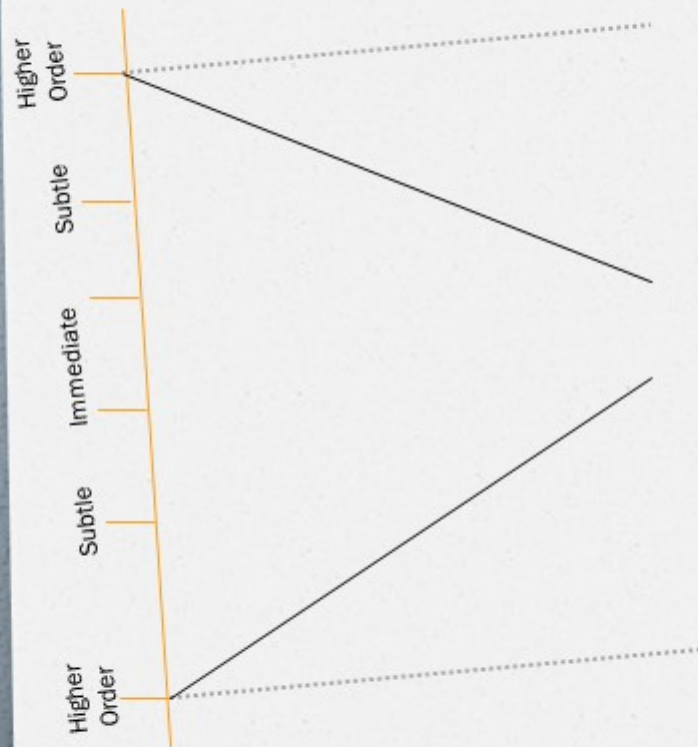
Women	Approximate blood alcohol percentage										
Drinks	Body weight in pounds										
	90	100	120	140	160	180	200	220	240		
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	Only safe driving limit
1	.05	.05	.04	.03	.03	.03	.02	.02	.02	.02	Impairment begins
2	.10	.09	.08	.07	.06	.05	.05	.04	.04	.04	Driving skills significantly affected
3	.15	.14	.11	.10	.09	.08	.07	.06	.06	.06	
4	.20	.18	.15	.13	.11	.10	.09	.08	.08	.08	Possible criminal penalties
5	.25	.23	.19	.16	.14	.13	.11	.10	.09	.09	
6	.30	.27	.23	.19	.17	.15	.14	.12	.11	.11	Legally intoxicated Criminal penalties
7	.35	.32	.27	.23	.20	.18	.16	.14	.13	.13	
8	.40	.36	.30	.26	.23	.20	.18	.17	.15	.15	
9	.45	.41	.34	.29	.26	.23	.20	.19	.17	.17	
10	.51	.45	.38	.32	.28	.25	.23	.21	.19	.19	



Alcohol 202:
Higher Order

The "Biphasic Curve"





Alcohol Myopia & Judgment

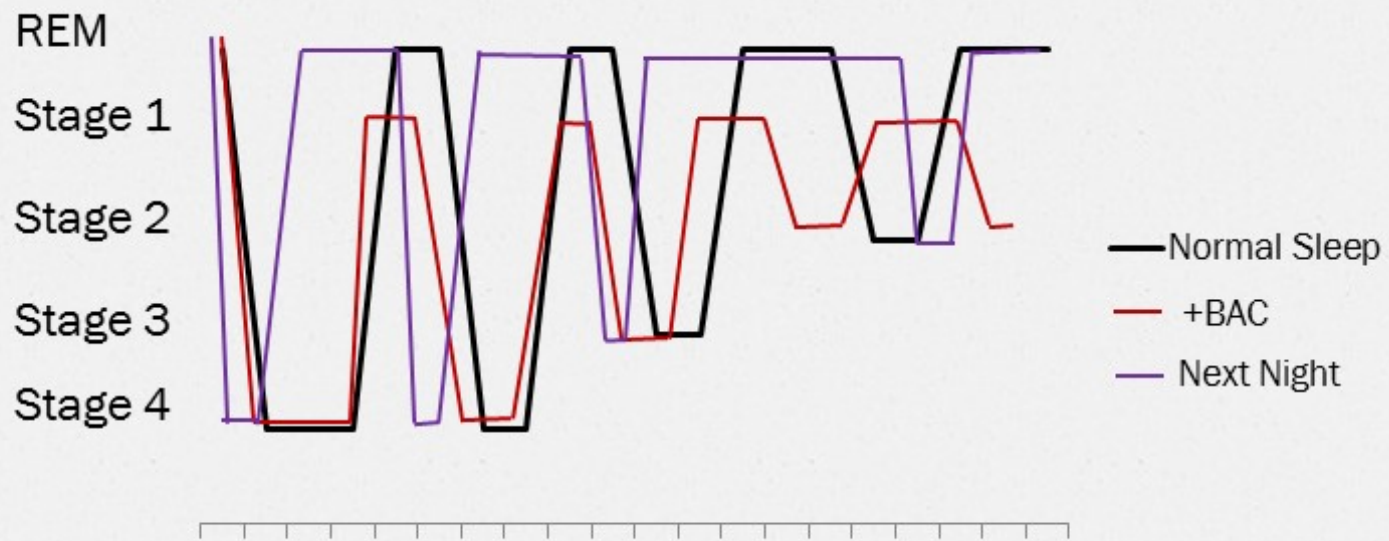
BAC

- .02% Relaxed
- .04% Relaxation continues, buzz develops
- .06% Cognitive judgment is impaired

Impact on Sleep

- o Quality vs. Quantity
- o Stages of sleep
 - o REM- where we dream & where memories and learning are processed
 - o Stage 4- deep sleep
- o Effects of altered sleep
 - o Too little REM- sleepiness, anxiety, irritability
 - o Too much REM- fatigue

Sleep Effects



Tolerance

- Impacts how you feel effects of alcohol
- No impact on actual BAC
- May be more related to environmental factors than physiological factors



Alcohol 2.0:
Self-application

Alcohol Facts: The Good, the Bad, and the Ugly

o Good

- o Fun, social, relaxing
- o May like taste
- o Health benefits

o Bad

- o 7 calories per gram and an appetite stimulant
- o Diuretic that can lead to dehydration
- o Can be easy to overindulge

o Ugly

- o 31% of college students met criteria for alcohol dependence
- o 97,000+ victims of alcohol-related sexual assaults annually
- o Alcohol is a factor in 60% of homicides and drownings
- o Approximately 1800 college students die annually from alcohol-related causes

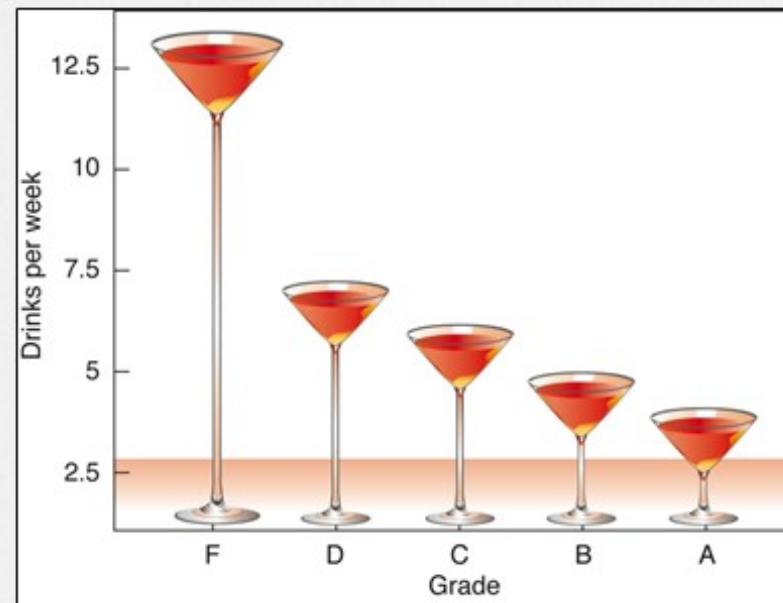
Student-Reported Alcohol-Related Consequences

	% Males	% Females
Had unprotected sex	27.6	20.2
Did something you later regretted	23.3	24.4
Forgot where you were or what you did	19.4	16.7
Physically injured yourself	10.4	4.9
Seriously considered suicide	4.5	2.8
Physically injured another person	1.5	0.3
Got in trouble with police	1.5	1.1

Students who reported that they do not drink and were excluded from analysis.

Alcohol Use & Academic Success

- Heavy drinking associated with lower GPA
- Frequent binge drinking associated with lower GPA



The more alcoholic drinks consumed per week, the lower your grade point average.

Risk Reduction

- o Set limits and keep track
- o Pace yourself
- o Include food
- o Alternate with water or other non-carbonated, non-alcoholic drinks
- o Avoid drinking games
- o ALWAYS use a designated driver

Alcohol Poisoning Signs and Symptoms

- o Cold, clammy skin
- o Unconscious and can't be roused
- o Pale, or blue-tinged skin
- o Slow or irregular breathing
- o Low body temperature
- o Vomiting

If You Suspect Alcohol Poisoning

- o Call 911!!
- o Do not leave the person
- o Turn the person on his/her side
- o Cover him/her with a sheet or light blanket



Alcohol Abuse as a Virus?

H1N1

Aug 2009- Feb 2010

- o 4 deaths
- o 169 hospitalizations
- o 94,000 flu-like cases

Preparation:

Hand sanitizer, face masks, preparedness plans, coughing/sneezing education, vaccine clinics

Alcohol

Aug 2009- Feb 2010

- o 1000 deaths
- o 250,000 unprotected sexual encounters
- o 350,000 injuries

What will you do???????

Resources

- o Online assessments
 - o e-Check Up To Go available at www.mtsu.edu/healthpro
- o Counseling Services
 - o KUC 326S, 615-898-2670
- o Health Services
 - o REC, 615-898-2988
- o Campus Pharmacy
 - o REC, 615-494-8888

