

Academic Success Series

How To Be A Successful MTSU Student

These one hour sessions are designed for any student who needs help or wants to learn more about the topic area. We hope these "How To" sessions will help you be a successful student! Visit <http://www.mtsu.edu/advising/AcademicSuccessSeries.shtml> for more information.

Sponsored by Walker Library and the University College Advising Center

SPRING 2012 ACADEMIC SUCCESS SERIES:

All Sessions — 4:30pm in Library Room 446

Jan 24 **How to Get Started at MTSU**
This session will cover topics including how to navigate RaiderNet & D2L, understanding the Lottery Scholarship, and helpful tips about GPA and academic standing.

Jan 31 **How to Use Your Time Wisely**
Time management is something most students struggle with on a daily basis. This session will cover techniques to help you better manage your time.

Feb 7 **How to Study and Prepare for Tests**
This session will cover tips on note taking, how to effectively study your notes as well as tips for navigating different types of tests.

Feb 14 **How to Balance School, Work, and Family Life**
This session will help students develop skills and find resources that are needed to balance their personal and professional lives. This session will share information for traditional and non-traditional students.

Feb 21 **How to Use the MTSU Library**
Come find out what successful MTSU students know about the library and learn how to utilize the various resources available.

Mar 13 **How to Give a Winning Presentation**
This session will cover tips and tricks that will help students refine their presentation and public speaking skills.

Mar 20 **How to Use Your Academic Advisor**
This session will cover information on how to know who your advisor is, how to get the most out of your time with your advisor, and what questions you should ask your advisor.

Mar 27 **How to Set Goals and Stay Motivated**
This session will cover information on how to reach your personal and professional goals through exciting motivational techniques. You will learn how to stay motivated and positive despite obstacles you may face.

Apr 3 **How to Unwind, Relax, Chill and Still be a Successful Student**
Being a college student is stressful! Academics, jobs, friends, and family can pull you in many directions, and there never seems to be enough hours in a day to get everything done. This session will cover how stress can impact your academics and your health. Leave with some surefire strategies to help you de-stress your life.

Apr 10 **How to Choose the Right Career for You**
Having trouble choosing a major? This session will cover techniques on helping you find the right major and career field that best fits your personality and abilities.

Apr 17 **How to Prepare for Final Exams**
This session will provide a helpful guide to students who are not sure how to study for final exams. Students will prepare a "battle plan" for the last few weeks of the semester. *NOTE: The same information will be covered in both sessions. Two dates are scheduled to accommodate more students.*

Apr 24



We make student success possible.

University College Advising Center
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www.mtsu.edu/advising