MIDDLE TENNESSEE
DANCE TEAM

Video Requirements

Attire: royal blue or black crop top showing midriff and booty shorts

1. Introduce yourself *(Please speak clearly at an audible volume)*
   - Name
   - Current age & birthdate
   - Name of high school or current college

2. Flexibility
   - Pike stretch
   - Both right and left splits
   - Middle splits
   - Extension of your choice showcasing your best flexibility skill

3. Turns
   - As many pirouettes you can do on both right AND left sides
   - Choose and execute one of the following turn sequences:
     a. 3 a la seconde turns, fouette double pirouette
     b. 3 a la seconde turns, fouette double pirouette, 3 a la seconde turns, fouette triple pirouette
     c. 4 reverse and/or changing spot turns, fouette into as many pirouettes as you can do

4. Leaps
   - Right leg grand jete
   - Left leg grand jete
   - Leap in second
   - Saucer/rotating disc jump
   - 2 toe touches in a row

5. Solo
   - Style of your choice: Pom, Jazz, OR Hip Hop
   - Present your BEST style
   - 1:00 in duration

6. Questionnaire
   - Please answer ALL questions on the next page and submit with video.

how to submit

Please submit your video by April 21st:

1. Email a YouTube link or an uploaded computer file and completed questionnaire to: Jen.Stembridge@mtsu.edu

Concerns or issues regarding submission? Please call 615-898-5583.

results

All audition results will be posted on our webpage: www.mtsu.edu.bands/dance.php
1. What would make me a great addition to the MTSU dance team?

2. If I was selected, I would be most excited for_______________________________.

3. What is your biggest weakness as a dancer?

4. What does being a team member mean to me?

5. Describe your work ethic towards dance.

6. How would you rate your overall dance ability?

7. How many quarters in a college basketball game?

8. What 3 adjectives describe you best?

9. Your best memory as a dancer.

10. Is there any other info you would like the judges, coach, or team to know about you?

11. What is your email?