Basic Function

The lifeguard is responsible for the healthy and safe participation by patrons in aquatics activities. This includes supervision and education of bathers, facility maintenance, and administration of health care. The lifeguard is accountable to the aquatics programmer or head lifeguard and aquatics coordinator.

Qualifications

- Possess current American Red Cross Lifeguarding and CPR for the Professional Rescuer/AED/Standard First Aid certificates.
- Possess a current American Red Cross Bloodborne Pathogens Preventing Disease Transmission certificate.
- Be in good physical condition (as determined by a prerequisite swim test).

Required Knowledge, Skills, and Abilities

- Knowledge of swimming and rescue skills as required by the American Red Cross Lifeguarding course.
- CPR-PR/AED/Standard First Aid (including adult, child, infant and two-person CPR plus use of resuscitation and bag valve masks).
- Proper use of specific lifesaving equipment used at the Recreation Center.
- Knowledge and skills in the areas of public relations, lifeguard responsibilities, accident/injury prevention, patron and facility surveillance, emergency preparedness, rescue skills, first-aid procedures, spinal injury management, and emergency action planning as presented in the American Red Cross Lifeguarding course.
- The ability to meet all qualifications for hiring through the MTSU personnel office.

Specific Duties and Responsibilities

- Preventing injuries by minimizing or eliminating hazardous situations or behaviors.
- Enforcing all facility rules and regulations.
- Recognizing and responding effectively in all emergencies.
- Administering first aid or CPR in an emergency.
- Informing other lifeguards and facility staff when more help or equipment is needed.
- Educating patrons about rules and regulations.
- Helping patrons locate missing persons.
- Completing required records and reports on schedule and submitting them to the proper person or office.
- Performing pool maintenance (secondary duty).
- Performing other tasks as assigned by the supervisor.

Conducting oneself in a professional manner at all times!