

**Psychology of Addictions
PSY 7520**

Textbooks: Francis, R.J. & Miller, S. I., *Clinical Textbook of Addictive Disorders*, 2nd ed. London: Guilford Press.
Cognitive-Behavioral Coping Skills Manual, NIDA
Motivation Enhancement Therapy Manual, NIDA
Additional Reading Materials will be supplied.

Course description: *Systematic analysis of the additional phenomena with particular emphasis on dynamics and behavioral manifestations. Alcohol, street and prescription drugs, gambling, TV, religion, politics, and sex as aberrational forms of altering consciousness explored. Causation, clinical diagnostics, and treatment procedures as well as prevention are addressed in detail.*

Course objectives: Upon completion of this course students will be able to:

- demonstrate understanding of addiction and recovery processes.
- demonstrate knowledge of the categories of typically abused prescription and street drugs.
- Demonstrate use of the biopsychosocial approach to assessment of addictions.
- Identify client stages of change.
- demonstrate knowledge of programs and agencies including NIDA, ASAM, 12-step, JACHO.
- describe and discuss issues and controversies in addictions studies.
- demonstrate knowledge of issues in working with a multidisciplinary staff.
- demonstrate understanding of conducting research in a clinical setting and evaluating treatment outcomes.
- locate current research in the areas of neuropsychological correlates of addiction and effective interventions.
- Demonstrate ability to actively participate in the peer review process by providing relevant critique of a paper on a current behavioral intervention.

Course structure:

Students are encouraged to share their opinions and experiences with the class. When resources are located that may help the class learn more about course-related issues, please share them via e-mail or bring the information to class.

Course requirements/assignments color-coded by Method of Instruction:

1. **Class lectures/discussion/participation/small group work.** Attendance is expected at all classes.

2. **Exams.** Four in-class exams will cover material in the readings and lectures. Exams are multiple-choice (50 points) and essay/short answer (50 points), making a possible total of 100 pts. for each exam (400 pts total for 4 exams).

3. **Distance Learning Assignments (DLA).** Blue-highlighted semester sessions involve distance-learning assignments based on the text and/or web sites. Each assignment is worth 10 pts. (30 pts total). All assignments will be word-processed and due at the next class period.

4. Students will present a published behavioral intervention (demonstration) with accompanying resources paper and APA-style references. See attached list for possible choices. **Note:** These projects should be started early as they will be presented throughout the semester. (70 pts.)

Professional Counseling Program Dispositions. Students in the Professional Counseling Program are required to demonstrate program Dispositions (being collaborative, ethical, professional, reflective, self-directed, and critical-thinking students) in this class and in all other academic and professional endeavors. Information regarding demonstration of these dispositions may be communicated to program faculty to be used as a component of the faculty’s continuous evaluation of student progress. (See Professional Counseling Program Handbook for details.)

Grading scale:

- 92 – 100% = A
- 84 – 91% = B
- 74 – 83% = C
- 64 – 73% = D
- Below 64% = F

Accommodations for students with disabilities:

If you have a documented disability as described by Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) and would like to request academic and/or physical accommodations, please contact John Harris, Director, Disabled Student Services (898-2783) as soon as possible. Course requirements will not be waived, but reasonable accommodations may be provided as appropriate.

Class Schedule

<u>Class</u>	<u>Content Areas</u>	<u>Chapter to cover</u>
1	Introduction and Overview	Ch. 1, 2
2	Screening/Evaluation of SUDS	Ch.3, Readings
3	Exam /Neurobiology of Addictions	Readings
4	Legal Drugs: Alcohol	Ch. 5, DLA 1
5	Legal Drugs: Tobacco	Ch. 10, MET
6	Review and Exam /Stages of Change	
7	Poly-substance Dependence	Ch. 11, CBT
8	Sedative/Hypnotics/Benzodiazepines	Ch. 6 DLA 2
9	Opioids/Prescription Drugs	Ch. 7, Reading
10	Cocaine and Stimulants	Ch, 8
11	Hallucinogens/Marijuana/PCP/Inhalants Ch. 9, DLA 3	
12	Review and Exam /Presentations	
13	Dual Diagnoses/Special Populations	Ch.14,15,16,17
14	Interventions/Issues	Ch. 19, 21,22
15	Final	

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