

MAJOR COURSES (50 CREDIT HOURS)

___NFS 1240 ⁽¹²⁴⁾	Principles of Nutrition	3
___NFS 3280 ⁽³²⁸⁾	Nutrition in Health Promotion	3
___BIOL 2010 ⁽³¹³⁾	Anatomy and Physiology I	4
___BIOL 2020 ⁽³¹⁴⁾	Anatomy and Physiology II	4
___HUM 2130 ⁽²¹³⁾	Medical Vocabulary	3
Select One of the following		3
___HLTH 2310 ⁽²³¹⁾	Community and Public Health	
___HLTH 3110 ⁽³¹¹⁾	Personal Health	

___PHED 3300 ⁽³³⁰⁾	First Aid and Safety	3
___PHED 4340 ⁽⁴³⁴⁾	Wellness and Healthy Lifestyles	3
___ATHT 2580 ⁽²⁵⁸⁾	Introduction to Athletic Training	3
___ATHC 4060 ⁽⁴⁰⁶⁾	Sport Psychology	3
___PHED 3250 ⁽³²⁵⁾	Workshops in Wellness	3
___PHED 3720 ⁽³⁷²⁾	Skills and Techniques of Teaching Fitness Activities	3
___PHED 4810 ⁽⁴⁸¹⁾	Tests and Measurements	3
___PHED 4830 ⁽⁴⁸³⁾	Physiology of Exercise	3
___PHED 4910 ⁽⁴⁹¹⁾	Kinesiology	3
___PHED 4240 ⁽⁴²⁴⁾	Principles of Exercise Prescription and Assessment	3

INTERNSHIP (12 CREDIT HOURS)

___PHED 4250 ⁽⁴²⁵⁾	Internship in Exercise Science and Health Promotion	12
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**Select a minor in consultation with your advisor.
 (Courses that are required by both major and minor do not need to be repeated.
 The hours need to be replaced by additional course work appropriate for the minor.)**

Minor: _____ (≥ 18 Credit Hours)

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_____	_____
_____	_____
_____	_____

APPROVED ELECTIVES: (10 CREDIT HOURS)
Select 10 credit hours of courses in consultation with your advisor.

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