



Middle Tennessee State University is easy to access because of its location at Tennessee's geographic center only 30 miles from Nashville, the state capital.

MTSU is proud of its status as a comprehensive doctoral/research-intensive university. The **College of Graduate Studies** oversees more than 55 programs. Total student enrollment is over 22,000; there are approximately 2,200 graduate students.

All MTSU graduate degrees are awarded through the College of Graduate Studies, which provides academic, financial, and other support services while upholding academic standards and ensuring that each program provides optimal experiences. In consultation with faculty, the College establishes policies and procedures to ensure judicious and selective admission decisions, rigorous adherence to academic standards, excellence in curricula, and selective faculty appointments.

For complete admission requirements or to apply, visit www.mtsu.edu/~graduate

FINANCIAL AID

Limited numbers of graduate **teaching assistantships**, **research assistantships**, **scholarships**, and **doctoral fellowships** are available in addition to other forms of aid. Applications may be obtained from the College of Graduate Studies or from the appropriate academic department. Students must meet the requirements for admission to graduate school and have a cumulative GPA of 3.00 or higher.

The **Student Financial Aid Office** in 218 Cope Administration Building has information on various kinds of financial aid.

**MIDDLE
TENNESSEE**
STATE UNIVERSITY

MTSU, a Tennessee Board of Regents university, is an equal opportunity, non-racially identifiable, educational institution that does not discriminate against individuals with disabilities. AA079-0906

GRADUATE DEGREE PROGRAMS IN **EXERCISE SCIENCE**

THROUGH THE HEALTH AND
HUMAN PERFORMANCE DEPARTMENT



COLLEGE OF GRADUATE STUDIES

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MIDDLE TENNESSEE STATE UNIVERSITY



M.S. in Exercise Science

The **M.S. in Exercise Science** prepares students for employment in fitness and wellness, cardiac rehabilitation, strength and conditioning, and corporate fitness and for future terminal/doctoral degrees in exercise science.

The M.S. in Exercise Science consists of **thesis and non-thesis options**. The non-thesis option requires 36 semester hours including a 6-credit internship. The thesis option incorporates 30 hours of coursework. Prerequisites for both options include coursework in human anatomy and physiology and certification in CPR.

Thesis Option

6 semester hours in research tools
15 semester hours in core areas
9 semester hours of electives

Non-Thesis Option

6 semester hours in research tools
18 semester hours in core areas
12 semester hours of electives



Our program is built around extensive research opportunities and direct interaction with faculty and community leaders, individualized degree programs, and research with diverse populations.

www.mtsu.edu/~hhp

Our **human performance labs** occupy over 5,000 square feet of space in Alumni Memorial Gym and contain state-of-the-art equipment to facilitate both student and faculty research:

DEXA • metabolic carts • EKG • treadmills • leg and arm ergometers • hydrostatic weighing tank • 3-D mechanical analysis system • lactate and cholesterol analyzer • telemetry EMG system • underwater treadmill • Biodex ergometers and System 3 isokinetic dynamometer



Exercise Science

Middle Tennessee State University

Ph.D. in Human Performance

Specialization in Exercise Science

The **Exercise Science specialization in the Human Performance Ph.D. program** prepares professionals for employment in higher education and research positions. The Ph.D. requires 60 semester hours of coursework including

10 semester hours in pedagogy and teaching practicum
15 semester hours in research tools
23 semester hours in exercise science specialization
12 semester hours of dissertation research



**MIDDLE
TENNESSEE**
STATE UNIVERSITY

Graduate Coordinator

Health and Human Performance
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