

College of Graduate Studies

**Degree Plan for M.S. in Health & Human Performance  
Health Concentration**

**Part I – Student Information**

Name: \_\_\_\_\_ MTSU ID# M \_\_\_\_\_

Current Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ MTSU Email Address: \_\_\_\_\_

Minor: \_\_\_\_\_ (If applicable)

**Choose One:** Thesis Option (30 credit hours)  Non-Thesis Option (32 credit hours)

I understand that if human or animal subjects are involved in my research (including thesis research), it is my responsibility to file a research protocol application with the Institutional Review Board (Sam H. Ingram Building, 011B) before I begin collecting data. Failure to secure this permission prior to conducting my data collection using human or animal subjects will negate the use of that data for any academic purpose including thesis.

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

**Part II – Signatures and Approvals**

All signatures in this area are required for approval of Degree Plan

I certify that the following program, when successfully completed, meets all coursework requirements for this degree.

\_\_\_\_\_  
Graduate Advisor's Name (Print)

\_\_\_\_\_  
Graduate Advisor's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
HHP Graduate Program Director's Name (Print)

\_\_\_\_\_  
HHP Graduate Program Director's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
College of Graduate Studies Approval

\_\_\_\_\_  
Date

*Signatures in this area are required for approval if applicable to degree program*

**Minor Advisor**

\_\_\_\_\_  
Graduate Minor Advisor (Print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Name: \_\_\_\_\_ MTSU ID# M \_\_\_\_\_

**Part III – Course Information**

List ONLY graduate-level courses to be counted toward the degree. Include completed as well as enrolled courses and those courses that will be taken to fulfill degree requirements.

				Transfer Credit	
Course ID	Course Title	Cr Hrs	Grade	Course ID	Institution
<b>Health &amp; Human Performance Core (6 credit hours)</b>					
HHP 6610	Research Methods in Health & Human Performance	3			
HHP 6700	Data Analysis and Organization for Human Performance	3			
<b>Health Concentration Core (15 credit hours)</b>					
HLTH 6102	Theory of Health Education & Behavior	3			
HLTH 6510	The Nation's Health	3			
HLTH 6850	Methods in Epidemiology	3			
HLTH 6860	Program Planning for Health Promotion	3			
HLTH 5600	Technology Applications	1			
HLTH 5601	Technology Applications Lab	2			
<b>Guided Electives (Thesis Option – 3 credit hours of electives; Non-Thesis Option –5 credit hours of electives)</b>					
Select from the following: (NOTE: No more than THREE 5000-level courses may be counted towards the master's degree)					
HLTH 5270	Bioethical Issues in Health Education				
HLTH 5340	Fitness Education for the Adult				
HLTH 5900	Certified HLTH Ed Specialist (CHES) Review (1 hour)				
HLTH 6000	Stress Management in Health & Health Promotion				
HLTH 6010	Holistic & Complementary Health Care				
HLTH 6020	Somatic Therapy Techniques for Health Care Providers				
HLTH 6500	Pathopharmacology in Health & Human Performance				
HLTH 6870	Health Promotion				
HLTH 6910	Special Problems (1 hour)				
HLTH 6930	Principles & Philosophy of School Health Education Programs				
HLTH 6950	Advanced Methods of Community Health Education				
HLTH 6970	Advanced Methods in Human Sexuality Education				
<b>OTHER CREDITS (6 credit hours)</b>					
<b>SELECT ONE: Thesis Option -OR- Non-Thesis Option</b>					
<b>THESIS OPTION</b>					
HLTH 6640	Thesis Research (3 hours)(no more than 3 hours apply to degree)				
HLTH 6910	Special Problems (3 hours)(no more than 3 hours apply to degree)				
<b>NON-THESIS OPTION</b>					
HLTH 6880	Internship/Special Projects (6 hours)				

Department must verify that all admission condition(s) were or were not met:

Department Admissions Conditions Met? Yes  No  Advisor's Initials Required \_\_\_\_\_

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 MTSU is an equal opportunity, non-racially identifiable, educational institution that does not discriminate against individuals with disabilities.