It is important to check your skin regularly for any signs of cancer. See your doctor if you notice any new moles or any changes in old moles. Learn the difference in normal moles and in malignant moles.

To distinguish between normal moles and malignant moles, use the ABCD system:

- **Assymetry** - if a line were drawn down the center of the mole, the two sides would not be identical
- **Border** - the outer edge of the mole is not a perfect circle
- **Color** - the mole is not the same color throughout
- **Diameter** - the mole is bigger than the size of a pencil eraser