

## INSTRUCTIONS FOR NEW ALLERGY PATIENTS MTSU HEALTH SERVICES

The Health Services staff is pleased to provide you this service however; you must follow the guidelines listed below:

1. **ALL** allergy injections will be given between **8:30-11:00a.m.** and **2:00-3:00p.m.** Monday –Friday when the University Physician is in the building. (Some flexibility of these hours may be necessary from time to time due to illness or other absences of the Physician.)
2. An injection fee will be charged each visit. Fees are \$3.00 for one (1) injection, and \$5.00 for multiple injections.
3. An instruction sheet from your allergist **MUST** accompany your extracts.
4. You are expected to stay on schedule as directed by your allergist.
5. When you enter Health Services, sign your name on the admission board and tell the receptionist you are here for your allergy injection.
6. After you have signed in, get your extracts out of the refrigerator and have a seat in the lobby until your name is called.
7. You are responsible for putting your extracts back in the refrigerator after receiving you injection(s).
8. Before you leave Health Services, one of the nurses must check the site of injection to note and record any evidence of a local reaction.
9. The medical staff of the Student Health Services requires that you wait in the clinic for **20 minutes** following you injection. While we cannot force you to wait, should you leave the area and then experience a serious reaction, you might not be able to return in time to receive prompt, possibly life-saving, treatment. **If you leave prior to the 20-minute waiting period, you will assume all health risks that might occur in the immediate period after the injection. Individuals who repeatedly violate this policy may, at the discretion of the medical staff, be excluded from receiving further injections through Student Health Services.**

This is to indicate that I have read and understand the above information.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_