College of Graduate Studies
Degree Plan for M.S. in Health & Human Performance
Health Concentration

Part I – Student Information

Name: ___________________________________________________________    MTSU ID# M _________________________________

Current Mailing Address: ________________________________________________________________________________________

City, State, Zip: ______________________________________________     MTSU Email Address: __________________________

Minor: _____________________________________ (If applicable)

Choose One:       Thesis Option (30 credit hours)              Non-Thesis Option (32 credit hours)

I understand that if human or animal subjects are involved in my research (including thesis research), it is my
responsibility to file a research protocol application with the Institutional Review Board (Sam H. Ingram Building, 011B) before I begin collecting data. Failure to secure this permission prior to conducting my data collection using human or animal subjects will negate the use of that data for any academic purpose including thesis.

______________________________________________________  __________________________________
Signature of Student                                                                         Date

Part II – Signatures and Approvals

I certify that the following program, when successfully completed, meets all coursework requirements for this degree.

________________________________________________ _____________________________________________  ____________________________
Graduate Advisor’s Name (Print)                                         Graduate Advisor’s Signature                                                      Date

________________________________________________ _______ ______________________________  ____________________________
HHP Graduate Program Director’s Name (Print)                     HHP Graduate Program Director’s Signature                                        Date

__________________________________________  ____________________________
College of Graduate Studies Approval                                                                      Date

Signatures in this area are required for approval if applicable to degree program

Minor Advisor

____________________________________ _______________________________________           _________________
Graduate Minor Advisor (Print)                                                             Signature                                                                   Date
Part III – Course Information

List ONLY graduate-level courses to be counted toward the degree. Include completed as well as enrolled courses and those courses that will be taken to fulfill degree requirements.

<table>
<thead>
<tr>
<th>Course ID</th>
<th>Course Title</th>
<th>Cr Hrs</th>
<th>Grade</th>
<th>Course ID</th>
<th>Institution</th>
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<tbody>
<tr>
<td>HHP 6610</td>
<td>Research Methods in Health &amp; Human Performance</td>
<td>3</td>
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<tr>
<td>HHP 6700</td>
<td>Data Analysis and Organization for Human Performance</td>
<td>3</td>
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<td>HLTH 6102</td>
<td>Theory of Health Education &amp; Behavior</td>
<td>3</td>
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<tr>
<td>HLTH 6510</td>
<td>The Nation's Health</td>
<td>3</td>
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<td>HLTH 6850</td>
<td>Methods in Epidemiology</td>
<td>3</td>
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<td>Program Planning for Health Promotion</td>
<td>3</td>
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<td>HLTH 5600</td>
<td>Technology Applications</td>
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<td>HLTH 5601</td>
<td>Technology Applications Lab</td>
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</tbody>
</table>

Guided Electives  (Thesis Option – 3 credit hours of electives; Non-Thesis Option – 5 credit hours of electives)

Select from the following: (NOTE: No more than THREE 5000-level courses may be counted towards the master's degree)

- HLTH 5270  Bioethical Issues in Health Education
- HLTH 5340  Fitness Education for the Adult
- HLTH 5900  Certified HLTH Ed Specialist (CHES) Review (1 hour)
- HLTH 6000  Stress Management in Health & Health Promotion
- HLTH 6010  Holistic & Complementary Health Care
- HLTH 6020  Somatic Therapy Techniques for Health Care Providers
- HLTH 6500  Pathopharmacology in Health & Human Performance
- HLTH 6870  Health Promotion
- HLTH 6910  Special Problems (1 hour)
- HLTH 6930  Principles & Philosophy of School Health Education Programs
- HLTH 6950  Advanced Methods of Community Health Education
- HLTH 6970  Advanced Methods in Human Sexuality Education

OTHER CREDITS (6 credit hours)

**SELECT ONE:** Thesis Option -OR- Non-Thesis Option

**THESIS OPTION**

- HLP 6640  Thesis Research (3 hours) (no more than 3 hours apply to degree)
- HLP 6910  Special Problems (3 hours) (no more than 3 hours apply to degree)

**NON-THESIS OPTION**

- HLP 6880  Internship/Special Projects (6 hours)

Department must verify that all admission condition(s) were or were not met:

Department Admissions Conditions Met?  Yes ☐  No ☐  Not Applicable ☐  Advisor’s Initials Required _____