



Health Insurance Requirement

ALL J-1 visa holders must maintain health insurance coverage for yourself and J-2 dependents during the entire time you participate in an Exchange Visitor Program. Insurance coverage must meet the requirements of the U.S. Department of State. The Exchange Visitor regulations specify a level of coverage:

- Medical benefits of at least US\$450,000 per accident or illness.
- Repatriation of remains in the amount of US\$7,500.
- Medical Evacuation to his or her home country in the amount of US\$10,000.00.
- A deductible not to exceed US\$500 per accident or illness.

It is an Exchange Visitor responsibility to renew the insurance coverage as well as for his/her dependent(s) each year of stay. Failure to maintain the insurance coverage as set forth or any misrepresentation to the J-1 Program Sponsor concerning such coverage shall be deemed in violation of these regulations and will be subject to termination as an Exchange Visitor participant.