



UPPER DIVISION FORM

Original copy signed by major and minor advisors must be filed with the Coordinator of Undergraduate Services (Analyst) for the College of Education and Behavioral Science two semesters before graduation.

Student name: (Last)		(First)		(MI)	ID#:		
Email address:			Phone #:		MTSU PO Box:		
Degree: Bachelor of Science		Major: PHED - Wellness & Exer.		Minor(s):	Catalog: 2009-2011		
COURSES REQUIRED			CREDIT HOURS	G R A D E	PROPOSED SUBSTITUTIONS - MUST SUBMIT SUB FORM FOR APPROVAL **		
					Course Prefix & Number	Sem Hrs	University where course was taken
COMMUNICATION (9 hours)			9 hours				
COMM 2200	Fundamentals of Communication						
ENGL 1010	Expository Writing						
ENGL 1020	Research & Argumentative Writing						
HISTORY (Choose 6 hours)			6 hours				
HIST 2010	Survey of US History I						
HIST 2020	Survey of US History II						
HIST 2030	Tennessee History						
HUMANITIES &/or FINE ARTS (Choose 9 hours)			9 hours				
One course must be in Literature as indicated by a * sign. The other two courses selected must be with different prefixes.							
ENGL 2020	Themes in Literature and Culture *						
ENGL 2030	Experience of Literature *						
HUM 2610	Foreign Literature in Translation *						
ANTH 2210	Introduction to World Prehistory						
ART 1030	Orientation to Art						
DANC 1000	Dance Appreciation						
HIST 1010	Survey of Western Civilization I						
HIST 1020	Survey of Western Civilization II						
HIST 1110	Survey of World Civilization I						
HIST 1120	Survey of World Civilization II						
MUS 1030	Introduction to Music						
PHIL 1030	Introduction to Philosophy						
THEA 1030	Theatre Appreciation						
MATHEMATICS (Choose 3 hours)			3 hours				
MATH 1010	Mathematics for General Studies						
MATH 1530	Applied Statistics						
MATH 1630	College Math for Managerial, Life, & Social Science						
MATH 1710	College Algebra						
MATH 1720	Plane Trigonometry						
MATH 1730	Algebra and Trigonometry						
MATH 1810	Applied Calculus I						
MATH 1910	Calculus I						
NATURAL SCIENCES (Choose 8 hours)			8 hours				
The two courses selected must be with different prefixes.							
ASTR 1030/1	Exploring the Universe						
BIOL 1030/1	Topics in Biology						
BIOL 1110/1	General Biology						
BIOL 2010/1	Human Anatomy & Physiology I						
BIOL 2020/1	Human Anatomy & Physiology II						
CHEM 1010/1	Introduction to Chemistry						
CHEM 1030/1	Chemistry for the Consumer						
CHEM 1110/1	General Chemistry I						
CHEM 1130/1	Contemporary Issues in Science						
GEOL 1030/1	Introduction to Earth Science						
GEOL 1040/1	Physical Geology						
PHYS 1110	Discovering Physics						
PHYS 1130/1	Contemporary Issues in Science						
PHYS 2010/1	Non-Calc-Based Physics I						
PHYS 2110/1	Calculus-Based Physics I						
PSCI 1030/1	Physical Science						

General Education Requirements

** Any course substitution(s) must be approved on an MTSU Course Substitution form with

appropriate advisor, department chair, and college dean signatures BEFORE being submitted to the Graduation Analyst.

Student name: (Last)		(First)		(MI)	ID#:			
Degree: Bachelor of Science		Major: PHED - Wellness & Exer.		Minor(s):		Catalog: 2009-2011		
General Education Requirements (Cont'd)	COURSES REQUIRED		HOURS	GRADUATE	PROPOSED SUBSTITUTIONS - MUST SUBMIT SUB FORM FOR APPROVAL **			
	SOCIAL/BEHAVIORAL SCIENCES (Choose 6 hours) The two courses selected must be with different prefixes.		6 hours		Course Prefix & Number	Sem Hrs	University where course was taken	Approval submitted?
	AAS 2100	Introduction to African-American Studies						
	ANTH 2010	Cultural Anthropology						
	ECON 2410	Principles of Macroeconomics						
	GEOG 2000	Regional Geography						
	GS 2010	Introduction to Cross-Cultural Studies						
	HLTH 1530/1	Health and Wellness						
	PS 1010	Foundations of Government						
	PS 2010	American Government and Politics						
	PSY 1410	General Psychology						
	SOC 1010	Introductory Sociology						
WMST 2100	Introduction to Women's Studies							
Major Requirements	Wellness and Exercise Science		62 hours					
	NFS 1240	Principles of Nutrition	3					
	NFS 3280	Nutrition in Health Promotion	3					
	BIOL 2010/1	Anatomy and Physiology I	4					
	BIOL 2020/1	Anatomy and Physiology II	4					
	ATHT 3580	Prevention and Care of Athletic Injuries	3					
	ATHT 4000	Strength and Conditioning	3					
	ATHC 4060	Sport Psychology	3					
	EXSC 3500	Exercise Leadership and Prog. Plan	3					
	EXSC 4810	Measurement and Evaluation	3					
	PHED 4910	Applied Kinesiology and Biomechanics	3					
	EXSC 4830/1	Physiology of Exercise	4					
	EXSC 4000	Research in Exercise Science	3					
	EXSC 4010	Applied Research in Exercise Sci	3					
	EXSC 4240	Principles of Exercise Prescription	3					
	EXSC 4260	Exercise Prescriptions for Special Pop.	3					
	PHED	Activity Course	1					
PHED	Activity Course	1						
EXSC 4250	Internship in Exercise Science and Health Promotion	12						
Minor and/or Electives			17 hours		A course cannot be used in both the major and the minor.			
					All MTSU students must have 120 hours to receive a degree.			
Major Advisor's Signature					Date			
Minor Advisor's Signature					Date			

Degrees require a minimum of:

- (1) 120 semester hours with at least a 2.0 grade point average; 12 of the last 18 hours must be taken at MTSU - not transferred;
- (2) 42 upper-division hours (3000-4000 level courses) with at least a 2.0 grade point average;
- (3) 30 upper-division hours must be taken at MTSU - not transferred; and
- (4) 60 senior college hours (taken at a 4-year college).

Remedial/Developmental courses do not count toward the 120-hour requirement or cumulative degree GPA.

Courses used to fulfill high school deficiencies can only be counted as ELECTIVE credit.

Revision Date - 2/20/09

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An INTENT TO GRADUATE FORM must be filed with this Upper Division Form two semesters before graduation.

To print an INTENT TO GRADUATE FORM go to <http://www.mtsu.edu/~records/sforms.htm> and choose INTENT TO GRADUATE FORM.