



INSTRUCTIONS: Original copy signed by major and minor advisors must be filed with the Graduation Analyst for the College of Education and Behavioral Science during the second semester of the sophomore year. An *Intent to Graduate Form* should be filed in the Records Office the first semester of the Senior Year.

Application for Upper Division for:				SSN:					
Major: Health Education & Lifetime Wellness			Minor:		MTSU PO Box:				
COURSES REQUIRED			CREDIT HOURS	GRADE	PROPOSED SUBSTITUTIONS				
When alternatives or electives are listed please list ones taken					Course Title and Number	Sem Hrs	University where course was taken	+/- Hrs	Validation Notes
General Education Requirements	COMMUNICATION (9 Hours) <i>English Composition & 3 hours in English oral presentational Communication</i>			9 hours					
	COMM 2200	Fundamentals of Communication							
	ENGL 1010	Expository Writing							
	ENGL 1020	Research & Argumentative Writing							
	HISTORY (Choose 6 hours)			6 hours					
	HIST 2010	Survey of US History I							
	HIST 2020	Survey of US History II							
	HIST 2030	Tennessee History							
	HUMANITIES &/or FINE ARTS (Choose 9 hours) <i>One course must be in Literature*; in order to insure breadth of knowledge, the two other courses selected must be within different rubric prefixes.</i>			9 hours					
	ANTH 2210	Introduction to World Prehistory							
	ART 1030	Orientation to Art							
	DANC 1000	Dance Appreciation							
	ENGL 2020	Themes in Literature and Culture*							
	ENGL 2030	Experience of Literature*							
	HIST 1010	Survey of Western Civilization I							
	HIST 1020	Survey of Western Civilization II							
	HIST 1110	Survey of World Civilization I							
	HIST 1120	Survey of World Civilization II							
	HUM 2610	Foreign Literature in Translation*							
	MUS 1030	Introduction to Music							
	PHIL 1030	Introduction to Philosophy							
	THEA 1030	Theatre Appreciation							
	MATHEMATICS (Choose 3 hours) <i>A 4 hour course would be 3 hours General Education and 1 hour toward degree requirements.</i>			3 hours					
	MATH 1010	Mathematics for General Studies							
	MATH 1530	Applied Statistics							
	MATH 1630	College Mathematics for Managerial, Life, and Social Sciences							
	MATH 1710	College Algebra							
	MATH 1720	Plane Trigonometry							
	MATH 1730	Algebra and Trigonometry							
	MATH 1810	Applied Calculus I							
	MATH 1910	Calculus I							
	NATURAL SCIENCES (Choose 8 hours) <i>Two different non-sequential courses must be selected for natural-science credit and must be with different rubric prefixes; at most only the first semester of any two-semester discipline-specific sequence may count for General Education natural-science credit.</i>			8 hours					
	ASTR 1030/1	Exploring the Universe							
	BIOL 1030	Topics in Biology							
	BIOL 1110	General Biology							
BIOL 2010	Human Anatomy & Physiology I								
BIOL 2020	Human Anatomy & Physiology II								
CHEM 1010	Introduction to Chemistry								
CHEM 1030	Chemistry for the Consumer								
CHEM 1110	General Chemistry								
GEOL 1030/1	Introduction to Earth Science								
GEOL 1040	Physical Geology								
PHYS 2010/1	Non-Calc-Based Physics I								
PHYS 2110/1	Calculus-Based Physics I								
PSCI 1030	Physical Science								

Application for Upper Division for: _____ Major: **Health Education – Health Ed. & Lifetime Wellness** SSN: _____

General Education Requirements (cont'd)	SOCIAL/BEHAVIORAL SCIENCES (6 hours) <i>The two courses selected must be with different rubric prefixes.</i>		6 hours	G R A D E	PROPOSED SUBSTITUTIONS				
	Course Title and Number	Sem Hrs			University where course was taken	+/- Hrs	Validation Notes		
HLTH 1530	Health and Wellness (REQUIRED)	3							
AAS 2100	Introduction to African-American Studies								
ANTH 2010	Cultural Anthropology								
ECON 2410	Principles of Macroeconomics								
GEOG 2000	Regional Geography								
PS 1010	Foundations of Government								
PS 2010	American Government and Politics								
PSY 1410	General Psychology								
SOC 1010	Introductory Sociology								
WMST 2100	Introduction to Women's Studies								
Health Education									
<i>(Changes since catalog production)</i>									
		34 hours							
HLTH 1530	Health and Wellness (in place of HLTH 3110)	3							
PHED 4810	Measurement and Evaluation	3							
BIOL 2030	Anatomy and Physiology	3							
NFS 1240	Principles of Nutrition	3							
HLTH 3320	Community and Public Health	3							
HLTH 4260	Curriculum and Methods in Health Ed.	3							
HLTH 4270	Bioethical Issues in Health Education	3							
HLTH 4300	School Health Program	3							
HLTH 4360	Teaching Human Sexuality	3							
HLTH 4440	Drugs and Violence in Health Education	3							
PHED ____	Activity Course	1							
	Advised Elective	3							
Health Education & Lifetime Wellness									
		18 hours							
PHED 3300	First Aid and Safety	3							
PHED 3430	GA-Gym-Rhythm Activities for Children	2							
PHED 3850	Foundations of Physical Education	3							
Select 10 hours from the following:									
PHED 3400	Motor Learning and Development	3							
PHED 3720	S-T: Teaching Fitness Activities	3							
PHED 3740	S-T: Teaching Ind. –Dual Sports	3							
PHED 3750	S-T: Teaching Team Games	3							
PHED 3780	Curriculum in Physical Education	2							
PHED 3950	Adapted Physical Education	3							
PHED 4340	Wellness and Healthy Lifestyles	3							
PHED4820	O & A of Physical Education	3							
PHED 4830	Physiology of Exercise	3							
PHED4910	Kinesiology	3							
Secondary Education Minor									
		30 hours							
FOED 1110	Education as a Profession	3							
FOED 2110	Psych of Hum Development and Learning	3							
SPED 3010	Survey of Exceptional Children	3							
YOED 3050	Analysis of Effective Teaching	3							
SPSE 3220	Technology of Teaching	3							
YOED 4000	Managing Classroom	3							
YOED 4110	Directed Teaching	12							
Major Advisor					Date				
Minor Advisor					Date				

Catalog Year 2004

Revision Date – 9/27/2004

- Degrees require a minimum of 120 semester hours (12 of the last 18 at MTSU) with at least a 2.0 GPA, a minimum of 42 upper-division hours (30 at MTSU) with at least a 2.0 GPA, and a minimum of 60 senior college hours.
- Remedial/developmental courses do not count toward the 120-hour requirement or cumulative degree GPA.
- Courses used to fulfill high school deficiencies can only be counted as general elective credit.
- Any course substitutions must be approved on an MTSU Course Substitution form with appropriate advisor, department chair, and college dean signatures.