2017-2018

MIDDLE TENNESSEE STATE UNIVERSITY

CHEERLEADING PROGRAM

TRYOUT APPLICATION
# 2017-2018 Cheerleading Tryout Application

**NAME:**

(First) (Last) (Middle)

**GENDER:**

(Circle One) FEMALE MALE

**BIRTH DATE:**

(MM/DD/YYYY)

**ADDRESS:**

(Street Address) (City, State, Zip)

**CELL PHONE:**

HOME PHONE:

**CLASSIFICATION:**

(Circle all that apply)

INCOMING FRESHMAN | RISING SOPHOMORE | RISING JUNIOR | RISING SENIOR | TRANSFER STUDENT

**HIGH SCHOOL/COLLEGE ATTENDED:**

**EMAIL ADDRESS:**

(Please list an email address that you check on a regular basis.)

**SOCIAL MEDIA:**

(Please list all social media handles/usernames i.e. Instagram, Twitter, Facebook, etc.)

**SSN (last 4 digits) or MTSU Banner ID #:**

If you are a high school senior or transfer student, have you been formally accepted to Middle Tennessee State University? Please check one:

_____ YES, I have been accepted to MTSU. _____ NO, I have not yet been accepted to MTSU

**SIZING INFORMATION:**

Please fill in or circle all that apply. Please note that you are not guaranteed exact sizes on all attire.

<table>
<thead>
<tr>
<th>Height: <em><strong><strong>feet</strong></strong></em> inches</th>
<th>Weight: _____lbs.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FEMALE:</strong> Sports Bra:______</td>
<td>Spandex Shorts:____</td>
</tr>
<tr>
<td>Varsity Uniform Top: <em>(circle one)</em> 30 32 34 36 38</td>
<td></td>
</tr>
<tr>
<td>Varsity Uniform Skirt: <em>(circle one)</em> 4-11 5-11 6-11/12 7-12 8-12 9-12</td>
<td></td>
</tr>
<tr>
<td><strong>MALE:</strong> Chest Measurement <em>(i.e. 38, 40, 42, etc.)</em>:______</td>
<td>Pant Size: <em>(waist)_ (inseam)_</em></td>
</tr>
<tr>
<td><strong>ALL:</strong> Warm-Up Jacket:______</td>
<td>Warm-Up Pants:_____ T-Shirt:_____ Running Shoe Size:______</td>
</tr>
<tr>
<td>Nfinity Cheer Shoe Size:______</td>
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</table>
I, ____________________, submit this application for the 2017-2018 MTSU Cheerleading Program tryouts. My academic classification in the fall of 2017 will be______________ (freshman, sophomore, junior, senior) and my cumulative GPA is currently_________. In submitting this application, I consent that the information provided is true and accurate. I accept and understand that the decision of the coaches and/or judges will be final.

Applicant’s Signature: ___________________________ Date: ___________________________

I CERTIFY THAT I MEET ALL OF THE FOLLOWING REQUIREMENTS:

1. I am a full time student at MTSU, or I have provided with this application a copy of my formal acceptance letter to Middle Tennessee State University. *(If you have not yet received your official acceptance letter at the time of tryouts, the highest position you may tryout for is alternate status)*

2. I have included with this application, a front and back copy of my current medical insurance card.

3. I have included with this application, a 4x6 head to toe color photo, a 4x6 color headshot photo, and a resume of my accomplishments both cheer/dance related and non-cheer/dance related. *(only if you are not a current member of the program)*

4. I have included with this application, a completed and signed the mandatory Tryout Waiver Form. *(Both current and new members must complete)*

5. I have no health and/or physical defects that would hinder my ability to perform as a cheerleader/dancer/mascot or which may cause these activities to be unsafe to my health.

6. I have included with this application a $25.00 non-refundable tryout application fee *(Cash, Cashier’s Check, Money Order, or Personal Check)*. Please make payable to MTSU. *(Both current and new members must submit tryout application fee)*

Applicant’s Signature: ___________________________ Date: ___________________________

Applicant’s Name: *(please print)*

Once your application and all of the above items are received and processed, you will receive a confirmation email sent to the address listed in the tryout application. If you have any further questions, please feel free to contact Spirit Coordinator Danté Tennant at dante.tennant@mtsu.edu.

**APPLICATIONS ARE DUE BY 5:00 PM ON APRIL 19TH, 2017.**

Please send your application to:

Dante Tennant | Spirit Coordinator  
Attn: 2017-2018 Tryouts  
1301 E. Main Street | Box 556  
Murfreesboro, TN 37132
The following page is just for your information and does not need to be mailed in with your tryout application.

**TENTATIVE TRYOUT SCHEDULE**

**Day 1 – Friday, April 21st, 2017 from 4:00 PM to 9:00 PM**

- Registration (begins at 3:00 PM in Student Recreation Center, 1848 Blue Raider Drive)
- Brief meeting and overview of tryouts
- Learn all tryout material
- Evaluation of individual skills
  - Tumbling (Running and Standing), Stunting, etc.
- FIRST CUT *if necessary*

**Day 2 – Saturday, April 22nd, 2017 9:00 AM to 1:00 PM**

- Review of tryout material and practice time
- Final tryout will begin at approximately 11:00 AM
- 1:00 PM – 2017-2018 Team Meeting

**TRYOUT SKILL REQUIREMENTS**

**Stunts**

- Performing your respective part (main base, side base, back spot, or flyer), everyone will be evaluated on a variety of stunts that will include, but are not limited to:
  - Switch ups, Full ups, Low-High tick tocks, High-High tick tocks, Double Downs, etc.
- Flyers must be able to pull all body positions (heel stretch, scorpion, scale, arabesque, bow and arrow).
- Must be open to trying new skills!

**Standing & Running Tumbling**

- Standing Tuck - Required on all surfaces (*mats, grass, gym floor, etc.*)
- Standing Back Handspring (one or two) to a minimum of a tuck/layout
- Jumps to Tuck
- Minimum of a round off back handspring layout
- Fulls are **strongly** suggested (running &/or standing)