MTSU endowment growth ‘remarkable’

by Tom Tozer

The MTSU endowment ranks right up there with the endowment at Harvard University, in one aspect anyway—overall performance. While Harvard’s endowment is in the billions ($34.9 billion) and MTSU’s is in the millions ($34.9 million), both funds enjoyed a similar proportional increase during the past fiscal year.

MTSU’s jump from $29.8 million to its current $34.9 million (both in millions) was a significant accomplishment occurred during a period when there was a significant decrease nationwide in the percentage of alumni who contributed to their alma mater, especially among public universities.

“We went the other way,” Bales said. “We’ve had a slow but steady increase. Even though we leveled off some last year, over the past few years we have seen an increase in alumni participation and an increase in total donors. I believe that’s a sign that people are confident in what’s going on at this university—and it’s worth a personal investment.”

While MTSU alumni giving is up, Bales also attributes the Foundation’s impressive report card to knowledgeable people who we received that year, and the total growth of our endowment put us in the top 25 percent of colleges and universities in the nation.”

Bales added that this accomplishment occurred during a period when there was a significant decrease nationwide in the percentage of alumni who contributed to their alma mater, especially among public universities.

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See ‘Growth’ page 2

Homecoming features salute to armed forces

by Randy Weiler

T

udents, alumni and veterans’ groups are working feverishly to prepare for “A Red, White and Blue Raider Salute”—the theme for MTSU’s 2007 homecoming activities.

The theme is a tie-in for the combined homecoming and Salute to Armed Forces, which will be held Saturday, Nov. 10, at various venues on and off campus.

There will be events before and after the 2:30 p.m. Sun Belt Conference football game between the Blue Raiders and visiting Louisiana-Lafayette.

“Rather than having two separate celebrations, we decided to tie everything together and just make it one huge event,” said Mark Murphy, the Student Government Association’s homecoming director. “We will be honoring our nation’s men and women who have or are currently serving in the United States military. Each student group has a patriotic or military theme to base their floats on for the parade, as well as other events.”

Months of planning will culminate with the week’s festivities, which will include a homecoming parade, Mixer on Main, Parade-Watching Party, veterans and armed forces picnic and memorial service, golf tournament, game-day tailgating.

See “Salute” page 5

Listening to success

by Bonnie Bailey

H

elves crammed full of toys line the walls of a hallway behind one of the therapy rooms in the Speech-Language-Hearing Clinic at MTSU.

Another room holds a bookshelf full of children’s books; yet another a small blackboard and a tiny table with little chairs. Closets and offices scattered along the second floor of the Boutwell Dramatic Arts Building hold more supplies and learning tools that will be used in therapy sessions with clients.

“We use every inch of space we have!” said Clinic Coordinator Elizabeth Smith.

The 22 clients attending the clinic, mostly children, use these facilities during their therapy sessions with the 24 student clinicians who currently are participating in the clinic’s.

See ‘Clinic’ page 2
J ust getting the courage to go to college later in life is a big step. After making the first step of visiting the school, applying and getting classes scheduled, then coming to school, there are challenges when we, or at least I, think maybe I bit off more than I can chew. The idea of giving up has crossed many nontraditional students’ minds. Then we get an encouraging word from a professor, make a good grade on a test or write an A paper, and our spirits are lifted. We are accomplishing something.

Casey and “Yankee”

Through hard work and dedication, MTSU’s Dairy Products Evaluation Team is national champion for the second year in a row.

The team traveled to Las Vegas Oct. 13-16 to compete in the National Dairy Products Evaluation Contest against 20 teams from major universities across the United States and Canada and several other countries. The team, consisting of agriculture, business and agriscience students Greg Blankenship, Mack Haynes, Amber Thompson and Dana Dozier, won first-place awards in the milk and “all products” categories, second places in butter and yogurt, and third-place awards for ice cream and cottage cheese, as well as individual honors.

The university also received $2,000 for scholarships for students in the School of Agribusiness and Agriscience.

“This is a major accomplishment for these students and the university, and it’s possible the partnership formed several years ago with Randolph Associates in Birmingham, Ala.,” said Tim Redd, manager of MTSU’s farm laboratory program and adviser for the Dairy Science Club.

“Their support has been invaluable for our students and this program. I think it would be good for us to express our appreciation to Dr. Henry Randolph, Dr. Charles White and Neil Bogart for their support and involvement with the School of ABAS and the university.”


dairy products evaluation team is tops in nation—for a second time

F OR THE RECORD: STUDENT ESSAY WINNER

‘What it’s like to be a nontraditional student’

by Diana Casey

I nturn, I helped him with English. Different circumstances in life prevent people from doing some things they would like to do. This is true for the nontraditional student. I have two sons, Shane and Darryl, who have graduated from college. Mrs. Bass’s title goes a lot further than that. She has been with the Speech-Language-Hearing Clinic for 29 years.

The Speech-Language-Hearing Clinic has been serving students and allowing student clinicians to gain valuable experience through its clinical practicum program for 28 years, but many at the university are not even aware of its existence.

The clinic allows students majoring in communication disorders, or pre-professional program for speech-language pathology and audiology, to receive hands-on experience with clients.

“We are the only school in the state of Tennessee that has an undergraduate clinical program,” Smith said.

“We have a member of our staff who utilizes students to call annual contracts and grants. That reality has changed over the last 30 years, Bales noted, with decreasing state support, higher tuition and a slight increase in contracts and grants.

“The fourth pillar that has really had to come into play is private philanthropy,” he said. “A lot of people don’t view the public university as a philanthropic entity. We’ve had to inform and educate our alumni on why we need to ask for money and how their giving can significantly impact an area that is important to them. If someone calls and says he or she would like to give to the university, my first question is, ‘What are you interested in?’ When people can see their money doing something that is important to them, they feel better about it.”

Bales emphasized that gifts both large and small fuel the vitality of private support.

“While we welcome and certainly appreciate large gifts, we know that small gifts can meld together and accomplish just as much as a major gift,” he said. "We have a member of our staff who utilizes students to call annual donors, because we want those donors to have personal contact from the university. We want people to understand that their dollars make a difference. If we can make people feel proud of their gift, then we have done our job.”
A ny student interested in songwriting can get valuable information through a new TV program, “Songspeak,” from MTSU’s Department of Recording Industry.

This new program of special interest will air on the Education Resource Channel @ Middle Tennessee, Comcast’s education access Channel 9. Each episode of “Songspeak” will feature one or two professional songwriters from the American Society of Composers, Authors and Publishers, which is the recording industry department’s partner in the program. Most of the ASCAP guests have had at least one Top 10 hit.

The hourlong program focuses on “conversations on the art and craft of songwriting,” said Hal Newman, assistant professor of recording industry. Newman was preparing a textbook for the university’s new commercial songwriting emphasis when the idea for “Songspeak” began.

ASCAP and RIM originally began collaborating to advise students on songwriting.

“Mentors from ASCAP would critique the students’ songs and let them know whether or not they were ready for the market,” Newman said. That collaboration, known as “Partners in Craft,” led to a full-time concentration within the department for students who want to major in commercial songwriting.

Now Newman, along with John Briggs of ASCAP, selects guests for the TV program by conducting interviews with professional songwriters. Newman also records the interviews for ASCAP and his book. Briggs and Newman, along with Ralph Murphy of ASCAP and Dr. Tom Hutchinson, recording industry professor, are responsible for the creation of “Songspeak.”

“We’re focusing on the process of writing a song,” Newman said. “Once you start with a hook, you know where you’re going.”

Recording industry professors will co-host the episodes, and RIM students are being encouraged to sign up as audience members for the episodes as they are being taped.

Newman said the program will continue to grow. Currently, 12 episodes are scheduled to air each semester. The program will be reassessed in 2008.

Gail Fedak, Channel 9 station manager, said the episodes will continue to grow. Currently, 12 episodes are scheduled to air each semester. The program will be reassessed in 2008.

Dec. 1 is priority deadline for merit scholarships

Prospective and returning students seeking merit scholarships and awards for the 2008-09 academic year must submit all their information by the priority deadline of Saturday, Dec. 1, said Tracy Prater, associate director in the Office of Admissions.

Prospective students should submit an admission application, official ACT or SAT test scores and an official transcript to the admissions office. Prater added that information mailed with a Dec. 1 postmark will not be considered.

For more information, call admissions at 615-898-2111 or financial aid at 615-898-2830, or visit www.mtsu.edu/~admissn.

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By the June Anderson Women’s Foundation.
Nov. 5-18

**TV Schedule**

“Middle Tennessee Record”
Cable Channel 9:
Monday-Sunday—5 p.m.
New Channel 5+ Sundays—1:30 p.m.
Visit www.mtsunews.com for other cable outlet airtimes.

**Every Wednesday**

**Gender Circles**
Weekly conversations on diversity with emphasis on gender issues
1-3 p.m., JUB 206 (JAWC)
For information, contact: 615-898-2193.

**Nov. 5**

Monday, Nov. 5
**Honor Lecture Series:**
Dr. Patrick Chinnery, “Presidential Campaigning in the Internet Age”
3 p.m., HONR 106
For information, contact: 615-898-2103.

**Nov. 6**

Guest Flute Recital: Lisa Vanarsdel
6 p.m., Hinton Music Hall
For information, contact: 615-898-2493.

Women’s Basketball vs. Henderson State
7 p.m., Murphy Center
For information, visit www.goblueraiders.com
or contact: 615-898-2103.

Faculty Bassoon Recital: Maya Stone
8 p.m., Hinton Music Hall
For information, contact: 615-898-2493.

**Nov. 7**

Nov. 7-10
MTSU Theatre and Dance:
“Romeo & Juliet”
7:30 p.m., Tucker Theatre
For information, contact: 615-898-2640.

Saturday, Nov. 10
**HOMECOMING:**
Blue Raider Football vs. Louisiana-Lafayette
2:30 p.m., Floyd Stadium
For information, visit www.goblueraiders.com
or contact: 615-898-2103.

**Nov. 8**

Nov. 8-10
Hollywood Studies Conference
For information, visit www.mtsu.edu/hokusto
or contact: 615-494-7628.

**Nov. 9**

Friday, Nov. 9
MT Volleyball vs. Western Kentucky
7 p.m., Alumni Memorial Gym
For information, visit www.goblueraiders.com
or contact: 615-904-8386.

**Nov. 10**

MSU Flute Choir
7 p.m., Hinton Music Hall
For information, contact: 615-898-2493.

Women’s Basketball vs. Tennessee Tech
7 p.m., Murphy Center
For information, visit www.goblueraiders.com
or contact: 615-898-2103.

**Nov. 11**

Sunday, Nov. 11
**MTSU On the Record—Women Mystics**
Guest: Rabbi Rami Shapiro
7 a.m., WMOT 89.5-FM
Podcast available at www.mtsunews.com or via iTunes.

**Nov. 12**

Monday, Nov. 12
American Red Cross Blood Drive
sponsored by the School of Nursing
10 a.m.-4 p.m., Cason-Kennedy Nursing Building
For information, contact: 615-898-2590.

Nurses/Health Care Professionals Career Day
10:30 a.m.-1 p.m., Tennessee Room,
James Union Building
For information, contact: 615-898-2500.

Honors Lecture Series:
Dr. Steve Howard, “Life Science in the Digital Age”
3 p.m., HONR 106
For information, contact: 615-898-2152.

Faculty Senate Meeting
4:30 p.m., JUB 100
For information, contact: 615-898-2822.

Dave Hickey: “Artfair Culture: Playing Fair without the Referee”
7 p.m., BAS State Farm Room
No admission charge
For information, contact: 615-904-8386.

Faculty Recital: Christine Isley-Farmer, voice; Deanna Little, flute; and Leopoldo Erice, piano
8 p.m., Hinton Music Hall
For information, contact: 615-898-2493.

**Nov. 13**

Tuesday, Nov. 13
Nontraditional Student Week
Open House for Faculty and Staff
8 a.m.-4 p.m. daily, CKNB 109;
and McFarland Health Services
co-sponsors: School of Nursing
Campus Flu Shot Clinic
615-898-2493.

**Nov. 14**

Wednesday, Nov. 14
Tornado Siren Test Date
11:15 a.m., campus-wide
For information, contact: 615-898-2424.

**Nov. 15**

Nov. 15-17
**Men’s Basketball:**
First Shot Exempt Tournament
Nov. 15 vs. Lincoln Memorial;
Nov. 16 vs. Lipscomb;
Nov. 17 vs. Appalachian State
7 p.m. daily, Murphy Center
For information, visit www.goblueraiders.com
or contact: 615-898-2103.

MTSU Theatre’s Student-Directed Studio Series: An Evening of Student-Written Short Plays
“Intervention” by Jayme Smith and “Marcus Eardus in The West”
by Will Fancher
7:30 p.m., BDA Studio Theatre
For information, contact: 615-898-2640.

Thursday, Nov. 15
Women’s Studies Research Series:
Cindy Rehm, “Spontaneous Bleeding: The Performative Video Works of Cindy Rehm”
3 p.m., JUB 100
For information, contact: 615-898-5282.

Free Legal Clinic
sponsored by the June Anderson Women’s Center with support from the Rutherford-Cannon County Bar Association
7-9 p.m., JUB 206
For information, contact: 615-898-2193.

Jazz Artist Series:
Saxophonist Greg Osby
7:30 p.m., Hinton Music Hall
Admission: $15 general public, $10 for all MTSU personnel;
appointments required
For information, contact: 615-898-2493.

**Nov. 16**

Friday, Nov. 16
Jazz Concert
7:30 p.m., Hinton Music Hall
For information, contact: 615-898-2493.

**Nov. 17**

Saturday, Nov. 17
MTSU Bassoon Studio Recital
3 p.m., Hinton Music Hall
For information, contact: 615-898-2493.

**Calendar Items Welcomed**
Submit your campus event calendar items (at least three weeks in advance of the event, please) to gbann@mtsu.edu.

**See yourself in The Record!**

Proud of your hard work? E-mail your faculty/staff accomplishments to gbann@mtsu.edu for inclusion in the Faculty/Staff Update, a regular feature on page 8. Please note that publication of printed or hand-written contributions may be delayed.
Homecoming calendar filled with fun for alumni, students

Alumni gatherings begin Friday

Week of Nov. 5-10

Monday, Nov. 5 • 25-cent refill cups in the Keathley University Center.

Tuesday, Nov. 6 • Swap Day at KUC.

Wednesday, Nov. 7 • Horse Shoe Gambling, 5:30 p.m.

Thursday, Nov. 8 • 10 a.m. — Homecoming Parade.

Friday, Nov. 9 • Chili Cook-Off, 5:30 p.m.; Soccer Complex parking lot.

Saturday, Nov. 10 • 7 p.m. — NPHC Step Show, T. Earl Hinton Music Hall; 11 a.m. — Phi Chi Alumnae Reunion, Kennon Hall of Fame; 6 p.m. — Alumni Band Concert, Varsity Club Reception, Tom H. Jackson Building.

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SGA plans busy week for students

by Randy Weiler

photo by News and Public Affairs

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The Record Nov. 5, 2007 page 5
Social science symposium slated

by Lisa L. Rollins

Migrations” is the theme of the 16th annual Tennessee Undergraduate Social Science Symposium at MTSU Nov. 15-16, which is expected to attract 800 to 1,000 undergraduates and educators locally and from across the state.

Free and open to the public, the event was designed to encourage student interest in the scientific study of human interaction and foster professional growth, while providing opportunities for the intellectual and social exchange of ideas, said Dr. Vicky MacLean, associate professor of sociology and the event’s co-director.

Founded by Dr. Rodger Bates at Lambuth College in Jackson, Tenn., some 30 years ago, the symposium has called MTSU its home since 1993. “This year’s symposium promises to be as exciting as those that have preceded it,” MacLean added. “It is clear to us that the developmental experiences of our students lay at the heart of this event.”

The event will open Thursday, Nov. 15, with student research paper presentations that will continue throughout the symposium. Although “Migrations” is the central symposium theme, papers may be on any social topic, organizers said.

Dr. Shannon Hedge, assistant professor of anthropology, said, “We are excited about this year’s paper competition, because it honors student achievement in independent research and puts us in league with many of the professional conferences in the social sciences, which often feature student paper prizes … to encourage student research and participation in the professions.”

This year, the paper competition will include a first-, second- and third-place award for outstanding papers. To enter the competition, students must submit papers to Hedge at slhodge@mtsu.edu no later than Thursday, Nov. 8.

Senior Lynn Funkhouser, president of the university’s Anthropology Society, said the undergraduate conference is a valuable opportunity. “The symposium experience is important for undergraduate students, because it provides us with a forum to present our own research,” she explained. “Because the symposium is for undergraduates, the experience is less intimidating than a professional conference, where many of the presenters are the same people writing one’s textbooks.”

At 1 p.m. Nov. 15 in the James Union Building’s Tennessee Room, Dr. Will Leggett, assistant professor of anthropology and one of the event’s organizers, will lead a panel discussion on “Immigration in the American South.”

Following the panel discussion, the Anthropological Society and the Sociology Club will sponsor a to-be-announced documentary film screening in the Keathley University Center Theater from 4:15 to 6 p.m. No tickets are required.

Dr. Katharine Donato, professor of sociology at Vanderbilt University, will deliver the Nov. 15 keynote address, “Changing Faces, Changing Places: The Emergence of New Immigration Gateways in the United States,” at 7 p.m. in the JUB’s Tennessee Room. A research fellow at Vanderbilt’s Center for Nashville Studies and the Center for the Americas, Donato’s research interests focus on topics related to social stratification and demography.

The symposium will conclude Friday, Nov. 16, with additional paper presentations that culminate with a brown-bag luncheon discussion on “Careers in the Social Sciences” at 12:30 in the JUB’s Hazelwood Dining Room. Organized by Dr. Craig Carter, assistant professor of sociology, the career panel will feature various alumni, faculty and practicing social scientists and will explore potential career paths for students.

For more information on the annual forum, please contact Connie Haddox, coordinator for the College of Liberal Arts, at chadd@mtsu.edu or 615-494-7628.
Grants integrate women’s perspectives into classes

by Gina K. Logue

The President’s Commission on the Status of Women at MTSU is accepting applications from faculty for its 2008 Curriculum Integration Grants. Deadline for 2008 grant applications is Feb. 1, 2008.

“The commission is thrilled with the growing interest in the grants in the past few years,” Dr. Tina Johnson, PCSW chair and associate professor of English, says. The 2007 grants, which have been awarded to three professors in allocations of $1,800 each, are being used to infuse courses at MTSU with an appreciation for the experiences and perspectives of women.

Dr. Jane Marcellus, an assistant professor of journalism, will teach “Women in Journalism History” in the spring semester. The course description in the syllabus reads, in part, “Grounded in the assumption that sex is biologically determined but gender is socially constructed, we will ask how ideas about gender have shaped the field and prescribed both men’s and women’s roles.”

“Marcellus points to Margaret Fuller, one of the first woman reporters to be hired full-time by a newspaper, Mary Margaret McBride, who fashioned her mother’s way of talking to her friends into a radio interview technique; and Nellie Bly, who pretended to be insane to get an insider’s view of conditions in an asylum, as examples.”

Dr. Karen Petersen, an associate professor of political science, used her grant to create a version of her “Foundations of Government” general education class that would be applicable in a study-abroad context in Cherbourg, France.

“I would like to, in this class, explore the issue of immigration in France, immigration politics and the way in which women are at the center of that debate,” Petersen says.

She notes that Islamic women in France feel they need protection from Western values, and Western women in France feel they need protection from fundamentalist Islam, while other women are caught in the middle with no power.

“It got the idea out of teaching journalism history and also just working with women students,” Marcellus says. “I really saw a need for role models in a profession that is, by tradition, fairly male-dominated.”

Marcellus and Petersen were among the first recipients of athena Commission grants, which originated in 1999. The grants and curriculum development are supported by the National Science Foundation. The commission is thrilled with the growing interest in the grants in the past few years, Johnson says. The popularity of the grants “shows that there is much interest at MTSU about bringing women’s experiences, issues and interests into the classroom.”

For more information, contact Johnson at 615-898-2705 or njohnson@mtsu.edu.

Gov. Phil Bredesen to MTSU on Lectureship will welcome Gov. Phil Bredesen to MTSU on Nov. 7.

The governor’s address, “Exploring Issues in Education,” will take place at 2 p.m. in the State Farm Lecture Hall of the Business and Aerospace Building. It’s open to the campus community and the public.

Elected governor of Tennessee in 2002, Bredesen has continued to make education his top priority. Under his leadership, teachers’ salaries have increased, and his focus on the state’s pre-K initiative has now expanded that program to include 4-year-olds.

He created the Governor’s Books from Birth Foundation, which provides free books every month to children up to 5 years of age and now encompasses all 95 counties in Tennessee. In Bredesen’s fourth year in office, education funding rose to a record $366.5 million. He was overwhelmingly reelected in 2006.

The Paul W. Martin Sr. Lectureship was established in 2004 to enhance the stature of the University Honors College at MTSU—and to enrich the relationship between MTSU and the community. Dr. H. Lee Martin, son of Paul W. Martin Sr., funds the Martin Lectureship. The program is sponsored by the University Honors College in collaboration with the colleges of Liberal Arts, Business, Education and Behavioral Science, Basic and Applied Sciences and Mass Communication.

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by Tom Tozer

One year ago, MTSU Procurement Services acquired a new, one-stop shopping online software, which five departments are currently testing as a prelude to a campuswide rollout in January.

SciQuest e-Procurement Market Place allows vendors to access a Web site and register their contact information and services, which places them in an active database of suppliers. In turn, this provides MTSU with a broader range of choices and an easier way to make purchases.

Officials said MTSU established the partnership with SciQuest primarily because the latter maintains a strategic partnership with SunCard Higher Education, the company that provides the Banner ERP and administrative systems now in use throughout the university.

Departments can shop for goods and services using an electronic shopping cart technology provided by MTSSource, the new name for the SciQuest online shopping service. Those departments already conducting shopping tests of the new program are facilities services, biology, information technology, chemistry and the business office.

“MTSource was developed as our comprehensive online purchasing solution to improve the campus buying experience,” commented Joe Hugh, assistant vice president for procurement services. “MTSource delivers innovative e-Procurement technologies and shopping features to align MTSU with its suppliers. We like to think of it as your doorway to the world’s marketplace.”

The new e-Procurement system will provide shoppers with online supplier catalogs, offer opportunities to compare prices, reduce paper-based transactions, allow buyers to track the status of their orders and leverage purchasing against bids, grants and contracts, Hugh explained.

For example, registered vendors will be notified of available bid opportunities by e-mail, Hugh said.

“The system will reduce the cost of supplies and distribution while increasing the speed of accuracy of the bid process.” Bidders without electronic access will still be able to participate.

MTSource will be unveiled and available to campus users first of next year, and the MTSU P-Card will be compatible with the software, Hugh said. Hugh added that he and his staff will hold workshops on how to use the new shopping system.

Questions may be directed to Hugh at jhugh@mtsu.edu or Will Pritchett at wpritche@mtsu.edu.

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Epilepsy education 101:
‘Don’t be afraid of it’
by John C. Lynch

There are more than 3 million people in the United States with epilepsy, and 200,000 new cases develop each year. The Epilepsy Foundation of America conducted the first nationwide epilepsy public education campaign in June and July of 1968. The next year, November was declared National Epilepsy Awareness Month.

For many people with epilepsy, the biggest problem is not the disorder itself but society’s attitudes. Because epilepsy can be a stigmatized condition, some people shy away from using the word—saying instead that they have seizures or a seizure disorder.

National Epilepsy Awareness Month was established to dispel myths about the condition and educate the public about symptoms and safe ways of dealing with it.

Karen Dunkley, executive aide in the geosciences department, has experienced epilepsy firsthand and said it’s not something to be afraid of.

“If you don’t have epilepsy and know someone with it, don’t be afraid of it,” she advised. “People need to know that if it happens in their presence, don’t freak out, because it’s scary for the person it’s happening to and they don’t need the added anxiety.”

Dunkley said she understands that many people are uncomfortable and unfamiliar with the condition. For a long time, she said, she was hesitant to let people know she had epilepsy because she “didn’t want people feeling sorry for me.”

Now, she says, she doesn’t have a problem with other people knowing that she has epilepsy.

“Some people may not want others to know about it. It’s an individual thing. Most just don’t want people feeling sorry for them. My thing is don’t worry about people feeling sorry for you. Worry more about your safety and your health. If that means telling people, tell people that you have it.”

Last summer, Robert Mott, a junior majoring in broadcast journalism, witnessed a friend having a seizure.

He said it was an unnerving experience.

“I’ve never seen a seizure except in movies,” he recalled, “and it’s not like in the movies. This actually scared me quite a bit, because I’d never seen my friend like this. I called the ambulance, then called his mother. She was a lot calmer about it than I was. She said she had had to get used to it, because this had been happening since he was five.”

Dunkley’s story, as well as Mott’s comments, will be featured in the November edition of “Middle Tennessee Record,” MTSU’s monthly video magazine. To view the show in its entirety, watch Murfreesboro cable Channel 9 (the Educational Resource Channel @ Middle Tennessee) at 5 p.m. seven days a week, or watch Sundays at 1:30 p.m. on NewsChannel 5. The show also is available on YouTube or by visiting www.mtsunews.com.

First-aid tips for epilepsy

• Don’t put anything into the mouth of a person having a seizure. You cannot swallow your tongue during a seizure.

• Don’t restrain a person who is having a seizure—doing so will make the person more likely to hurt himself.

• Seizures usually stop on their own after a minute or two, but you should call an ambulance if the seizure lasts more than five minutes or occurs in a series. Call an ambulance if the person also has diabetes, is pregnant or is seriously injured.

For more information about epilepsy, visit www.epilepsyfoundation.org.