Amy Aldridge Sanford is the Vice Provost for Academic Programs and a professor of communication. She came to MTSU in early 2022 and oversees degree development, the True Blue Core, undergraduate and graduate academic catalogs, commencement ceremonies, academic yield activities, and the Registrar's Office.

A full-time university administrator since 2016, Sanford was previously the associate provost and a department chair at Texas A&M University—Corpus Christi and a department chair at Northeastern State University. She is past president of the Central States Communication Association and the board of directors for YWCA Corpus Christi and is a lifetime member of the American Association of University Women. She is the current chair of the Activism and Social Justice Division of the National Communication Association.

Sanford is an established scholar and practitioner, with specific interests in activism, social justice, solidarity, not-for-profit organizations, and leadership. She utilizes qualitative methods, including interviews, journal entries, and participant observations, in her scholarship. She has served as a reviewer for multiple national journals and has published dozens of book chapters, journal manuscripts, newspaper editorials, and newsletter articles. Sanford's book From Thought to Action: Developing a Social Justice Orientation, in its second edition, is utilized in classrooms throughout the world. A TEDx speaker and curator, she is frequently asked to present at national conferences and to university audiences and local community groups.

Sanford received a Ph.D. in Communication Studies from the University of Iowa in 2006. She has received many local, state, and national awards, including two 40 Under 40 awards, YWCA Corpus Christi's Y Women in Careers, Communication University Educator of the Year in both Texas and Oklahoma, and Outstanding Administrator from the National States Advisory Council of the National Communication Association. In 2023, she was awarded the Jack Kay Award for Community Engagement and Applied Communication Scholarship by the Central States Communication Association.