CUSTOMS 2015
College Life Issues: Changes, Challenges, Choices, and Consequences
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What does it mean to be a BLUE RAIDER?

I am TRUE BLUE.
as a member of this diverse community,
I am a VALUABLE CONTRIBUTOR to its PROGRESS & SUCCESS.
I am ENGAGED in the LIFE of this community.
I am a RECIPIENT & GIVER.
I am a listener & speaker.
I am HONEST in word and deed.
I am COMMITTED to REASON.
I am a learner.
I am a BLUE RAIDER. TRUE BLUE.
I am a TRUE BLUE.

NOT VIOLENCE
NOW & FOREVER
BLUE RAIDER. TRUE BLUE.
MTSU is committed to developing and nurturing a community devoted to learning, growth, and service. Each person who joins or affiliates with the community does so freely and accepts and practices the following core values and expectations:

**Honesty and Integrity.** The notions of personal and academic honesty and integrity are central to the existence of the MTSU community. All members of the community will strive to achieve and maintain the highest standards of academic achievement in the classroom and personal and social responsibility on and off campus.

**Respect for Diversity.** The MTSU community is composed of individuals representing different races, ethnicities, sexual orientations, cultures, and ways of thinking. We respect individual differences and unique perspectives and acknowledge our commonalities.

**Engagement in the Community.** All members of the community are encouraged to participate in educationally purposeful activities that support and enhance the MTSU experience. Active involvement and personal investment in the classroom and throughout the community are hallmarks of an engaged citizen.

**Commitment to Nonviolence.** MTSU is committed to the principles of nonviolence and peaceful conflict resolution. Community members will freely express their ideas and resolve differences using reason and persuasion.
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What’s about to CHANGE?

You aren’t in high school anymore!

Welcome to Middle Tennessee State University
Academic Expectations: What does it mean to be a BLUE RAIDER?

- This is your Full-Time Job
- 15 to Finish
- Graduate in 4 Years
- Attend Every Class
- Show Up for Your Faculty Member’s Office Hours
- Your Faculty Use Turn-It-In Software
Time to make some CHOICES

- Too many choices can be overwhelming, but let’s start with perception vs. reality and....
- Will I make friends?
- Can I smoke?
- Does everyone drink?
- What about drugs?
- Who’s sleeping with whom?
Making connections...

- Know who you are and what you want
- Don’t get caught up in Facebook, Instagram, Tumblr, Twitter, etc.
- Attend Connection Point events
- Don’t be afraid to ask for help
- You’re not the only one who has no idea what’s going on!
MTSU is a Tobacco-Free Campus

- Tobacco use is not permitted at MTSU
- Applies to all forms of tobacco products including, but not limited to, cigarettes, pipes, cigars, chewing tobacco, and snuff as well as smokeless electronic cigarettes and other similar devices
- Individuals may use tobacco while inside private vehicles situated on MTSU property
Living On-Campus this fall?

- The Tennessee General Assembly will require ALL NEW incoming students, under age 22, who live in on-campus housing to provide proof of adequate immunization against Meningococcal disease, before moving into any on-campus housing. “Adequate Immunization” means students must have been vaccinated on or after their 16th birthday.

- Questions? Contact Housing and Residential Life.
Being safe on campus

- 79% of MTSU students report feeling safe on this campus
- MTSU Public Safety - 898.2424 or 911
- Raider Escort Service - Don’t walk alone
- Adopt-A-Cop
- MTSU Alert 4 U
- Timely warnings/Immediate notifications
- Keep your doors and windows locked
- Keep your keys with you
- Don’t leave personal belongings unattended
- Consider renter’s insurance
- Document serial numbers
To drink or not to drink...

- 72% of MTSU students have never missed a class due to drinking or drug use
- 60% of MTSU students have 1 or fewer alcoholic beverages per week
- 21% of MTSU students have not used alcohol within the last year

(MTSU Core Drug & Alcohol Survey, 2011-2012)
If I choose to drink, then what?

- No alcoholic beverages, illegal drugs, or drug paraphernalia are permitted on the campus of Middle Tennessee State University.

- **Parental notification policy**: MTSU is required to notify your parent or guardian if you’re under 21 and found responsible for alcohol or drug-related offenses.
What about drugs?

- 65% of MTSU students have not used marijuana within the last year.
- 71% of MTSU students say their close friends would disapprove or strongly disapprove if they smoked marijuana regularly.
- 79% of MTSU students have not used marijuana in the last 30 days.
- 97% of MTSU students have not used other illegal drugs in the last year.

(MTSU Core Drug & Alcohol Survey, 2011-2012)
If I choose to use drugs, then what?

- **Parental notification policy**: MTSU is required to notify your parent or guardian if you’re under 21 and found responsible for alcohol or drug-related offenses.

- **Zero tolerance in the residence halls and apartments**: students found responsible for violating the drug policy are removed from the residence halls within 48 hours and receive no refund on any housing fees. Students will be expected to pay out their academic year license agreement in full.
Who's sleeping with whom?

- 74% of MTSU students had one or fewer sexual partners in the 12 months prior to completing the survey
- 33% of MTSU students did not have sexual intercourse within the last year
- 28% of MTSU students reported ever being tested for HIV

(MTSU Core Drug & Alcohol Survey, 2011-2012, & National College Health Assessment, 2012-2013)
If I have questions, who’s got answers?

- [www.goaskalice.com](http://www.goaskalice.com) - Columbia University’s Health Q&A internet service
- [www.kinseyconfidential.org](http://www.kinseyconfidential.org) - Sexual Health Information from the Kinsey Institute
- [www.mtsu.edu/healthservices](http://www.mtsu.edu/healthservices) - MTSU Student Health Services and Health Promotion
  - Free HIV testing
  - Low cost STD testing
  - Low cost hormonal contraception
  - Free condoms
1 is 2 Many
What is sexual violence?

Sexual violence refers to physical sexual acts perpetrated against a person’s will or where a person is incapable of giving consent. Sexual violence can include things like rape, sexual assault, domestic violence, dating violence and stalking.

Middle Tennessee State University prohibits all forms of sexual violence.
What about harassment?

- Middle Tennessee State University does not discriminate on the basis of race, color, religion, creed, ethnic or national origin, sex, sexual orientation/gender identity expression, disability, age, status as a covered veteran, or genetic information in its educational programs and activities.

- To file a complaint, contact the Judicial Affairs staff in the Keathley University Center (KUC), room 208, 898.2750, or Institutional Equity & Compliance in the Cope Administration Building (CAB), room 116, 898.2185.
What do I need to know?

- **Dating Violence**: Violence against a person when the accuser and accused are dating, or who have dated, or who have or had a sexual relationship. “Dating” and “dated” do not include fraternization between two individuals solely in a business or non-romantic context. Violence includes, but is not necessarily limited to:
  - Inflicting, or attempting to inflict, physical injury on the accuser by other than accidental means;
  - Placing the accuser in fear of physical harm;
  - Physical restraint;
  - Malicious damage to the personal property of the accuser, including inflicting, or attempting to inflict, physical injury on any animal owned, possessed, leased, kept, or held by the accuser; or,
  - Placing the accuser in fear of physical harm to any animal owned, possessed, leased, kept, or held by the accuser.
What do I need to know?

- **Domestic Violence**: Violence against a person when the accuser and accused:
  - Are current or former spouses;
  - Live together or have lived together as a spouse or intimate partner;
  - Are related by blood or adoption;
  - Are related or were formally related by marriage; or,
  - Are adult or minor children of a person in a relationship described above.

Domestic violence includes, but is not necessarily limited to,

- Inflicting, or attempting to inflict, physical injury on the accuser by other than accidental means;
- Placing the accuser in fear of physical harm;
- Physical restraint;
- Malicious damage to the personal property of the accuser, including inflicting, or attempting to inflict, physical injury on any animal owned, possessed, leased, kept, or held by the accuser; or,
- Placing the accuser in fear of physical harm to any animal owned, possessed, leased, kept, or held by the accuser.
What do I need to know?

- **Sexual Assault**: Nonconsensual sexual contact with the accuser by the accused, or the accused by the accuser when force or coercion is used to accomplish the act, the sexual contact is accomplished without consent of the accuser, and the accused knows or has reason to know at the time of the contact that the accuser did not or could not consent.

  Sexual contact includes, but is not limited to,
  
  - Intentional touching of the accuser’s, the accused’s, or any other person’s intimate parts; or
  
  - Intentional touching of the clothing covering the immediate area of the accuser’s, the accused’s, or any other person’s intimate parts, if that intentional touching can be reasonably construed as being for the purpose of sexual arousal or gratification.
What do I need to know?

- **Stalking**: A willful course of conduct involving repeated or continuing harassment of another individual that would cause a reasonable person to feel terrorized, frightened, intimidated, threatened, harassed, or molested.

Harassment means conduct directed toward the accuser that includes, but is not limited to,

- Repeated or continuing unconsented contact that would cause a reasonable person to suffer emotional distress, and that actually causes the accuser to suffer emotional distress.

Harassment does not include constitutionally protected activity or conduct that serves a legitimate purpose.
Disciplinary Hearings

MTSU’s discipline process will:

- insure a prompt, fair, and impartial investigation and resolution process, which will protect the safety of the victim and promote accountability;

- be conducted by staff who receive training on issues related to sexual violence and how to conduct an investigation and hearing process;

- provide the same opportunities for the accuser and the accused to be accompanied to any related meeting or proceeding by an advisor of their choice;

- notify the accuser and the accused simultaneously, in writing, of the outcome of the discipline proceeding, the procedure for appeal, any change to the results that occurs prior to the time that such results become final, and when the results become final.
How can I reduce my risk?

- No one is ever at fault for being a victim of sexual violence.
- Be aware of your surroundings.
- Think about where you can go to get help if you need it.
- Be assertive about communicating what you want.
- Trust your instincts.
- Set your sexual limits ahead of time and when you are sober.
- Be aware of the effects of alcohol on your body.
Reducing your risk...

- Alcohol interrupts the ability to make sound decisions and impairs your ability to communicate clearly.
- REMEMBER...drunk sex jeopardizes your ability to get and give consent.
- Watch your drink...
- Stay with friends and watch out for each other...
- When on a date with someone new, be responsible for yourself and let others know your plan.
- Don’t hesitate to call 911 if you think you are in danger.
What is consent?

Consent is an informed decision, freely given, made through mutually understandable words or actions that indicate a willingness to participate in mutually agreed upon sexual activity. Consent cannot be given by an individual who is:

- Asleep;
- Unconscious;
- Mentally or physically incapacitated, either through the effect of drugs or alcohol or for any other reason;
- Under duress, threat, coercion, or force.

Past consent does not imply future consent. Silence or an absence of resistance does not imply consent. Consent can be withdrawn at any time.
Did you know...

...if someone is incapacitated due to alcohol or other drugs, even if the individual says yes, it is considered sexual assault.
Did you know...

CONSENT
is the presence of a
YES, every time;
not the absence of a
NO.
How do you know you have consent?

**Red: Signs You Should Stop**

- Your partner is too intoxicated to give consent.
- You are too intoxicated to gauge consent.
- You don’t think they would agree to have sex if they were sober.
- Your partner is asleep, unconscious, or for any other reason is physically or mentally unable to communicate consent.
- You are using physical force or size to have sex.
- You hope your partner will say nothing and go with the flow.
- You have had sex before but they have said they’re not interested tonight.
- You have coerced your partner in any way (asking repeatedly, pressuring, physically intimidating them, etc.)
- You intend to have sex by any means necessary.
How do you know you have consent?

Yellow: Signs You Should Pause and Talk

- You are not sure what the other person wants.
- You feel like you are getting mixed signals.
- You have not talked about what you want to do.
- You assume that you will do the same thing as before.
- Your partner stops or is not responsive.
How do you know you have consent?

Green: Keep Communicating

- Partners come to a mutual decision about how far to go.
- Partners clearly express their comfort with the situation.
- You feel comfortable and safe stopping at any time.
- Partners are excited!

(Adapted from American College Health Association, *Shifting the Paradigm: Primary Prevention of Sexual Violence Toolkit.*)
More than 90% of sexual assaults are committed by people the victim knew.

75% of physical and sexual assaults that occur on college campuses involve the use of alcohol by the assailant, the victim, or both.

60% of assaults occur in the home of either the victim or the assailant.

4-6% of men commit sexual assault.

What can you do to prevent sexual assault?
Bystander intervention

- Notice the event.
- Interpret it as a problem.
- Assume personal responsibility.
- Know how to help.
Step Up and ACT...
Key takeaways...

- Interrupt the situation - distract both parties or remove them immediately.
- If your friend is incapacitated, remove them immediately from the situation.
- Be aware of comments/behaviors from others that would indicate they were intent on having intercourse even if the partner was unwilling or incapacitated.
- Don’t joke about sexual assault. “Jokes” can trivialize the severity of the behavior.
- Don’t allow victim blaming - “It’s her fault because…”
- Although it can be awkward to confront a friend/peer it’s better to be safe than sorry.
At MTSU, IT'S ON US...
This pledge is a personal commitment to help keep women and men safe from sexual assault. It is a promise not to be a bystander to the problem, but to be a part of the solution.

I PLEDGE...

To RECOGNIZE that non-consensual sex is sexual assault.

To IDENTIFY situations in which sexual assault may occur.

To INTERVENE in situations where consent has not or cannot be given.

To CREATE an environment in which sexual assault is unacceptable and survivors are supported.
The Year Ahead Will Be Amazing!
Make the most of your experience...