

# Unlock Financial Freedom

Explore our free online educational videos, interactive lessons and calculators to empower your financial journey. From budgeting tips to planning for retirement, we've got you covered. Join Ascend in helping to shape a brighter financial future for all Middle Tennesseans.

These tools are free to everyone; you do not have to be an Ascend member to access them.

Ascend's content library contains over 40 financial education modules including:



Buying a Home

Debt Management

Paying for College

Car Loans

Family Conversations about Money

Preventing Overdraft Fees

Creating a Budget

Healthy Financial Habits

Planning for Retirement

Credit Cards

Healthcare Finances

Sustainable Investing

Credit Scores and Reports

Identity Protection

Taxes: The Basics

Visit **[ascend.org/financial-education](https://ascend.org/financial-education)** to get started!

If you have any questions as you work through these courses, please reach out to us in person at your nearest Ascend branch, by telephone at **800-342-3086** or via email at **[memberservice@ascend.org](mailto:memberservice@ascend.org)**.

Materiales gratuitos de educación financiera también disponibles en español.

## Questions?

Give us a call: **800-342-3086**

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