



RUTHERFORD COUNTY Mental and Behavioral Health Services

Mental Health

Branches Counseling

- Serves children 5th grade to all adults
- Help for the Whole Person: A Christ-Centered ministry
- 615.904.7170
- 1102 Dow St, Murfreesboro, TN 37130
- <https://www.branches.org/>

DePriest Center

- Mental health, substance use and co-occurring
- 877.352.1039
- 201 Uptown Sq Murfreesboro, TN 37129
- <https://www.depriestcenter.com/>

Genesis Family Service

- Child, adolescent, and adult services
- 615.494.4804
- 237 Castlewood Drive Suite A Murfreesboro, TN 37129
- <http://genesispyschiatricservices.com/>

Harmony Health

- Children, adolescent, and adult mental health medication management and therapies
- 629.229.3936
- 1120 Dow Street Murfreesboro, TN 37130
- <https://www.harmonyhealthmedical.com/>

Insight Counseling Centers

- Adult, couples, and family services
- Restore lives to wholeness mentally, emotionally, and spiritually
- 615.383.2115
- 200 E Main St, Murfreesboro, TN 37130
- <https://insightcounselingcenters.org/>

Matthew Walker Comprehensive Health Center

- Primary healthcare and mental healthcare
- 615.984.4290

- 739 President Place, Smyrna, TN 37167

– <https://mwchc.org/>

Mental Health Cooperative

- Supporting individuals and families' mental and behavioral health; Adults and Children
- 615.743.1555 (enrollment)
- 1419 Kensington Square Ct, Murfreesboro, TN 37130
- <https://www.mhc-tn.org/>

Omni Community Health

- Child, adolescent, and adult services
- 615.295.2176
- 545 Brandies Cir, Murfreesboro, TN 37128
- <https://www.theomnifamily.com/>

Primary Care and Hope Clinic

- Primary healthcare and mental healthcare
- 615.893.9390
- 1453 Hope Way Murfreesboro, TN 37129
- <https://hopeclinc.org/>

TrustPoint

- Adolescents, Teens, and Adults
- Outpatient and inpatient services
- 615.716.1824
- 1009 N Thompson Ln, Murfreesboro, TN 37129
- <https://www.trustpointhospital.com/>

Volunteer Behavioral Health

- Individual, couples, family and group therapy
- Children's Behavioral Health Safety Net for outpatient mental health services for age 3 – 17
- First Time Appointment: Call 877.567.6051
- 615.898.0771
- 1504 Williams Drive Murfreesboro, TN 37129
- 615.459.9251 - 131 Mayfield Dr., Smyrna, TN 37167
- 24/7/365 Walk in Center, Crisis Stabilization Unit & Detox
- 1504 Williams Drive, Murfreesboro, TN 37129
- Crisis Line – Adult Clients – 1-800-704-2651
- Substance Use Treatment & Recovery Services (SUTR)
- Referral Line: 931-266-0646
- <https://www.vbhcs.org/>

Ellie Mental Health

- Works with children, adolescent, and adult.
- 1608 Williams Dr. St. 301 Murfreesboro, TN 37129
- 615.653.4115
- <https://elliementalhealth.com/>

Youth Crisis Services

Youth Villages, Tennessee

- Programs to serve emotionally and behaviorally troubled youth including crisis services
- 615.250.7200
- <https://youthvillages.org/>

Adult Substance Use Disorder

In-Patient

Buffalo Valley

- Substance abuse treatment center, detox services, housing, and recovery services
- 501 Park Avenue South Hohenwald, TN 38462
- 931.796.5427
- <https://www.buffalovalley.org/>

Doors of Hope

- Substance Use Disorder treatment center for women
- 428 E Bell St Murfreesboro, TN 37130
- 615.203.5221
- <https://www.opendoorsofhope.org/>

Journey Pure

- Substance abuse and mental health treatment provider for adult men and women
- 5080 Florence Rd. Murfreesboro, TN 37129
- 615.410.9260
- <https://journeypure.com/>

Lloyd C. Elam at Meharry

- Comprehensive care for individuals with various substance use disorders
- 1810 Albion Street Nashville, TN 37208
- 615.327.6348
- <https://meharrymedicalgroup.com>

Mirror Lake

- Addiction & co-occurring mental health treatment for adults in Tennessee
- 999 Girl Scout Rd, Burns, TN 37029
- 844.986.2192
- <https://www.mirrorlakerecovery.com/>

Mending Hearts

- Treatment and recovery program for women

- P.O. Box 280236, Nashville, TN 37228
- 866.416.1909 - <https://mendingheartsincl.org/>
- New Leaf**
- Substance abuse/co-occurring residential treatment facility
- 1200 South Willow Ave Cookeville, TN 38506 – 931.432.4123
- <https://www.vbhcs.org/locations/cookeville/>
- The Next Door**
- Treatment program for women struggling with substance abuse
- 402 22nd Ave N, Nashville, TN 37203
- 615.251.8805
- <https://thenextdoor.org/>
- Samaritan Recovery Community**
- Addiction & co-occurring disorders treatment
- 410 South 5th Street Nashville, TN 37206
- 615.244.4802
- <https://samctr.org/index.html>

Outpatient

ACT Wellness

- Recovery through a combined care approach – 1410 Kensington Square Court, Suite 104, Murfreesboro, TN 37130
- 615.962.7444
- <https://actwellnesstn.com/>

Behavioral Health Group

- Specializing in Medication Assisted Treatment – 630 Broadmor Blvd, Murfreesboro, TN 37129 – 615.281.6844
- <https://www.bhgrecovey.com/>

Bowdoin

- Co-occurring outpatient therapy
- 431 Nissan Drive, Suite 202 Smyrna, TN 37167 – 615.462.7392
- <https://bowdoinrecovery.com/>

Cumberland Heights

- 12-step based outpatient program
- 745 South Church Street, Suite 505 Murfreesboro, TN 37130
- 615.857.3807

- <https://www.cumberlandheights.org/>
- Cooperative Recovery**
- Customized, evidence-based addiction treatment
- 615.687.4680
- 1419 Kensington Square Ct, Murfreesboro, TN 37130
- <https://www.mhc-tn.org/>
- Spero Health**
- Integrated care for all substance use disorders and specializing in Medication Assisted Treatment
- 301 Wolverine Trail Ste 200 Smyrna, TN 37176
- 615.851.0579
- <https://sperohealth.com/>
- Tulip Hill**
- Treatment center focused on mental health and substance abuse; offering transitional housing
- 1800 S.Rutherford Blvd #103 Murfreesboro, TN 37130
- 629.201.7495
- <https://tuliphillrecovery.com/>

Children Services

Connections Wellness Group

- Adolescent behavioral health treatment for those with addiction & mental health concerns – 1370 Gateway Blvd Ste 210, Murfreesboro, TN 37129
- 615.656.8719
- <https://vertavahealth.com/>

TrustPoint

- Children, Teens, and Adults
- 615.716.1824
- 1009 N Thompson Ln, Murfreesboro, TN 37129
- <https://www.trustpointhospital.com/>

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- Children, Teens, and Adults
- 1810 Albion Street Nashville, TN 37208
- 615.327.6348
- <https://meharrymedicalgroup.com>

Prevention Services

Prevention Coalition for Success

- Connect our communities to reduce substance abuse and violent crime; community organizing

- 415 N Maple St. Murfreesboro, TN 37130
- 615.225.2475
- <https://pc4s.org/>
- Solutions Education Center**
- Alcohol and drug education including low-income individuals, at-risk youth & their families
- 714 W. Main St. Murfreesboro, TN 37129
- 615.796.0817
- <https://www.keepwhatyouvalue.com>

Important Numbers and Local Websites

Lydia Price, Project Lifeline Coordinator

- Increasing access to recovery services
- 615-603-9092 | lprice@pc4s.org

Will Taylor, Regional Overdose Prevention Specialist

- Overdose prevention training and resources
- 615-806-4127 | will@wpc-tn.org

Statewide Mental Health Crisis Line:

855.CRISIS.1 (855.274.7471)

National Suicide Prevention Hotline: 988

Find Help Now: <https://findhelpnow.org/tn>

SAMSHA: <https://www.samhsa.gov/find-treatment>

N Licensed Facilities: <https://www.tn.gov/behavioral-health/licensing/find-a-licensed-facility-or-service.html>

Recovery Support Meetings

Narcotics Anonymous: <https://na.org>

Alcoholics Anonymous: <https://www.aa.org/>

Celebrate Recovery:

<https://www.celebraterecovery.com/>

Smart Recovery: <https://www.smartrecovery.org/>

844-991-2962 – Text zip code to receive a reply with local recovery support group

