

COLLEGE OF EDUCATION

WEEKLY NEWS

Sharing news, updates, helpful tips and tricks, and all the things to keep you informed for the week of September 27, 2021



STUDENT PROFILE JESSICA NASCA ELEMENTARY EDUCATION

My time in residency has been absolutely gratifying. I was placed in a 5th grade class this year and to say I was nervous was an understatement. I have never been in a classroom above 2nd grade, but I can honestly say that I love it. I am so lucky to be able to experience time in the upper grades, the added experience, and the amazing 5th grade teachers at Barfield Elementary. I think I may have even found another favorite grade to teach!

FALL BREAK

10/9-10/12

Only two full weeks until FALL BREAK! While you most likely have tests to study for and papers to write, take time to relax, exercise, and replenish all the Vitamin D that you lose when sitting in a classroom all day. Grab a friend and visit one of the great parks nearby!



NEARBY PARKS

Rock Island State Park, Cedars of Lebanon State Park, Henry Horton State Park, Long Hunter State Park, Fall Creek Falls State Park, Bone Cave State Natural Area, Old Stone Fort State Park, and even Stones River National Battlefield right in Murfreesboro, TN!

THE MONTHLY RECAP

HAVE YOU....

Created a schedule that works for you?

FOCUS ON TIME MANAGEMENT

You only have 160 hours per week. Do you know how you are currently spending those hours? Could you be doing something different so that you can increase your success?

CHECK OUT PAGES 33-37 IN YOUR STUDENT HANDBOOK TO LEARN STRATEGIES TO BETTER MANAGE YOUR TIME AND REFOCUS.

Taken time to meet with each class professor during their posted office hours?

BUILDING RELATIONSHIPS

Despite what some may believe, your class instructors WANT you to be successful and want you to do well in class. In addition, they want to know who YOU are and want to be invested in your growth and success.

COMBAT ANY FEARS AND SHYNESS YOU MAY HAVE AND VISIT YOUR INSTRUCTOR DURING OFFICE HOURS. INTRODUCE YOURSELF SO THAT THEY KNOW WHO YOU ARE AND WHAT YOUR GOALS ARE.

IS THERE ANYTHING YOU WANT TO SEE IN THESE NEWSLETTERS? IF SO, EMAIL ME AT ALICIA.ABNEY@MTSU.EDU

