

Counseling Services

MTSU Counseling Services provides crisis intervention, short-term individual counseling and referral, as well as group counseling sessions for enrolled students. Most students can schedule a screening appointment within one or two days. During this screening, the counselor will listen to the student's concerns and make recommendations of treatment options. Students whose treatment needs are more long term or specialized in nature will be assisted in connecting to outside treatment providers. Students already engaged in long-term mental health services or needing medication management will need to establish ongoing care through an off-campus provider. For more information see the website at mtsu.edu/countest or call 615-898-2670.

Disability and Access Center

The MTSU Disability and Access Center (DAC) assists students with documented disabilities in arranging for the reasonable accommodations best suited to support their success. To participate in DAC services, students must submit a registration application and medical documentation verifying the qualifying diagnosis, and participate in a meeting with a member of the DAC staff. An initial accommodation plan will be created, and appropriate instructors will receive letters outlining the accommodations permitted. For more information or to register for services, visit mtsu.edu/dac, send an email to dacemail@mtsu.edu, or call 615-898-2783.

Campus Recreation Center

Whether you've never stepped into a gym or you're training for a triathlon (or find yourself somewhere in the middle), we're here to help you get where you want to be. There's no one-size-fits-all game plan, so you'll find a range of activities and resources at Campus Rec, including weight room, cardio room, swimming, fitness classes, intramural sports, sport clubs, and outdoor trips and activities. For more information, visit the Campus Rec website at mtsu.edu/camprec.



GETTING INVOLVED

While academics need to be your No. 1 priority, going to college is about more than classes. At MTSU, you'll find more than 200 student organizations and a variety of campus activities to help you have fun, meet new friends, sharpen your leadership skills, and develop new interests and hobbies. From athletic events to concerts, lectures, student government, fraternities and sororities, movies, and clubs, there is something for everyone to get connected to. You will quickly find that many of the involvement resources you are looking for are conveniently located within our beautiful Student Union Building. For easy access to all that MTSU campus life offers, visit the Campus Life website at

MTSU.EDU/CAMPUSLIFE.

I AM *true*
BLUE

0321-9498 - Middle Tennessee State University does not discriminate against students, employees, or applicants for admission or employment on the basis of race, color, religion, creed, national origin, sex, sexual orientation, gender identity/expression, disability, age, status as a protected veteran, genetic information, or any other legally protected class with respect to all employment, programs, and activities sponsored by MTSU. The Interim Assistant to the President for Institutional Equity and Compliance has been designated to handle inquiries regarding the non-discrimination policies and can be reached at Cope Administration Building 116, 1301 East Main Street, Murfreesboro, TN 37132; Christy.Sigler@mtsu.edu; or 615-898-2185. The MTSU policy on non-discrimination can be found at mtsu.edu/iec.

2021-22 RESOURCES FOR SUCCESS OUTSIDE OF THE CLASSROOM

MIDDLE
TENNESSEE
STATE UNIVERSITY.





TRUE FOUNDATION

Find the help you need to manage your college experience outside of the classroom, from financial aid to food to counseling to recreation. Here's a guide to resources available on campus:

MT One Stop

The MT One Stop provides all services to students in the areas of **financial aid, scholarships, FAFSA verification, residency, tuition, billing, and transcripts**. The office is on the second floor of the Student Services and Admissions Center, connected by a bridge to the MTSU Student Union Building. If you are unable to come in person to receive assistance, you can speak directly with an enrollment coordinator by logging on to the virtual counter at mtsu.edu/one-stop/onestopcounter.php. They work hard to answer emails in one business day or less, so send your questions to MTOneStop@mtsu.edu. Include your MTSU ID number in the email, and use your MTSU email account for correspondence. For more information, see the website at mtsu.edu/one-stop.

Installment Payment Plan

Although all charges are due and payable in full at the beginning of each term, students in good financial standing at MTSU may defer payment of up to 75% of their amount due for registration fees, housing, and the freshmen meal plan for the fall and spring semesters. The Installment Payment Plan is not available for summer terms or the Winter Session. See the website for details at mtsu.edu/tuition/payment-plan.php.

Residency classification

Will I be paying in-state tuition and fees, or will I be classified as out-of-state? The MT One Stop can help answer these questions, or you can learn more at mtsu.edu/one-stop/residency.php. Please note that as a general rule, a student is considered to have the same state of residency as their parents if the parents claim the student as a dependent for tax purposes. In addition, students who move to Tennessee must live in the state at least one year prior to enrolling in college to be considered in-state residents.

On-campus housing

Approximately 2,800 students make the MTSU campus their home. Although students are not required to live on campus, each year about half of our entering freshman class and another 1,200 returning students elect to live in MTSU apartments or residence halls. Many students choose on-campus housing affiliated with a specific major or interest area through

our living-learning communities. We know that **living on campus during the first year of college is correlated with improved grades and student success**. Housing is assigned on a first-come, first-served basis, and is often filled for the fall semester before the end of June. If you are interested in living on campus, you'll want to apply as early as you can by visiting the housing website at mtsu.edu/living-on-campus.

Eating on campus

Options for eating on campus range from all-you-care-to-eat restaurants to branded favorites such as Chick-fil-A, Starbucks, Pizza Hut, Steak 'n Shake, Panda Express, and Bento Sushi. Meal plans make it easy and convenient to get most or all of your meals without needing to carry cash. Freshmen living on-campus are required to purchase a meal plan, as residence halls do not provide complete cooking and food storage options. Dining services are provided by Aramark. More information can be found at mtsu.campusdish.com.

Charlie and Hazel Daniels Veterans and Military Family Center

The Daniels Center is the largest and most comprehensive veterans center on any college campus in Tennessee. Daniels staff provide transition and enrollment services for military students and families, including serving as a gathering and study location, assisting with the processing of military and VA benefits, and providing academic and personal support services. The 3,200-square-foot center is located in rooms 124 and 316 of Keathley University Center, right in the heart of the MTSU campus. To learn more, visit the website at mtsu.edu/military or call us at **615-904-8347**.

