

Claire Robinson ('21, Public Health, M.P.H.), Epidemiologist with **Tennessee Department of Health**, shares about her experience in the Public Health - Community Health graduate program. When asked about her favorite part of the program, she said: "The best part of the MPH program is the professors. They were my favorite part, hands down." **#mtsugradstudies**
#publichealth

MTSU programs completed and graduation dates:

- B.S. in May 2019 in Integrated Studies with minors in Health and Biology
- MPH in August 2021 with concentration in Community Health

What brought you to MTSU?

- MTSU is home! I grew up in Murfreesboro and have always been True Blue since I can remember. It was an easy decision to choose MTSU for my undergrad and post-secondary education, especially when I found out they offered a Master of Public Health degree.

What was your favorite part of attending MTSU?

- I was able to teach as a Graduate Teaching Assistant in Health and Human Performance during my time in grad school, so in a way I got to pay it forward with my own education. There's something to be said about being a student yourself while simultaneously teaching undergrad students from all walks of life, and it was one of the most rewarding, fun experiences of my own life.
- My other favorite part is the incredible staff over in Health Services that I was able to work with often and the Creamery's chocolate milk 😊

What takeaways did you get from MTSU and the program that have/ you hope will impact your career?

- I am pretty Type A and I find that I need a lot of structure, but we aren't always afforded that luxury. Sometimes life happens, or even a global pandemic, and you have to roll with the punches as best as you can. I think that the MPH program did an amazing job helping to prepare me for unprecedented events, being able to think on my toes, and adapt to change accordingly.

Do you have any advice for prospective or future graduate students?

- Talk to your professors and make yourself known to them, get to know your classmates, and take advantage of any and all opportunities for growth, both professionally and personally. I have never developed more as a person than I did during my time in graduate school, and I would encourage anyone to take advantage of that opportunity if it presented itself.

