

INSTRUCTIONS ALLERGY PATIENTS

MTSU HEALTH SERVICES

The Health Services provides allergy desensitization injections as service for the convenience of students. It is extremely important to follow your allergist's instructions exactly. This is for your safety and ensures that the full benefit of allergy injections is achieved without any potential life-threatening risks. Students who want to have allergy injections at Health Services must follow the guidelines outlined below. **Health Services staff have the right to discontinue this service for any patient who does not comply with these requirements.**

- **ALL** allergy injections will be given by **appointment between 8:30-11:00a.m. and 1:15-3:30p.m. Monday – Friday** when a university physician is in the building. There may be an exception in the event of an absence of a physician or administrative reason.
- Your initial allergy injection **MUST** be given in an allergist's office.
- If this is your first allergy shot at MTSU Health Services, please call our office at 615-898-2988 to schedule your appointment. **Do not schedule this initial appointment online!**
- Sign in for your appointment at the computer in the lobby. If you are ill when you come to receive your allergy injection, please inform the nurse prior to receiving the injection. Also, please inform the nurse of any delayed reactions from your previous visit.
- An instruction sheet from your allergist **MUST** accompany your properly labeled vials. This information should include date and amount of last injection, any previous reactions, dosage and schedule, and changes to be made of lateness, local reactions, and new injection material.
- You are expected to maintain the schedule as directed by your allergist. Allergy injections must be given according to these specific time intervals. This is necessary for both the safety and success of the allergy program. **When injections are not on time, your appointment may take longer than normal. It's possible that your injection will not be given.**
- The medical staff of Student Health Services requires that you wait in the clinic for 20 minutes (or longer if required by your allergist) following your injection. While we cannot force you to wait, should you leave the area and then experience a serious reaction, you might not be able to return in time to receive prompt, possibly life-saving treatment. **If you leave prior to the**

20-minute waiting period, you will assume all health risks that might occur in the immediate period after the injection. Individuals who repeatedly violate this policy may, at the discretion of the medical staff, be excluded from receiving further injections through Student Health Services.

- Before you leave Health Services, one of the nurses must check the site of injection to note and record any evidence of a local reaction.
- A small administration fee will be charged each visit. If it is necessary for MTSU to contact your allergist for clarification of instructions due to **non-compliance**, an additional fee may be assessed. During summer there will be a summer fee in addition to an administration fee for non-enrolled students.
- Injection material in the Student Health Center will be discarded upon documented expiration date. Student Health Center shares the responsibility with the individual for maintaining an adequate supply of injection material. Student Health Center will assist with ordering if instructions and order form are provided. Allergen extract may be sent directly to the health center where it will be immediately store in the refrigerator.

I have read, understand and am willing to comply with the MTSU policy for administration of allergy injections in the Student Health Center.

Student Name (Please print)

Student Signature

Date

Witness Signature

Date

Copy given to student: _____
Staff initials

Date