Positive Aging Consortium presents

POSITIVE AGING CONFERENCE

JUNE 10, 2022
9:00 A.M.–3:30 P.M.
at MTSU’s Miller Education Center
Plan to arrive early to view exhibits and pick up your packet

For conference updates and registration, visit mtsu.edu/pac.

Registration opens first week of April

Featuring keynote speaker Julie Sweetland, Ph.D., of FrameWorks Institute
(Sponsored by the MTSU Distinguished Lecture Fund.)
“Building Momentum: How Mindsets on Aging are Shifting”

MTSU Speakers:
Dr. Jim Houston, Psychology, “Taking Steps to Maintain a Healthy Brain as we Age”

Dr. Brandon Grubbs and Dr. Vaughn Barry, Health and Human Performance, “Reaching Your Physical Utopia”


Dr. Elizabeth A. Smith, Nutrition and Food Science, “Tower Garden to Table: Using Produce to Create Healthy Meals”

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