



Positive Aging Consortium
presents
**POSITIVE AGING
CONFERENCE**

**April 17, 2026
9:00 a.m.–3:00 p.m.**

at MTSU's Miller Education Center,
503 East Bell Street

*Plan to arrive early to view exhibits
and pick up your packet*

For conference updates and
registration, visit **mtsu.edu/pac.**

Registration is now open.

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I AM *true***BLUE**

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**Featuring
keynote speaker
Cathy Maxwell
Ph.D., RN, FAAN,
Robert L. and Joyce T. Rice
Presidential Endowed Chair
in Healthy Aging,
University of Utah**

**“Aging Gracefully” to “Aging
Powerfully”: Strategies for
Healthy Aging**

**Additional speakers
will present:**

Making the Most of Your
Money as You Age

Strategies to Maintain a
Healthy Brain and Body

Artificial Intelligence (AI):
What Is It, How You Can Use It,
and Identifying Scams

Empowering Communities
for Longevity: Strategies from
Blue Zones and Beyond

Age-Friendly Cities and
Communities—How They
Promote Positive Aging