July 2019-June 2020

PARENT AND FAMILY CALENDAR

MIDDLE TENNESSEE STATE UNIVERSITY
WE ARE TRUE BLUE!

Welcome to the Parent and Family Association (PFA) at MTSU! I know I speak for all of our faculty and staff when I say that I am delighted to welcome you and your student as you become a part of our extended university family.

2019-20 has many great things in store. While classes and schoolwork are the most important items on your student’s to-do list, there will be many out-of-class opportunities for your student to get involved in. Many of those opportunities will also be available to the whole family, so I hope we’ll see you on our campus throughout the year. We’re going to have a terrific line-up of speakers, theatrical events, athletic match-ups, and musical performances. Your student may decide to play on an intramural sports team, become part of a campus ministry, get involved in a fraternity or sorority, or join one of our more than 300 student clubs and organizations. All of these activities add to the richness of campus life. I hope you’ll join us for any campus activity that you can attend!

This parent calendar will help you track the year and keep up with important dates, deadlines and events. We’ve pre-loaded the calendar with many items you’ll want to be aware of, and I encourage you to note other events on the calendar as you read about them on the MTSU Parent and Family Facebook page or in the Parent and Family eNewsletter. While now is the time for your student to become responsible for tracking his/her own deadlines, I know many of you will want to be able to offer encouragement, and perhaps a few helpful reminders throughout the year. This calendar should assist you in that effort.

We appreciate the confidence you put in this university, and we know that you are sharing with us an important part of your family. We take that trust seriously, and will do all that we can to help support and guide your student through the upcoming year. There are many people here to help! Please encourage your student to visit with their academic advisor regularly, to stop by the office hours for their professors every once in a while to ask questions, and to let the MT One Stop staff help answer enrollment and financial aid questions. We are all invested in your student’s success, and want to partner with you to help keep him or her on track. You can always reach out to the office of New Student and Family Programs by calling 615-898-2454. You can also reach me via email at debra.sells@mtsu.edu.

Welcome to the family!
True Blue!

Debra Sells, Ed.D.
Vice President for Student Affairs and Enrollment Services

The New Student and Family Programs office is comprised of several areas, including New Student Orientation (CUSTOMS), the Parent and Family Association, Connection Point programming, and Family Weekend events. All of the programming our office provides is designed to ease the transition to MTSU for both students and families.

The Parent and Family Association is specifically designed to support parents and families throughout their student’s career at MTSU. It serves as a vehicle through which parents can ask questions and access important resources, as well as build a support network with other True Blue parents and family members. Benefits include a Welcome Kit, monthly e-newsletters from August to May, scholarship opportunities, access to our exclusive Facebook group, and the chance to attend events such as Family Weekend. We are so excited to welcome you to the True Blue family and look forward to your membership in the PFA over the next several years!
Move-in is an exciting and emotional time for both students and family members. Planning ahead is key, along with maintaining realistic expectations. Encourage your student to communicate with his or her roommate about items to bring, so there isn’t duplication. During move-in, your student will meet a variety of residence hall staff members. Check the Housing website for important information at mtsu.edu/living-on-campus as you prepare to head to campus. Embrace the excitement, chaos, and fun of move-in, and vow to send your student off on a positive note! If you have further questions about housing, please contact the MTSU Housing office at 615-898-2971.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.

June 2019

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July 2019

- Independence Day
- University Closed
- Check-out of dorm for S2
- Final exams for Part Term (S2 and S5)
- Residence halls check-in for S3, 8:00 a.m.–6:00 p.m.
- S3 Term Classes Begin
- Fall 2019 registration bills available on PipelineMT

Looking Ahead: Watch for the MTSU Parent and Family eNews in your email.

When you signed up for the Parent and Family Association, you received your Welcome Kit, VIP Card, and a variety of MTSU gear to get your collection started as a True Blue Family member. The first PFA e-newsletter will land in your inbox during the first few weeks of August. Be on the lookout for great information that will help you prepare for move-in and the beginning of the year.
### MT Dining
Your student might miss mom or dad’s cooking, but MT Dining works hard to make your student’s dining experience the best it can be by providing good nutritious food in a relaxed atmosphere. Remind your student to make the most out of the meal plan by taking advantage of the many options available on campus. For questions regarding your student’s dining options, contact Dining Services at 615-898-2675.

### Looking Ahead: Family Weekend
Family weekend is Sep. 13–14. Learn more and make your reservations today: mtsu.edu/parents/family_weekend.php

### Events on the Calendar
- **August 2019**
  - **Connection Point**
    - Connection Point is a program designed to help students immediately become involved with out-of-classroom activities. Each semester a slate of fun, educational, and athletic events are organized just for students. These events will enhance your student’s college experience and make his or her time at MTSU more enjoyable. The first few weeks of Connection Point are traditionally referred to as Week of Welcome. During Week of Welcome, there will be several fun, free events that allow students to meet each other, learn traditions, understand expectations, and eat lots of free food. During move-in weekend, parents and family members are invited to attend events, including Dinner and a Carnival, University Convocation, President’s Picnic, and Shut Up and Dance.

  - **Events on the calendar may have changed. See mtsu.edu/calendar for current information.**

### Calendar

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**August 2019**

- **First Day of Class**
  - Fraternity Recruitment Begins

- **Meet Murfreesboro,** 10:00 a.m.–2:00 p.m., Student Union Commons
  - #MTBaeWatch Beach Party, 5:00 p.m.–7:00 p.m., Rec Center Sundeck

- **Part-Time Job Fair**
  - 11:00 a.m.–2:00 p.m., Student Union Atrium
  - SGA’s Fight Song Competition, 7:00–9:00 p.m., Murphy Center

- **First Day to make application for Fall 2020/Spring 2021**

- **MTSU Fall 2020, Meet Murfreesboro,** 10:00 a.m.–2:00 p.m., Student Union Commons
  - Family members welcome

- **We Haul Dinner and a Carnival,** 6:00 p.m., Student Union Commons
  - Family members welcome

- **MTSU Fall 2020, Meet Murfreesboro,** 10:00 a.m.–2:00 p.m., Student Union Commons
  - Family members welcome

- **MTSU Fall 2020, We Haul University Convocation,** 5:00 p.m., Murphy Center
  - Family members welcome

- **MTSU Fall 2020, President’s Picnic**
  - (Floyd Stadium concourse)
  - Family members welcome

- **MTSU Fall 2020, We Haul**
  - Dinner and a Carnival, 6:00 p.m., Student Union Commons
  - Family members welcome

- **MTSU Fall 2020, President’s Picnic**
  - (Floyd Stadium field), following Convocation
  - Family members welcome

- **MTSU Fall 2020, Shut Up and Dance,** 2:30 p.m., Tucker Theatre
  - Provided by the MTSU Free Speech Center
  - Family members welcome

- **MTSU Fall 2020, MTSU Football at Michigan**

**MTSU Fall 2020, MTSU Dining**

Your student might miss mom or dad’s cooking, but MT Dining works hard to make your student’s dining experience the best it can be by providing good nutritious food in a relaxed atmosphere. Remind your student to make the most out of the meal plan by taking advantage of the many options available on campus. For questions regarding your student’s dining options, contact Dining Services at 615-898-2675.
The University Police department is responsible for maintaining the safety and security of the MTSU community. The University Police strive to create an environment that is a safe place to learn and work. Encourage students to store the non-emergency police number 615-898-2424 in their phone and utilize it when they need a safe escort or assistance. It’s important to remind students that being safe on campus requires that they be aware of their surroundings and make sure they’re responsible for their own safety as well. One way students can stay alert is by enrolling in the MTSU Alert4U Emergency Response system. Alert4U is a rapid response text, email, and voice alert system that notifies students, faculty, and staff of campus emergencies, as well as information for events such as University closings due to inclement weather.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.

### September 2019

#### Campus Safety/Alert4U

The University Police department is responsible for maintaining the safety and security of the MTSU community. The University Police strive to create an environment that is a safe place to learn and work. Encourage students to store the non-emergency police number 615-898-2424 in their phone and utilize it when they need a safe escort or assistance. It’s important to remind students that being safe on campus requires that they be aware of their surroundings and make sure they’re responsible for their own safety as well. One way students can stay alert is by enrolling in the MTSU Alert4U Emergency Response system. Alert4U is a rapid response text, email, and voice alert system that notifies students, faculty, and staff of campus emergencies, as well as information for events such as University closings due to inclement weather.

**Events on the calendar may have changed. See mtsu.edu/calendar for current information.**
### Housing Reminder

Deadline to cancel housing reservation for Spring 2020 semester and receive partial refund of Spring 2020 prepaid deposit for those graduating and not returning to take classes at MTSU is November 15.

**Reminder:** We do not accept cancellations from current residents returning and taking classes at MTSU during the spring 2020 semester.

### Academic Advising

The student and advisor relationship is one of the most important connections your student will make here on campus. MTSU has a team of advisors to assist students in setting academic goals, finding campus resources, and exploring career options throughout their time at MTSU. The advisor will monitor progress throughout each semester and reach out if the student gets off track. Students have a responsibility to contribute to this relationship by setting appointments each semester to meet with their advisor. These meetings are an opportunity to plan their schedule, ask questions, keep up with advising materials, and following through with the suggestions and guidance given by the advisor.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.
Looking Ahead:
Finals are just around the corner.
The Student Success Center offers FREE tutoring in all subjects and Supplemental Instruction, both of which are great tools to prepare for final exams. Learn more by visiting mtsu.edu/studentsuccess, or have your student visit the center in Peck Hall Room 142.

**Daylight Savings Time Ends**

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<td>Deadline to cancel housing reservation for Spring 2020 semester and receive partial refund of prepaid rent deposit for those graduating and not returning to take classes at MTSU</td>
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<td>MT Football at Western Kentucky University</td>
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Health Services and Pharmacy

All students currently registered at MTSU are eligible to receive care through Health Services. They provide a wide range of services, including influenza vaccination, strep tests, annual exams, and even X-rays. Students who use a prescribed medication (or are prescribed medication while a student) can utilize the on-campus pharmacy to fill the prescription at their convenience. Please visit mtsu.edu/healthservices for more information.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.
REMINDER: Students not returning to MTSU to take classes for the Spring 2020 semester after Dec. 14, 2019, please note that your student will be charged $35 per day starting from Dec. 14 until the day they cancel their reservation in writing with the Housing and Residential Life Office in KUC 300, remove their belongings from their dorm room, and properly check-out of their room in person with hall staff. From Dec. 18, 2019 through Jan. 1, 2020, your student must contact the Scarlett Desk at 615-904-8068 for assistance.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.
The beginning of the year is a great time to get students thinking about their overall health and wellness. There are a variety of resources available to students to assist in all areas of wellness. Encourage your student to schedule a free appointment with the professional health coaches through MTSU Health Promotion. These coaches serve as a built-in support system in place to assist with any needs your student may have in health and wellness, including exercise, nutrition, stress management, and many others. For more information, visit mtsu.edu/healthpro.

The MTSU Recreation Center offers many fitness options for all students. They can utilize they recreation center for FREE, plus participate in many classes throughout the year for a small fee. These classes range from yoga to cycling. Go to mtsu.edu/campus/fitness/classes to learn more and view a schedule of classes.

Have you recently moved? Changed your email address? Got a new phone number? The MTSU PFA wants to make sure we have all of the correct information for you in our database. Make changes to your membership information at any time at mtsu.edu/parents/member-update.php.

Looking Ahead: Is your student planning to live on campus for the 2020–21 school year? Applications for on-campus housing are now available. Go to mtsu.edu/living-on-campus for more information.
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### Celebrate Black History Month
MTSU celebrates Black History Month with several educational and social events for all students to attend. The annual Unity Luncheon will also take place to honor unsung heroes on campus. Visit mtsu.edu/aahm for a complete list of events.

### Looking Ahead: Fall 2020
March is a great time for your student to make an appointment with his or her academic advisor to discuss summer classes (if applicable), as well as planning out the Fall 2020 schedule.

### Scholarships
With deadlines fast approaching, encourage your student to research available scholarships for the upcoming year. For a complete list of scholarships offered by the University, please visit mtsu.edu/financial-aid/scholarships. The Parent and Family Association scholarship applications will be available beginning May 1. You can find those applications at mtsu.edu/parents/scholarships.php.

### Involvement
The Connection Point involvement program extends beyond just the fall semester, with a wide variety of events offered in the spring to help your student become more involved on campus. You can see a list of events and research the 300-plus student organizations offered at MTSU. Encourage your student to become involved to ensure success in and out of the classroom. Visit mtsu.edu/stuaff/connect for more information.

Spring Break is an exciting time for college students. They get a break from classes and a chance to both unwind and re-energize for the rest of the semester. However, Spring Break can also be a time where all students should take precautionary measures to ensure their safety if they plan to engage in traditional spring break activities. If your student is of age, remind them to: drink responsibly, not to drink and drive, use the “buddy system,” and be aware of the signs of alcohol poisoning. Students can ensure their safety by refusing drinks from strangers and not leaving their drinks unattended. Always encourage your student to carry both a personal ID and medical information with them in case of an emergency. If they’re planning to have high sun exposure, students should drink lots of water and use sunscreen. Arming them with this information is critical, but also make sure to let them know to have fun and enjoy their vacation!

Events on the calendar may have changed. See mtsu.edu/calendar for current information.

**MTSU celebrates National Women’s History Month by providing education and social programming that aims to promote social justice and women’s empowerment. For a complete listing of events, visit mtsu.edu/jac/nwhm.php.**
**Looking Ahead:**  
**Summer/Fall Advising**

If your student plans to take summer classes, be sure to check in and see if he or she had an advisor meeting and registered for these classes. Summer will be here before we know it!

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**Conversation Starters**

Good communication with your student is essential in their success. Begin thoughtful, supportive conversations by asking open-ended questions. Ask about academic goals and being involved in campus activities. Talk with your student about managing a personal budget. Offer reminders of the many resources available, like tutoring and the Student Success Center.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.
Looking Ahead:
Make sure to visit the housing website for information on check-out for the year.
Students have 24 hours after their last final to move out of on-campus housing. For more information, please visit mtsu.edu/living-on-campus

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<td>Mother's Day Residence halls check-in for Summer 1 and Full Term, 8:00 a.m.–6:00 p.m.</td>
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Summer/Move-Out Plans
Your student will soon be finished with the academic year at MTSU. He or she may be planning to return home for the summer to intern, study, work, or rejuvenate for the upcoming school year. It is important to remember your student may have a hard time transitioning back to your “house rules” after operating on the newfound independence college has provided. Be sure to have open communication with your student about summer expectations.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.
Annual Members: It is time to renew your Parent and Family Association membership! Annual memberships expired in May. Renew your membership to continue receiving the monthly e-Newsletters, a new Very Important Parent (VIP) discount card, and have your student remain eligible to apply for the PFA scholarships. You can renew your PFA membership by going to mtsu.edu/parents.

Lifetime Members: As a reminder, your Lifetime Membership is valid until your child graduates from MTSU. Your 2020-2021 VIP Card will be mailed to the address you provided for us when you joined the association. If you've moved or need to update your information in our database, please visit mtsu.edu/parents/member-update.php.

Events on the calendar may have changed. See mtsu.edu/calendar for current information.

Looking Ahead:
If you are not already a member, please consider joining the MTSU Parent and Family Association Facebook group!

This is a great way to connect with other parents, as well as with MTSU staff who are available to answer your questions. You can join our Facebook group at any time by going to facebook.com/groups/MTSU.PFA/.