

BE THE POWER OF ONE

Building a Safe Community



The Power of
ONE
Direct. Distract. Delegate. Delay.

4th Edition, July 2019

Dr. Anita Hill inspires MTSU staff and students at CPN Summit in Nashville, TN

Barbara Scales, Director of June Anderson Center for Women and Nontraditional Students



A group of MTSU staff and students recently had the opportunity to attend Everfi's 2019 Campus Prevention Summit held in Nashville, Tennessee. At the summit, we joined experts, policymakers, thought leaders, and practitioners from CPN member institutions and organizations to examine emerging strategies for solving the critical issues related to campus health and safety. We attended impact sessions, knowledge exchanges, meetings, and keynotes on topics ranging from sexual violence, alcohol misuse, and drug abuse, mental health and well-being, and diversity and inclusion. The highlight of the CPN summit this year was having the opportunity to hear Dr. Anita Hill speak.

During her keynote, Dr.

Hill spoke passionately about her legacy that she bravely began in the early 1990s. Her message continues to inspire women and men all around the world. Our Power of ONE Student Committee members, who had learned about Dr. Hill's experiences and legacy this past semester during the screening of the film *Anita: Speaking Truth to Power*, were ecstatic to have the opportunity to hear her speak. During her speech, Dr. Hill challenged audience members to become advocates of social justice and change. She stated, "As long as women and minorities face discrimination in the U.S., there is more work to be done."

Photo credit (left) : *Tennessean*

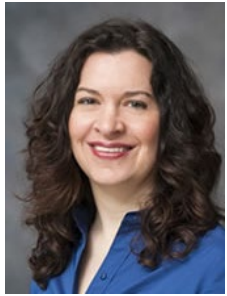


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NCHA survey shows increase in prevention education at MTSU

Lisa Schrader, Director of MTSU Health Services



Since 2010, every three years MTSU Health Promotion uses the National College Health Assessment to track student knowledge, interest, and behaviors around a variety of health issues, including relationship and gender-based violence. Results from the most current survey, conducted in March and April of 2019, show that the Power of ONE Campus grant work, a grant MTSU received from the Department of Justice Office of Violence Against Women, has measurably moved the needle on student awareness of gender-based violence and interest in violence prevention at MTSU.

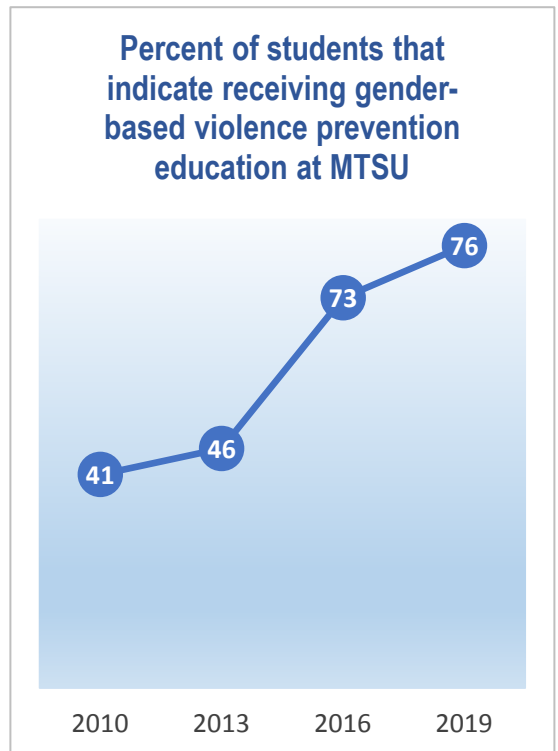
In the survey, students were asked whether or not they have received information on sexual assault or relationship violence prevention from their university. In 2010, only 41% of the 745 MTSU students in the random sample responded that they had received programming related to gender-based violence prevention. In 2013, that number ticked up slightly to 46% of 1,274 students. But still, that meant more than half of the survey respondents either didn't receive or didn't remember officially receiving anything about this important topic from MTSU.

Fast forward to 2016, cross-campus planning for a grant application for the Office of Violence Against Women (OVW) Campus Grant was in full force. As a part of that submission, the Power of ONE bystander intervention program was developed by Barbara Scales at the June Anderson Center for Women and Nontraditional Students. This program was piloted with student groups, and has since been refined into its current form. Results from the 2016 survey demonstrated this increase in programming, with the survey revealing that the *majority* of students reported having received information on sexual assault or relationship violence prevention. However, that sample was smaller than and not as representative as others had been previously, so its results needed to be viewed with a proverbial asterisk.

In 2019, 76% of the 815 MTSU students surveyed stated that the University had presented them with information related to sexual assault and relationship violence prevention. Over half of respondents (55%) indicated that they would like to receive more information on sexual assault and relationship violence prevention from the University. This shows that students are interested in creating a culture of safety and healthy relationships for themselves and their fellow students. – Lisa Schrader, Director of MTSU Health Promotion

Now in 2019, MTSU has been operating with the OVW grant for nearly two years, Power of ONE bystander intervention programming is in full force, and partners in the Campus Comprehensive Response Team established by the grant are unfolding multiple activities related to gender-based violence prevention throughout the academic year. According to the most recent survey, 76% of the 815 students in the 2019 sample now affirmatively state that MTSU has presented them with information related to sexual assault and relationship violence prevention. This *nearly doubles* the percentage of students respondents indicating they have received (or remember receiving) information on the topic since we began asking the question in 2010!

This academic year marks the first time in the history of the survey at MTSU that over half of students (55%) indicated that they would like to receive *MORE* information on sexual assault and relationship violence prevention from the University. Such a shift shows that students are buying into the goals of the OVW grant and are interested in creating a culture of safety and healthy relationships for themselves and their fellow students. Congratulations to everyone involved in the implementation of the grant's goals, and a huge thank you to all of the students who have been so passionately engaged in building a better community for everyone in the True Blue family!



MTEngage grants Power of ONE \$2,200 for Prevention Programming

Kelly Hill, Power of Prevention Coordinator at June Anderson Center for Women and Nontraditional Students

Power of ONE was recently awarded three MT Engage grants, for a total of \$2,200 in grant funding to support interdisciplinary, out-of-classroom learning experiences for students. The grants will be used to provide food for up to 150 students at three programs on gender-based violence prevention this fall.

“Stalking and *YOU*,” a collaboration of Power of ONE program coordinator Kelly Hill, assistant professor of Communication Studies Dr. Natalie Hoskins, and director of Women & Gender Studies Dr. Vicki MacLean, will be hosted on September 18. The program, based on the popular Netflix series *YOU* which features a tech-savvy stalker, will discuss what stalking and dating violence look like in real life. It will also discuss the warning signs of unhealthy relationships, and how to communicate relationship boundaries in a healthy, effective way.

The MTSU Engaging Men Committee will host “*The Mask You Live In: A Conversation on Manhood*” on September 24. The event is being planned by members of the Engaging Men Committee, including MTSU Health Coach Vincent Black, Fraternity and Sorority Life coordinator Jordan Borchert, and Dr. Hoskins. This event will provide group discussions facilitated by male-identified faculty and staff on the stereotypes and social pressures contributing to a culture of violence and toxic masculinity.



Kelly Hill (Power of ONE), Dr. Natalie Hoskins (Communication Studies), and Dr. Nikki Jones (Social Work) collaboratively wrote three MT Engage grants to support interdisciplinary, out-of-classroom conversations on gender-based violence and prevention.

This series will support students as they engage in meaningful conversations about communicating healthy relationship boundaries and media portrayals of gender-based violence that reach beyond the classroom. We are fortunate to have so many interdisciplinary collaborators, which demonstrates how truly integrative the MTSU learning experience is.

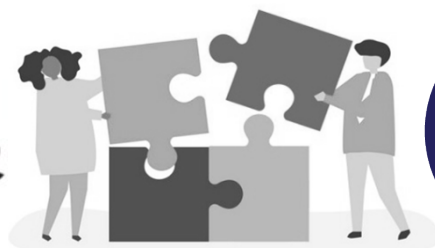
– Dr. Natalie Hoskins

The final program, “*SURVIVING: Gender-based Violence in an Era of R.Kelly, Weinstein, and the #MeToo Movement*,” will be hosted on October 2nd. The event, being planned in collaboration with assistant professor of Social Work, Dr. Nikki Jones, and Power of ONE student members Disha Trivedi, Chasidy Lauderdale, Sloan Carver, and Brianna Guydon, will invite students to understand experiences of victims of gender-based violence, and why it can take so long for survivors to speak out. The event will also discuss the experiences of women of color, men as victims of sexual violence, and survivors who identify as LGBT.

We hope [the event] Surviving will elucidate the need to address sexual violence faced by African American women and other women of color, men, and the LGBT community. These groups are largely missing from #Metoo discourse and too often neglected by the legal system.

– Dr. Nikki Jones

Dinner will be provided at each event for the first 150 students. Power of ONE welcomes faculty and staff from across the university to promote and incorporate themes from the series into their fall coursework. Contact kelly.hill@mtsu.edu for more details on future collaboration opportunities or to list your department as a co-sponsor in promotional materials.



Power of ONE attends Campus Prevention Network Summit

Barbara Scales, Director of June Anderson Center for Women and Nontraditional Students



Above: Power of ONE student committee Members Disha Trivedi, Sloan Carver, Chasidy Lauderdale; Power of ONE program Coordinator Kelly Hill, June Anderson Director Barbara Scales, and Fraternity and Sorority Life Coordinator Jordan Borchert attended the 2019 Campus Prevention Network Summit hosted by EverFi in Nashville. Dr. Anita Hill was a keynote speaker at this event.



Above: Power of ONE program coordinator Kelly Hill, Fraternity & Sorority Life coordinator Jordan Borchert, and Director of Health Services Lisa Schrader stand with CHASCO members from across the state during the Campus Prevention Network Summit.

Upcoming Events – Fall 2019

#BAEWatch Beach Party

August 27, 5:00 – 7:00 p.m.,
Campus Rec Center – Sun Deck
Join us at our back to school
Beach Party! Meet other
students, swim, play beach
volleyball, yard games, enjoy free
food, a live deejay, trivia, door
prizes and merch!



First Date: SoulMate or Nah?

September 3 & 4, 2:00 – 3:30pm, STU 224

October 8 & 9, 2:00 – 3:30pm, STU 224



There is a lot of
pressure these days to
achieve

#RelationshipGoals
with your #BAE, and
social media often
accentuates the

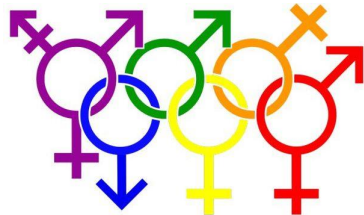
pressure. This workshop will spark conversation about
healthy and unhealthy relationships, and what each of us can
do to step in as a friend or classmate.

Circles of Sexuality

September 11, 7:00pm, CKNB N119

November 5, 6:00pm, STU 224

Come join MT Lambda, Gert Comfrey (LMFT), and the June
Anderson Center in a conversation about relationships,
sexuality, body image, and consent! We will learn about the 5
“circles of sexuality” which
includes identity,
sensuality, intimacy, health,
& power dynamics. We will
then have an open
discussion about S-E-X!



Stalking and “YOU”

September 18, 5 – 7:30pm, Tom Jackson Building



Have you watched the
popular Netflix Original
series “YOU”? Then you
will want to join us at this
event, where we will
discuss what you can do
if events presented in this
TV drama happen to you

in real life. At this event, we will watch some clips of the
series, then discuss what stalking and dating violence look
like in real life. We will also learn the warning signs of
unhealthy relationships, boundaries, and what can happen if
those lines are “blurred.”

***Food will be provided for the first 150 students!**

The Mask You Live In: A Conversation about Manhood

September 24, 5 – 7:30pm, Tom Jackson Building

Join the MTSU
Engaging Men Team
in a *Conversation on
Manhood*. At this
event, we will watch
“The Mask You Live
In,” which portrays
men and boys’
struggles with



gender stereotypes and social pressures that contribute to a
culture of violence, female objectification, and toxic masculinity.
Students will also engage in discussions regarding gender
stereotypes, masculinity, and vulnerability.

***Food will be provided for the first 150 students!!**

SURVIVING: Gender-Based Violence in an Era of R.Kelly, Weinstein, and the #MeToo Movement

October 2, 5:00pm, LRC 221 Auditorium

Have you heard about or watched the “Surviving R. Kelly” Lifetime
documentary? Or maybe you heard about the abuses by other
prominent celebs, such as Harvey Weinstein and Robin Thicke.
#MeToo has helped shine a light on the experiences of victims of
gender-based violence, and why it can take so long for survivors to
speak out. However, gender-based violence and sexual violence is
a widespread social problem that impacts every community and
affects people of all genders,
sexual orientations, ages,
religions, etc. Join us to discuss
experiences of women of color,
men as victims of sexual
violence, and of survivors who
self-identify as LGBTQ.

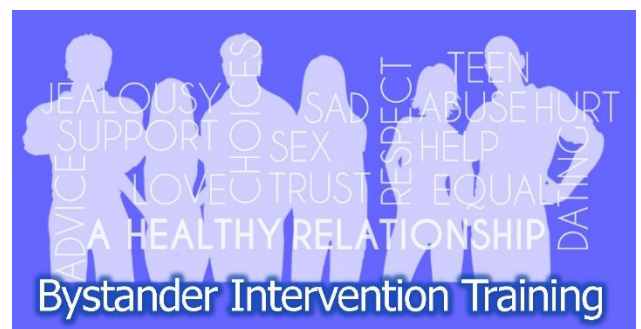


*** Food will be provided for the first 150 students!!**

Power of ONE Bystander Intervention Training

October 15 & 23, 2:00 – 3:30pm, STU 224

The Power of ONE Bystander Intervention Training is a signature
training of the MTSU Power of ONE Campaign. This training will
empower students with knowledge about the different types of
gender-based violence, ways to intervene as a bystander,
resources available on campus for survivors, and also discuss
relationship boundaries, consent, and sex.





ARE YOU #BAEREDY?

BAEWATCH IS COMING!

The annual beach party everyone's been talking about!



**PARTY BY THE POOL ON
AUGUST 27TH 2019, 5-7 PM
REC CENTER SUNDECK**

RSVP ON MYMT FOR FREE FOOD AND FUN!

MTSU - No Closed Door

To talk to someone immediately during a crisis

Sexual Assault 24-hour crisis line, (615) 494-9262 •
Domestic Violence 24-hour crisis line,
(615) 896-2012 •

To talk to someone confidentially

MTSU Sexual Assault Advocate •
Miller Education Center, 503 East Bell St.
(615) 715-2870

MTSU Counseling Services •
Keathley University Center, Room 326-S
(615) 898-2670

MTSU Counseling and Psychological Services •
Miller Education Center, 503 East Bell St.
(615) 898-2271

To receive STI or pregnancy testing

MTSU Student Health Services •
Health, Wellness, and Recreation Center
(615) 898-2988

• **Confidential Resource** ▲ **Not Confidential**

To receive medical treatment or rape kit

Domestic Violence and Sexual Assault Program •
1423 Kensington Square Court
24-hour crisis line: (615) 494-9262

St. Thomas Rutherford Hospital (SART Program) •
1700 Medical Center Parkway
615-396-4100

To report an incident to the university

Title IX Coordinator ▲
Cope Administration Building, Room 116
<https://www.mtsu.edu/titleix> or (615) 898-2185

To report an incident to the police

MTSU Police (615) 898-2424 ▲
Murfreesboro Police (615) 893-1311 or 911

To receive academic accommodations

Disability Access Center (615) 898-2783 ▲
Keathley University Center, Room 107

Other resources

MTSU Student / Judicial Affairs (615) 898-2440 ▲



To read additional editions of the PO1 Newsletter, go to
<https://www.mtsu.edu/powerof1/newsletters.php>
For translations, contact jss@mtsu.edu

Next Student Committee Meeting

July 25th, 12:30 P.M.-2:00 P.M.
STU 330

New Members Always Welcome!

Thank You!

Contributors & Featured Collaborators:

Barbara Scales, Lisa Schrader, Dr. Natalie Hoskins, Dr. Nikki Jones, Dr. Vicki MacLean, Jordan Borchert, Vincent Black, Disha Trivedi, Chasidy Lauderdale, Sloan Carver, Brianna Guydon, Kelly Hill

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