# BETHE POWER OF ONE Building a Safe Community



3<sup>rd</sup> Edition, May 2019

## MTSU Software Engineering Students collaborate to develop Power of ONE Beta App

Each semester, Dr. Medha Sarkar provides her students with opportunities to work with local companies and organizations, and to develop computer programs and software that have practical application in the "real-world." This semester, the June Anderson Center for Women and Nontraditional Students was one of the "customers" who hired a team of students in Dr. Sarkar's software engineering course. The team was hired to develop a beta version of the Power of ONE mobile app to promote a campus culture of bystander intervention and increase accessibility of on- and off- campus resources for survivors of gender-based violence. This project is part of a larger \$300,000 Office of Violence Against Women grant that MTSU received from the Department of Justice to address gender-based violence on campus. MTSU students who worked on the Power of ONE mobile app included Tyler Fisher, Kyle Hildenbrand, Jeffery Mitchell, Kiel Moulon, and Paige Treadway. This collaboration is the first in a series of ongoing collaborations between the June Anderson Center and the Computer Science Department.



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#### An Invitation to the NFL Draft Discussion on Gender-Based Violence.

Barbara Scales, Director of June Anderson Center for Women and Nontraditional Students

On April 25, 2019, Barbara Scales, Director for the June Anderson Center, and Karen Lampert, Executive Director of the Rutherford/Cannon County Domestic Violence and Sexual Assault Center, were invited to attend the 2019 NFL Draft discussion on gender-based violence. At the event, Scales and Lampert participated in an open discussion and idea-sharing session on domestic/dating violence and sexual assault. The NFL's Social Responsibility Representatives spoke about the NFL's programs and initiatives on gender-based violence. Scales and Lampert also had the opportunity to share with the NFL about MTSU's Power of One Bystander Initiatives, more specifically on the importance of engaging campus communities and the NFL community on healthy vs. unhealthy relationships.

Tony Porter, an Advisor to the NFL and a speaker at MTSU just weeks earlier, was also a part of the NFL Draft's discussion of gender-based violence. Porter, the co-founder and co-director of "A Call to Men: The Next Generation of Manhood," focused on the importance of engaging men around the issue of gender-based violence. Porter had been invited to speak on this same issue during his recent visit at MTSU for the official Grant Implementation Kickoff event for the Power of One Prevention Grant – a \$300,000 Office of Violence



against Women grant received from the Department of Justice to increase prevention, education, and awareness initiatives on our campus. During his visit, Porter spoke at a reception with faculty and staff at 11:30 a.m., and with students at a Women's Session at 6 p.m. and a Men's Session at 7:30pm. The events, all hosted at the MTSU Student Union, were sponsored by MTSU Athletics, the MTSU Power of One student organization, the university's Distinguished Lecture Fund and the June Anderson Center for Women and Nontraditional Students.

"Although traditionally, the narrative of gender-based violence has been seen as a 'women's issue,' the narrative is slowly changing. There are still men who believe that because they are not directly affected by gender-based violence, that it isn't their problem," said Barbara Scales, director of the June Anderson Center. "Statistics show us that this is not a 'women's issue'; it is a pervasive issue that affects everyone, regardless of their gender identity. How do we engage men in these conversations and help them see the importance of their role in the fight to end gender-based violence? Tony Porter was able to discuss these issue in all three of the forums hosted on our campus."



### Reflections from Students who Walked or Ran (!) A Mile in Her Shoes



Walk A Mile in Her Heels was a great event with lots of involvement throughout campus to raise awareness about domestic violence. Participating in this event made me realize how many people on our campus are affected through domestic violence and how to help with this cause rather than being a bystander.

Jordan Tran, Phi Kappa Tau

The Walk a Mile in her shoes event was a great turnout! Me and my brothers of Collegiate 100 Black Men of MTSU had a great time and got a great exercise in at the event. I just want to thank you and everyone who was over the event for providing free t-shirts, free Chick-fil-A, prizes, and overall a great event to make a great cause! We hope you have more events like this to bring students across campus out more often to get involved in more events like this. Thank you!

Dylan Bush, Collegiate 100 Black Men of MTSU

Through this event, we learned that how imperative it is for men to be aware and

knowledgeable of the issues women face, especially when it comes to sexual assault. Holding events like this help bridge the gap to becoming more empathic about the different experiences women share, whether it be as small as wearing heels or something more serious, like helping someone through a domestic violence situation.

Matthew Blackwell and Randon Allen, Collegiate 100 Black Men of MTSU



# "To end Domestic Violence & Sexual Assault, We ALL need to be part of the solution."

Brittney Butler, Nontraditional Students Program Assistant, June Anderson Center

Hi! My name is Brittney Butler and I am the new Nontraditional Students Program Assistant for the June Anderson Center. I am a Psychology Major with minors in AAS and Neuroscience. My role as program assistant consists of overseeing the Pinnacle Honor Society, a student organization for nontraditional students (students who are 25 years old or older). I also plan events that assist nontraditional students in becoming more acclimated on campus by providing resources and programs including webinars on time management, whether to pursue a Master's degree, and information about financial aid and scholarships.

This semester, I was excited to be a part of the Clothes Line Project this semester. The Clothes Line Project is an amazing event that allows you to encourage people and inspire change. Domestic violence and sexual assault are sensitive subjects that need our attention. With this project, we advocate and educate students about the importance of sexual assault prevention. Students on

campus took the opportunity to spread encouraging words to help those who may have dealt with some form of assault, which was awesome!

I want to thank all the volunteers who helped each day with the t-shirts; they made Clothes Line Project a success!! We had great participation with the Clothesline Project this year, and I look forward to next year.

As we bring Sexual Assault Awareness Month to an end, let us remember "I ASK FOR CONSENT" is important and necessary. To end domestic violence and sexual assault, we ALL need to be part of the solution. Educating yourself and others, helping a friend who is being abused, speaking up, and being an engaged bystander are all examples of things you can do to help.



Clothes Line Project 2019



# Click here to see our video from Walk a Mile in Her Shoes!



Walk A Mile In Her Shoes 2019

# Subscribe to our MTSU Power of ONE channel





Walk A Mile In Her Shoes 2019

Click here to see our video from Walk a Mile in Her Shoes!

### Walk a Mile in Her Shoes 2019



#### "Changing the Narrative of Responsibility around Sexual Violence"

Lisa Schrader, Director of Health Promotion, MTSU Health Services

As a kick off to Sexual Assault Awareness Month, MTSU Health Promotion and the June Anderson Center for Women and Nontraditional Students recently brought the "What Were You Wearing?" clothing installation to campus. The installation aimed to confront the belief that a person's clothing choices could somehow "invite" sexual assault. Created in 2013 by administrators at the University of Kansas, "What Were You Wearing?" included 55 first-hand accounts of what sexual assault survivors were wearing at the times of their assaults.



The clothing items survivors described were procured and donated by student organizations and campus departments to be displayed alongside their corresponding survivor stories in one of five campus locations—the Rec Center, the Business and Aerospace South Lobby, Walker Library, Keathley University Center, and Murphy Center.

It's hard to know exactly what adjectives to use in describing this installation. "Impactful" and "moving" are some that come to mind, but viewer experiences can range from feelings of empowerment to grief and everywhere in between. Here are just some of the comments from viewers:

"I am a victim of rape at age 5-10 and this really should open others eyes! Thank you so much!"

"Seeing the same Army uniform I wear and the same shirt my daughter (3 yrs.) has was rough."

"I cried! Broke my heart!"

"This is a great program and I think more should be done. My friends and I were discussing about men rape after seeing a male's display. We should make men feel comfortable about coming out too."

Although it can be hard to describe, our evaluation results show that the "What Were You Wearing?" installation is changing attitudes and behavioral intentions. For example, survey responses indicate that viewing the exhibits led to a 66% drop in endorsement of the idea that wearing "provocative" or "revealing" clothing would increase the likelihood of a woman becoming a rape victim. In fact, 83% of respondents said they would be unlikely to ask survivors about their clothing as a result of seeing the displays. There was also a 160% increase in awareness of campus resources related to sexual violence among viewers of the exhibit. As a result of seeing the display(s), 63% of viewers noted that their attitude or behavior was "likely" or "very likely" to change, and 98% of viewers rated the exhibit as "very good" or "excellent."

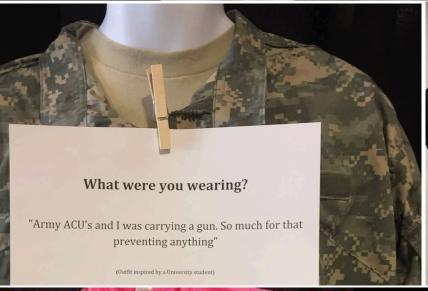
The student response to this installation has been inspiring to me. I have worked in college health for 15 years, and this project is the one that has had the most collaborative feel and the most student buy in. Whether it was through gathering clothing items, lugging boxes and mannequins across campus to set up and take down displays, putting out yard signs, or sharing social media posts, there was no shortage of volunteers ready and willing to devote their time and energy to make the displays accessible to as many students as possible.

I am often asked by students and the media about what led me to want to do this project. I think behind many of those questions lies the assumption that I myself must be a sexual assault survivor. (I am not.) Statistically, 11.2% of all students nationally experience rape or sexual assault while in college. Those numbers are unlikely to change unless those of us in the majority stand together to lift up the survivors and create an environment in which rapesupportive comments, attitudes, and beliefs are not tolerated. It is my hope that the "What Were You Wearing?" project is one step towards reaching that goal and changing the narrative of responsibility around sexual violence.



# What Were You Wearing?









# What were you wearing?

"My favorite pink college t-shirt and black leggings. They sat in the bottom of my laundry for weeks. I never washed them. They just hid down there. Out of sight, out of mind. If only."

(Outfit inspired by a University student)



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# Marketing Internship - DELTA Impact Tennessee Coalition to End Domestic & Sexual Violence

#### JOB DESCRIPTION

The DELTA Impact Marketing Intern will support marketing and communication efforts on a Centers for Disease Control grant referred to as "DELTA Impact". This project includes developing a State Action Plan for primary prevention initiatives in the state of Tennessee. The DELTA Impact Marketing Intern will work under the Program Coordinator to assist with any marketing related activities for the State Action Plan.

#### Responsibilities will include:

- Drafting educational materials and resources
- Designing promotional materials
- Writing articles for monthly newsletter
- Creating and maintaining a newsletter listserv
- · Assisting on DELTA webpage creation and maintenance
- Researching primary prevention approaches to intimate partner violence
- Assisting with special events
- · Assisting on organizational and college outreach
- Other duties may be assigned as marketing opportunities emerge

#### Qualifications:

- Interest in the field of interpersonal/intimate partner violence
- Knowledge of marketing/digital marketing strategies
- Ability to design digital and/or traditional marketing materials

#### To Apply:

Please submit resume, cover letter, and three professional/academic references to Veronica Quinonez at vquinonez@tncoalition.org.

#### About DELTA Impact

The Domestic Violence Prevention Enhancements and Leadership Through Alliances (DELTA) Impact program funds State Domestic Violence Coalitions to implement strategies and approaches designed to prevent intimate partner violence while also funding local communities to do the same. The purpose of DELTA Impact is to decrease risk factors in communities that may lead to intimate partner violence and to increase protective factors that prevent it via a Coordinated Community Response Team. DELTA Impact supports the Coordinated Community Response Team to use intimate partner violence primary prevention strategies that affect the structural determinants of health at the societal or community levels, or the factors that influence where people live, work, and age.

#### MTSU - No Closed Door

#### To talk to someone immediately during a crisis

Sexual Assault 24-hour crisis line, (615) 494-9262 • Domestic Violence 24-hour crisis line, (615) 896-2012 •

#### To talk to someone confidentially

MTSU Sexual Assault Advocate • Miller Education Center, 503 East Bell St. (615) 715-2870

MTSU Counseling Services • Keathley University Center, Room 326-S (615) 898-2670

MTSU Counseling and Psychological Services • Miller Education Center, 503 East Bell St. (615) 898-2271

#### To receive STI or pregnancy testing

MTSU Student Health Services • Health, Wellness, and Recreation Center (615) 898-2988

Confidential Resource △ Not Confidential

#### To receive medical treatment or rape kit

Domestic Violence and Sexual Assault Program • 1423 Kensington Square Court 24-hour crisis line: (615) 494-9262

St. Thomas Rutherford Hospital (SART Program) • 1700 Medical Center Parkway 615-396-4100

#### To report an incident to the university

Title IX Coordinator △
Cope Administration Building, Room 116
https://www.mtsu.edu/titleix or (615) 898-2185

#### To report an incident to the police

MTSU Police (615) 898-2424  $\triangle$  Murfreesboro Police (615) 893-1311 or 911

#### To receive academic accommodations

Disability Access Center (615) 898-2783 △ Keathley University Center, Room 107

#### Other resources

MTSU Student / Judicial Affairs (615) 898-2440  $\triangle$ 



Digital Access: <a href="https://mtsu.edu/powerof1/news">https://mtsu.edu/powerof1/news</a>
For translation: contact isss@mtsu.edu;



May 22 | 2PM | STU 330

New Members Always Welcome!

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#### Thank You!

**Newsletter Contributors & Featured Collaborators:** 

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