

# BE THE POWER OF ONE

## Building a Safe Community



The Power of  
**ONE**  
Direct. Distract. Delegate. Delay.

6<sup>th</sup> Edition, October 2019

### Director Barbara Scales reflects upon 7 Years at Middle Tennessee State University

*An Interview with Barbara Scales, Director of the June Anderson Center for Women and Nontraditional Students*



*This Friday, October 18<sup>th</sup>, will be June Anderson Center Director Barbara Scales' last day of working within the Center for Student Involvement and Leadership at Middle Tennessee State University, before she begins working at Motlow State Community College as the first Chief Compliance, Equity and Inclusion Officer at Motlow State Community College. For this issue of the Power of ONE Newsletter, we took a moment to reflect with Director Scales on her seven years as the director of the MTSU June Anderson Center for Women and Nontraditional students, as well as her time as the Principal Investigator of the Power of ONE OVW Campus Grant.*

**Barbara, you are the author of the Power of ONE Bystander Intervention program used to train student athletes, members of fraternity and sorority life, housing staff, the band, and many other students and organizations on campus at MTSU. How many students do you estimate that you have trained in bystander intervention during your time at MTSU?**

Since the creation of the Power of One Curriculum in 2015, I have trained approximately 8,805 students.

**What have been some of the most meaningful projects and programs you have implemented as the director of JAC?**

**The Teal Ribbon Game:** Partnering with Mrs. Diane Turnham, Athletics and Institutional Equity and Compliance on the campaign, "My MEntality about sexual violence begins with me." The Teal Ribbon Game occurs in September, and we have volunteers from SGA and Athletics that pass out ribbons before the game. This past September we passed out 6200 ribbons attached to informational cards on how to be an active bystander and how to report gender-based violence during that game. There was a video produced by MTSU Marketing and Communications that talks about our Mentality to end gender-based violence on our campus and how the culture begins with us! This video was shown at halftime of the football game and will be shown during a men and women's basketball game on this year as well.

**#MTBaeWatch Beach Party:** This program was started three years ago and was the vision of my student program assistant, Abigail Tracy, and me. The vision was to have students come enjoy free dinner, swimming, live music, yard games, trivia and giveaways while learning bystander intervention strategies, sexual assault reporting information, and important campus nonviolence information. During this past year, we had 771 students attend this Connection Point event. *(Continued...)*

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[Walk A Mile In Their Shoes](#): We started this event five years ago by partnering with Fraternity and Sorority Life and the Interfraternity Council. This event is where our Interfraternity Council men and the MTSU community come together and walk in heels for a mile to represent that they are supportive of women who have been victims of violence and another way to educate our community. Every year, this event is during Greek Week and truly is a signature event on our campus. In 2019, we had 289 participants walk this event. I'm amazed how our community has come together to support this amazing awareness event. It truly speaks to our MTSU culture.

[The Women's Lounge](#): This project had been in the making for about three years prior to my arrival. With the assistance of the President's Commission for the Status of Women and the Office of Student Affairs, we now have an amazing room for nursing mothers on the third floor of the MTSU Student Union.

### **How has the June Anderson Center changed during your leadership?**

I pride myself on not keeping things status quo. The purpose of the JAC is to provide student support services conducive to learning and personal development for both women students and for adult students who generally work full time, are married, have children, and other adult responsibilities beyond their college experiences. When I started the position in 2012, I wanted to continue JAC's mission but I also wanted to implement programs that promoted advocacy and social justice for all people regardless of gender. I also wanted to partner with constituents who believed in the same mission as the center within our MTSU community and beyond MTSU's walls.

One of the best decisions I made was partnering with the MTSU Nonviolence Committee, Dr. Marian Wilson with Institutional Equity and Compliance, Office of Institutional Effectiveness, Planning and Research, Rutherford County Domestic Violence and Sexual Assault Center, Health Services, and MTSU Public Safety. Together, we applied for the Office of Violence Against Women CAMPUS Grant that provided funding to educate our community about gender-based violence through the Be the Power of One Curriculum, programming, [publications](#), [website](#), research, a mobile application, virtual reality component, and public service announcement videos. This \$300,000 grant has provided our institution with the opportunity to implement a Coordinated Community Response Team comprised of faculty and staff that focuses on gender-based violence prevention, hire a project coordinator, a student program assistant and the opportunity to do so many amazing projects and develop programming. This would not have been possible without the Power of One OVW grant funding.

Another decision that has proven to be a success was partnering with AAUW to bring amazing programs like StartSmart, a program designed to teach college women entering the job market how to have the confidence, knowledge, and skills to negotiate their salaries and benefits. Another collaboration is the Equal-Tea event, an annual fundraiser program that provides three different scholarships to women who are nontraditional and graduate students until they graduate.

Next, under my leadership, I wanted to increase scholarship funding to our adult learners and women. I believe building partnerships is so important in this role, so I partnered with the MTSU Development Office, Mrs. Pat Branam, and she has been amazing! She and I have been able to bring five new and different sets of scholarships and with those scholarships we have been able to provide over \$75,000 dollars in [scholarship funds to adult learners](#) yearly.

Finally, being able to honor women during our National Women's History Month during our opening ceremony is one of my favorites. Being able to honor women within our community each has been the highlight of my career at the Center. Check out [last year's amazing trailblazers](#). I hope this tradition continues.

### **What are some of your favorite memories from the June Anderson Center?**

Being able to support and advocate for students in so many different ways... thinking about this brings tears of joy to my eyes.

### **What words of encouragement do you have for your students, staff, and colleagues at MTSU?**

Remember the importance of providing programming or just a simple conversation to encourage and equip our students, to develop their purpose, define their destiny, and discover their potential (to live life in 3D)! This has been my mission here at MTSU!

**Barbara, we thank you for taking the time to reflect with us on your time at MTSU. We wish you the best as you begin the next step of your career journey at Motlow State Community College. We know you will continue to support, advocate for, so many students and make an impact in their lives in your new role. We are blessed to have had your path touch and impact the MTSU June Anderson Center, and look forward to seeing the continuation of your legacy for years to come!**

*With Love from your staff at the June Anderson Center for Women & Nontraditional Students*







# You're invited! **Barbara's Farewell!**

Please join us as we say goodbye and farewell to  
Ms. Barbara Scales as she begins her new role as  
Chief Compliance, Equity and Inclusion Officer at  
Motlow State Community College!

**October 18th ~ STU 330**  
**Drop In 11:00am - 1:00pm**



## Introducing Power of ONE Grant Assistant, Brianna Guydon!!

*Brianna Guydon, Power of ONE Grant Assistant, at June Anderson Center for Women and Nontraditional Students*



### **Tell us a bit about yourself.**

My name is Brie Guydon, and I am the current student grant assistant under the Power of ONE Grant within the June Anderson Center at MTSU. I am a sophomore majoring in Theatre Education, but I try to expand my knowledge in other areas as well. It wouldn't be uncommon for you to see me in an Africana studies or Psychology classroom. My life motto is that you never stop learning!

### **What is the role of your position at MTSU?**

As the student grant assistant, I partner with Kelly Hill, the OVW grant coordinator to get gender-based violence prevention programming to the students. In addition to co-facilitating and coordinating events, trainings, and workshops, I help provide a student perspective in everything we do at the office. I also act as the coordinator and main representative for the Power of ONE Student Committee.

### **What projects are you working on right now?**


As of right now, I am working on our PSA Project to create educational videos (aka public service announcements) to educate students on certain situations of gender-based violence and how someone can intervene. I have worked with students from an MTSU playwriting course to develop scripts for the videos, and soon we will be filming these videos in collaboration with students from the departments of Theatre and College of Media & Entertainment. Another project I am working on would be transitioning the Power of ONE Student Committee to an official student organization.

### **What skills have you learned while you are working at JAC?**

I have learned what it is like to work in an official office setting: the value of teamwork, multitasking, and compromise. I have also learned and refined effective time management and organizational skills. One of the biggest things I learned, though, is how to coordinate events. There is a lot that happens behind the scenes of an event that will only last around two hours!

### **What are your professional goals?**

My dream is to create a non-profit organization that focuses on bringing the arts to lower income neighborhoods. This organization would focus on creating after-school programs, and advocating for arts classes, and fine arts centers.




Transwhut  
and  
Pizza

## ***Cuffing Season Essentials***

### ***A Bystander Intervention Workshop***

October 23, 2:00 – 3:30pm  
October 24, 2:00 – 3:30pm  
STU 224



This training will provide a conversation on relationship boundaries, consent, and S-E-X! Students will leave empowered with knowledge about healthy and unhealthy relationships, ways to intervene as a bystander, and on- and off- campus resources available for survivors.

[@MTPowerofONE](#) now has 2,500 followers on Instagram!!

Don't miss out, follow us on our social media!





## Reflections on the “Waze” We Relate

Harriet Jones, Social Work Intern at June Anderson Center for Women and Nontraditional Students



This month, Power of ONE presented its newly revamped *Waze We Relate* workshop which provides students with an opportunity to discuss relationships, sexuality, body image, power dynamics, and consent. The workshop, held on September 11<sup>th</sup> and had over 80 students in attendance. This event was a collaboration led by Power of ONE coordinator Kelly Hill, MT Lambda president Maxwell Pearson, local licensed marriage and family therapist Gert Comfrey (Comfrey Counseling), and June Anderson Center intern Hannah Rose.

The program involved an informative presentation and in-depth group discussions surrounding “The 5 Waze We Relate” led by facilitators Kelly Hill, Gert Comfrey, and Maxwell Pearson. With a PowerPoint presentation leading the event, there was never a dull moment as open discussion flowed consistently throughout the evening. A pop quiz at the end of the program provided an enjoyable summary of the topics covered. One of the primary purposes of the workshop was to bring attention to often overlooked issues surrounding unhealthy relationships, not just in heteronormative couples, but those within the LGBTQ+ community as well.

The five *Waze We Relate* covered at the event included Power and Sexualisation, Sexual Identity, Intimacy, Sensuality and Sexual Health and Reproduction. The program addressed the myth that gender-based violence is not a real issue, and instead showed how the five areas show up in all types of relationships.

In a feedback survey administered by Power of ONE, students in attendance reported that the workshop provided them with broad-based information on each of the five topics, shed light on topics that are not talked about enough, and provided important on-campus and off-campus survivor resources for students facing issues such as unhealthy relationships, dating violence, domestic violence, sexual assault, and stalking, as discussed at the event.

Overall, the event was a success with both students and faculty taking the time to stop by and be involved. Talking about the topics presented at the workshop is never easy; however events like this encourage us to be more confident and comfortable when that conversation is needed. Power of ONE looks forward to seeing you at our seeing you at our next Waze We Relate workshop!

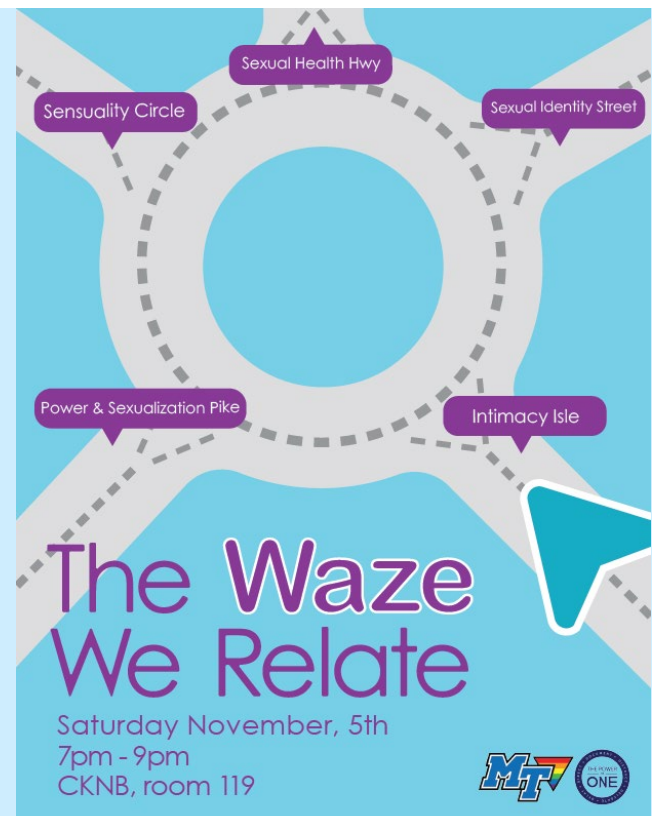
# The *Waze* We Relate

November 5<sup>th</sup>, 6:00 – 8:00pm

IDA Center - STU 331

Come join Power of ONE, MT Lambda, and Gert Comfrey (LMFT), in a conversation about relationships, sexuality, body image, power dynamics, and consent!

We will learn about the 5 “circles of sexuality” which includes identity, sensuality, intimacy, health, & power dynamics. We will then have an open discussion about S-E-X!





Over 135 Students Attend Conversation on Manhood hosted by MTSU Engaging Men





## Engaging Men Team discusses “Be the Man” masculinity program with Casey Cornelius



Caption: (Above) National speaker on healthy masculinity Casey Cornelius speaks at the 2<sup>nd</sup> Engaging Men Luncheon hosted by CSIL. Mr. Cornelius was invited to campus by the Interfraternity Council and Fraternity and Sorority Life Coordinator Jordan Borchert. During his visit, he presented his “Be the Man” keynote address on healthy masculinity and took part in roundtable discussions with members of the MTSU Interfraternity Council.

## First Date: Soulmate or Nah? Workshop



Caption: (Above) Disha Trivedi, Power of ONE Student Committee leader, facilitates a discussion at the Soulmate or Nah? Workshop offered by Power of ONE this fall.

Photos from Previous Page: (A) Over 135 students attend the screening of the Mask You Live In documentary, and Conversation on Manhood hosted by the MTSU Engaging Men Committee. (B) Student leaders from Collegiate 100 and BRAVO facilitated the roundtable conversation following the film. (C) Co-chairs of the MTSU Engaging Men Team (Travis Stratton, Jordan Borchert, and Dr. Adonijah Bakari) train student leaders in the art of facilitating group discussions prior to the event.

## MTSU - No Closed Door

### To talk to someone immediately during a crisis

Sexual Assault 24-hour crisis line, (615) 494-9262 •  
Domestic Violence 24-hour crisis line,  
(615) 896-2012 •

### To talk to someone confidentially

MTSU Sexual Assault Advocate •  
Miller Education Center, 503 East Bell St.  
(615) 715-2870

MTSU Counseling Services •  
Keathley University Center, Room 326-S  
(615) 898-2670

MTSU Counseling and Psychological Services •  
Miller Education Center, 503 East Bell St.  
(615) 898-2271

### To receive STI or pregnancy testing

MTSU Student Health Services •  
Health, Wellness, and Recreation Center  
(615) 898-2988

• **Confidential Resource** [△](#) **Not Confidential**

### To receive medical treatment or rape kit

Domestic Violence and Sexual Assault Program •  
1423 Kensington Square Court  
24-hour crisis line: (615) 494-9262

St. Thomas Rutherford Hospital (SART Program) •  
1700 Medical Center Parkway  
615-396-4100

### To report an incident to the university

Title IX Coordinator [△](#)  
Cope Administration Building, Room 116  
<https://www.mtsu.edu/titleix> or (615) 898-2185

### To report an incident to the police

MTSU Police (615) 898-2424 [△](#)  
Murfreesboro Police (615) 893-1311 or 911

### To receive academic accommodations

Disability Access Center (615) 898-2783 [△](#)  
Keathley University Center, Room 107

### Other resources

MTSU Student / Judicial Affairs (615) 898-2440 [△](#)

## Thank You!

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