

BE THE POWER OF ONE

Building a Safe Community



The Power of
ONE
Direct. Distract. Delegate. Delay.

5th Edition, September 2019

Students discuss Stalking and Netflix Original Series ‘YOU’

Harriet Jones, Social Work Intern at June Anderson Center for Women and Nontraditional Students



On Wednesday, September 18th, over 70 students and 8 faculty members attended an MTEngage event entitled ‘Stalking and YOU,’ which took on Netflix Original series “YOU.” The program was an MT Engage grant collaboration led by Power of ONE prevention coordinator, Kelly Hill; assistant professor of Communication Studies, Dr. Natalie Hoskins; professor of Women & Gender Studies, Dr. Vicky MacLean; and Power of ONE student committee members, Disha Trivedi and Sloan Carver.

The program explored how the series, “YOU,” presented stalking behaviors through actions of the main character, Joe Goldberg. Through short video clips and open group discussion, students explored what stalking behaviour looks like, not just in the series, but how it is presented in media and in society in general. Film and television series throughout history have often romanticized unhealthy and inappropriate stalking behaviours by both male and female protagonists. In addition to the Netflix original series, the discussion also included examples of films and television series such as The Notebook and Love Actually.

“I learned more about stalking behaviors and things to be cautious of. I also learned of people to contact if I am ever fearful that I’m being stalked or have any other harassment issue.” – workshop attendee

According to the event, stalking is a pattern of unwanted and repeated attention or contact. When stalking is romanticized in media, the seriousness of the issue is misjudged; 1 in 6 women and 1 in 17 men will experience stalking in their lifetime. A large part of the event discussion focused on technology, specifically social media, and the how the prevalence of their use in our lives can have a negative effect on relationships and make it easier for predators to stalk their victims. Students attending the event left with skills to identify specific stalking behaviours, knowledge of ways to intervene as a bystander, and local on- and off-campus resources available for survivors of gender-based violence.



Above: Students, faculty, and staff engaged in small group discussions over dinner at the Stalking & You event.

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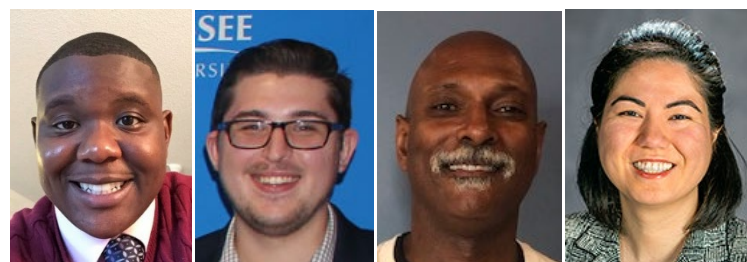
MTSU Engaging Men Team to host Campus Conversation on Manhood and IRB Research Study

Through funding provided by the Department of Justice Office of Violence Against Women (OVW) Campus Grant, MTSU Power of ONE recently formed the Engaging Men Committee. The includes faculty and staff across the university including staff from student affairs, facility services, health services, athletics, law enforcement, student conduct, and faculty from various academic departments. The committee is coordinated by the OVW grant coordinator Kelly Hill, and is co-chaired by Jordan Borchert, coordinator of Fraternity and Sorority Life; and Travis Stratton, assistant manager of Student Success; and Dr. Adonijah Bakari, associate professor of History and Africana Studies.

Recently, the Engaging Men Committee was awarded an \$800 MT Engage grant to support an interdisciplinary, out-of-classroom learning program. The grant, written by Kelly Hill, will be used to provide dinner for up to 150 students at an Engaging Men event on September 24th at the Tom Jackson Building. The event will feature a screening of *The Mask You Live In* documentary. Immediately following the film a conversation will be led by trained student facilitators.

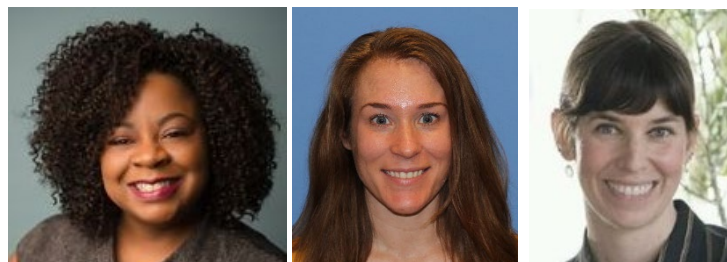
The Engaging Men Committee is also planning an IRB Focus Group Study on how to best engage college men in gender-based violence prevention and conversations on healthy masculinity. The research project is a collaboration of the Power of ONE Prevention Grant, and is led by Barbara Scales, Director of the June Anderson Center for Women Nontraditional Students; Dr. Rebecca Oldham, assistant professor of Human Sciences; and Dr. Natalie Hoskins, professor of Communication Studies.

Below: Engaging Men co-chairs Travis Stratton, Jordan Borchert, and Dr. Adonijah Bakari provide trainings for student facilitators of the upcoming *Mask You Live In: Conversation on Manhood*.



Above: MTSU Engaging Men co-chairs Travis Stratton, Jordan Borchert, faculty chair Dr. Adonijah Bakari, and OVW grant manager Kelly Hill collaboratively planned *The Mask You Live In: Conversation on Manhood* event to be hosted on Sept 24.

Below: Lead investigators of the Engaging Men IRB Research Study are Director Barbara Scales, Dr. Rebecca Oldham, and Dr. Natalie Hoskins.



Counseling Services and DVSAC Partner to Provide Campus Survivors a Broader Spectrum of Services and Expertise

Karen Lampert, Director, Domestic Violence and Sexual Assault Center

Dr. Mary Kaye Anderson, Director, MTSU Counseling Services

The trauma of intimate partner violence and sexual assault can be overwhelming. It is important for the student's healing and recovery process to receive support of service providers who understand the trauma, believe the student's experience, and meet the needs unique to his/her circumstances.

MTSU students can access confidential services of support, understanding, and healing both on- and off-campus through the partnership between MTSU Counseling Services and the Domestic Violence and Sexual Assault Center (DVSAC). Counseling Services provides short-term services needs, and the counselors are more generalists. DVSAC specializes in working with victims of sexual or physical violence. The collaborative partnership provides students a broader depth and spectrum of services and expertise, and students are empowered to take an active role in their healing process by making choices that best meet their needs.

DVSAC has been serving individuals and families impacted by intimate partner violence in the Rutherford County and surrounding areas for over 30 years. Through the DVSAC, students are able to access free comprehensive trauma-informed victim services, including counseling, orders of protection, emergency safe shelter, and a 24/7 emergency crisis line for domestic violence and sexual assault. DVSAC has also recently added a SAFE Room to provide sexual assault forensic exams in a safe, comfortable, and welcoming non-hospital environment.

Students can contact the MTSU Counseling Center or contact DVSAC to inquire about specific counseling services offered for intimate partner violence. As partners, the Counseling Center and DVSAC can provide referrals to or from either agency for services that best meet the needs of the student and by the student's choice.



Above: A photo of the new location of the DVSAC on Kensington Square Court. DVSAC's SAFE Room provides sexual assault forensic exams in a safe, comfortable, and welcoming non-hospital environment.



Referrals from MTSU
Counseling to DVSAC

Referrals from DVSAC to
MTSU Counseling



MTSU Counseling Services

1301 East Main Street
Murfreesboro, TN 37130
Phone: (615) 898-2670
Sexual Assault Advocate: (615) 715-2870
Office Hours: 8:00am - 4:30pm
Monday-Friday

Domestic Violence & Sexual Assault Center

1423 Kensington Square Court
Murfreesboro, TN 37130
Phone: 615-896-7377
24 hour crisis line: 615-494-9262
Office Hours: 8:30am to 4:30pm
Monday-Friday

Power of ONE Videos

A BIG THANK YOU to all of our supporters, co-sponsors, and volunteers, who helped us to coordinate BAEWatch Beach Party this year!

Because of your support, our 3rd annual Connection Point event, BAEWatch, was a success this year. This year we had over 770 students in attendance who danced to awesome music provided by DJ Kidd Green, participated in tournaments, won amazing prizes, and, most importantly, learned about the importance of gender-based violence prevention and being an active bystander. This night was a learning opportunity for our incoming freshmen, and we are ecstatic they now know about MTSU's incredible resources.

A SPECIAL THANK YOU TO:

- **MTSU Sexual Assault Advocate Amy Dean & Rec Center Facility Manager Andy Allgrim** for serving on the planning committee and staying late into the evening to help with clean up!
- **Daniel AKA 'DJ Kidd' Green** for providing awesome music that over 770 students danced to throughout the evening!
- **Bryanna Licciardi, Kevin States, Lisa Schrader, Vincent Black, Vergena Forbes, Jeff Martinez, and Travis Stratton** for providing input to plan the event!
- **Dylan Ruffra** for serving as the Connection Point Ambassador, and **Deven Salazar** for helping to hold down the fort at the Connection Point Check-In!
 - **MTSU SGA** for providing volunteers, and for co-sponsoring our awesome BAEWatch tank tops!
 - **Worx Group** for donating 100 of our screen print tank tops we ordered this year!
- **New Vision Ministry & Believers Faith Fellowship's Lyfe Campus Ministry** for donating food, and welcoming students at the Beach Party of the Year!
 - **New Vision Pastor Dakota Logan** for letting us borrow his grill and being a team player every step of the way!
 - **BingNan Li Production** for creating our awesome BAEWatch Recap video!
- **The Power of ONE Student Committee** for planning and executing the amazingly popular Consent Bar!

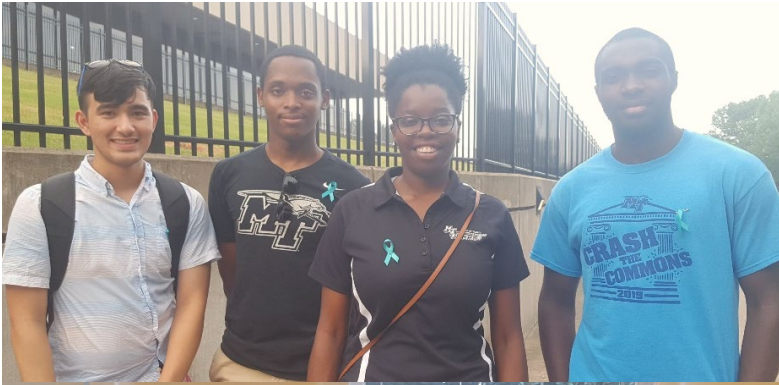
[Click Here to watch our BAEWatch 2019 Recap Video created by Bing Nan Li Production!](#)



[Click here to watch MTSU Athletics new Power of ONE Video. Through our collaboration with MTSU Athletics, this video was played before kickoff and during halftime at the MTSU Blackout \(&Teal Ribbon\) Football Game on September 14th this year.](#)



Power of ONE In Action



Above: Power of ONE volunteers and staff passed out teal ribbons at the annual Teal Ribbon football game on Sept 14.

Left: June Anderson Center staff Kelly Hill and Brittney Butler, Daniels Center Director Dr. Hilary Miller, and BRAVO president Calvin Ockletree welcome veterans and their families to MTSU at the annual MTSU Veteran and Families Welcome Dinner.

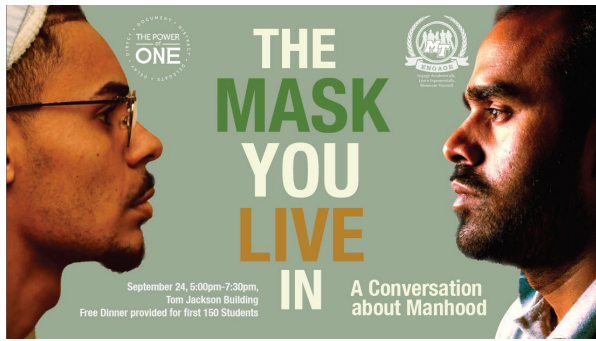
Above: Students from Dr. Medha Sarkar's computer science engineering course work with MT Mobile App project manager John Peden, June Anderson Center staff Barbara Scales and Kelly Hill. This team is working collaboratively this semester to develop the MTSU Power of ONE beta app.

Bottom Left: Program coordinator Kelly Hill prepares to speak on WGNS Radio with host Bart Walker.

Bottom Right: Program coordinator Kelly Hill co-presents The Waze We Relate workshop with MT Lambda president Maxwell Pearson, and Gert Comfrey, LMFT.



Upcoming Power of ONE Events



The Mask You Live In: A Conversation about Manhood

September 24, 5 – 7:30pm, Tom Jackson Building

Join the MTSU Engaging Men Team in “A Conversation on Manhood.” At this event, we will watch “The Mask You Live In,” which portrays men and boys’ struggles with gender stereotypes and social pressures that contribute to a culture of violence, female objectification, and toxic masculinity. Students will also engage in discussions regarding gender stereotypes, masculinity, and vulnerability. **Food Provided**

SURVIVING: Gender-Based Violence in an Era of R.Kelly, Weinstein, and the #MeToo Movement

October 2, 5 – 7:30pm, LRC 221 Auditorium

Have you heard about or watched the “Surviving R. Kelly” Lifetime documentary? Or maybe you heard about the abuses by other prominent celebs. #MeToo has helped shine a light on the experiences of survivors of gender-based violence, and why it can take so long for survivors to speak out. However, gender-based violence and sexual violence is a widespread social problem that impacts every community and affects people of all genders, sexual orientations, ages, religions, etc. Join us to discuss experiences of women of color, men as victims of sexual violence, and survivors who self-identify as LGBTQ. **Food Provided**



First Date: SoulMate or Nah?

October 8 & 9, 2:00 – 3:30pm, STU 224

Are you constantly feeling the pressure to have a #BAE, achieve #CoupleGoals, or update your relationship status? Is the #PicsOrItDintHappen culture threatening your #relationship and #mentalhealth? Come join us and talk about the issues that are impacting you, whether you've achieved #RelationshipGoals, or you are #HappilySingle!

Power of ONE Bystander Intervention Training

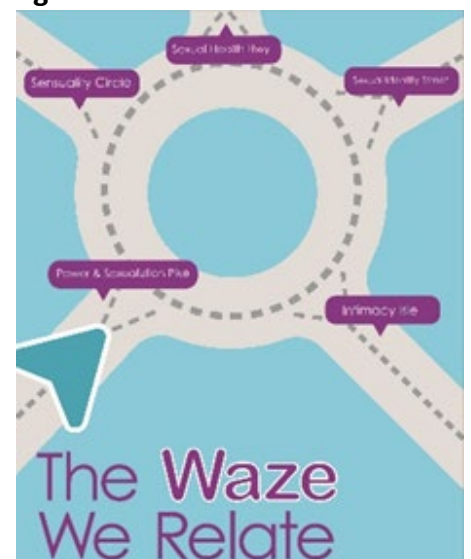
October 23 & 24, 2:00 – 3:30pm, STU 224

This training discusses the types of gender-based violence, ways to intervene as a bystander, resources available on campus for survivors, and also discusses relationship boundaries, consent, and sex.

Critical Conversations: The Waze We Relate

November 5, 6:00 – 7:30pm, IDA Center, STU 331

Come join licensed counselor Gert Comfrey, MT Lambda, and the June Anderson Center in a conversation about relationships, sexuality, body image, and consent! We will learn about the 5 “Waze We Relate” including identity, sensuality, intimacy, health, and power dynamics. We will then have an open discussion about S-E-X!



MTSU - No Closed Door

To talk to someone immediately during a crisis

Sexual Assault 24-hour crisis line, (615) 494-9262 •
Domestic Violence 24-hour crisis line,
(615) 896-2012 •

To talk to someone confidentially

MTSU Sexual Assault Advocate •
Miller Education Center, 503 East Bell St.
(615) 715-2870

MTSU Counseling Services •
Keathley University Center, Room 326-S
(615) 898-2670

MTSU Counseling and Psychological Services •
Miller Education Center, 503 East Bell St.
(615) 898-2271

To receive STI or pregnancy testing

MTSU Student Health Services •
Health, Wellness, and Recreation Center
(615) 898-2988

• **Confidential Resource** [△](#) **Not Confidential**

To receive medical treatment or rape kit

Domestic Violence and Sexual Assault Program •
1423 Kensington Square Court
24-hour crisis line: (615) 494-9262

St. Thomas Rutherford Hospital (SART Program) •
1700 Medical Center Parkway
615-396-4100

To report an incident to the university

Title IX Coordinator [△](#)
Cope Administration Building, Room 116
<https://www.mtsu.edu/titleix> or (615) 898-2185

To report an incident to the police

MTSU Police (615) 898-2424 [△](#)
Murfreesboro Police (615) 893-1311 or 911

To receive academic accommodations

Disability Access Center (615) 898-2783 [△](#)
Keathley University Center, Room 107

Other resources

MTSU Student / Judicial Affairs (615) 898-2440 [△](#)



[To read previous editions of the PO1 Newsletter](#)

For translations, contact jss@mtsu.edu

Thank You!

Contributors & Featured Collaborators: **Harriet Jones, Maxwell Pearson, Hannah Rose, Gert Comfrey, Jordan Borchert, Travis Stratton, Dr. Adonijah Bakari, Dr. Natalie Hoskins, Dr. Rebecca Oldham, Barbara Scales, Dr. Mary Kaye Anderson, Karen Lampert, Dr. Medha Sarkar, Kelly Hill, Disha Trivedi, Sloan Carver, Brianna Guydon**

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