

# TRIO

STUDENT SUPPORT SERVICES

## NEW PARTICIPANT ORIENTATION

---

MIDDLE TENNESSEE STATE UNIVERSITY

*We Encourage. ★ We Empower. ★ We Inspire.*

## SSS Staff Members

Melissa Towe, Director

Alissa J Belton, Counselor

Julia Johnson, Counselor

Emily Watson, Secretary



## TRIO SSS Mission Statement

---

**We encourage** YOU to achieve academic and personal success and to strive for excellence.

---

**We empower** YOU to learn and succeed in college and life by offering a multitude of free services including personal support, academic counseling, tutoring, workshops and cultural events.

---

**We inspire** YOU to have faith in YOUR abilities and make YOUR dreams of a bachelor's degree a reality.

# SSS Office Important Information

---

Office Hours 8:00 am - 4:30 pm  
Monday through Friday

- Julia advises A-L
- Alissa advises M-Z
- Make SSS visits a part of your regular monthly schedule
- Computer lab with printer
- Food Pantry
- You get out what you put in: go to workshops and events!

# How to Schedule an Appointment?

---

- Use Navigate and select your counselor
- Come into the office and schedule at the front desk
- Call 615-898-5443 with a day and time that works for you



# YOUR First Semester Responsibilities

---

## Office Visits:

- First visit  
Complete your ***LASSI Inventory and Needs Assessment***
- Second visit  
Sign your ***Plan of Action and Member Agreement***
- Make Your Midterm Visit
- Make Your Final Visit
- Attend any **THREE** SSS workshops/events or campus events

# Our Expectations of YOU

---

- Make your visits each semester-(3) your first semester
- Remain in good academic standing
- Attend three workshops/events your first semester
- Complete Financial Literacy activity every year
- File your FAFSA each year
- Graduate



Participate in fun activities with us ★ Get involved with campus life  
Attend success workshops ★ Develop skills to be campus leaders







# Ways We Help YOU Be Successful

---

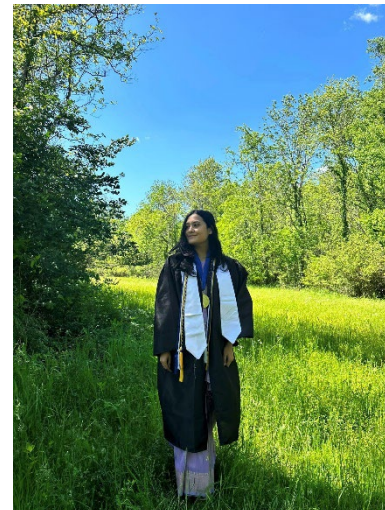
- Provide a “home away from home”
- Provide a mentor and activities
- Provide academic and career advising
- Help you retain your scholarships
- Assist with skills that contribute to your success: time management, goal setting, and study skills
- Tutoring 24/7 Online

# Ways We Help YOU Be Successful

---

- Set expectations and hold you accountable
- Discuss semester dates and deadlines
- Assist with unexpected situations
- Provide referrals for campus resources
- Assist with FAFSA completion
- Assist with graduate school selection

# Become an SSS Graduate



# Find Us Online



**Website:** [www.mtsu.edu/ssupport](http://www.mtsu.edu/ssupport)

**Email:** [ssupport@mtsu.edu](mailto:ssupport@mtsu.edu)

# Welcome to SSS

---

Let us help you succeed!

Take advantage of all the **FREE** services!  
Take advantage of the knowledge SSS has to offer you!

*We Encourage. ★ We Empower. ★ We Inspire.*